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ETSB unites in music for the 7th year

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THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

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WEEKEND EDITION

95 CENTS + TAXES PM#0040007682 FRIDAY, MARCH 31, 2017

"Now we have a robot" – CHUS Foundation gives a $6 million surgical gift

By Gordon Lambie

Thanks to a $6 million contribution from the CHUS Foundation, surgical patients at the CIUSSS de L'Estrie-CHUS are now benefitting from the abilities of a highly precise medical robot. The Vinci Xi surgical robot has been in use for surgeries relating to uruology, otorhinolaryngology (ear, nose, and throat specialization) and gynecology since March 9th of this year.

"The robot is more than a new technology; it is part of a complete transformation of the surgical era," said Dr. Stéphane Tremblay, associate director general of the physical health program, at the presentation of the new tool on Thursday. "Over the last ten or fifteen years we received the designation to conduct surgery with a gamma knife, we

CONT'D ON PAGE 4

Research week closing reception at BU

MATTHEW MCCULLY

By Matthew McCully

Bishop's University students and faculty gathered in the Centennial Theatre lobby at noon on Thursday to close out the school's 12th edition of research week.

The annual event highlights research and activities conducted by faculty members and students throughout the year.

During the closing reception, BU vice-principal academic Miles Turnbull presented three awards in the field of research, and also announced the winners of the student poster competition.

Among the awards presented was a special research and creativity award, given posthumously to Dr. Gerry Coulter Professor of Sociology, who passed away months ago.

Coulter's wife, Dr. Mary Ellen Donnan, accepted the award on his behalf.

Dr. Cheryl Gosselin, Chair of the sociology department at BU, gave a speech about Dr. Coulter before the award presentation.

"I was asked to be brief. There is nothing brief about Gerry and his contributions to the university," Gosselin said.

During his career, Gosselin estimated that Dr. Coulter had over 160 works published in various academic journals.

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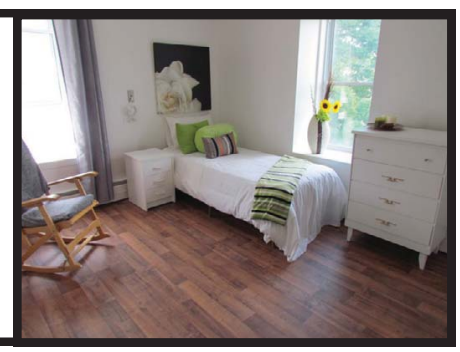

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HIGH 3
LOW -3

SATURDAY:
60% CHANCE OF FLURRIES

HIGH 4
LOW -4

SUNDAY:
CLOUDY

HIGH 7
LOW -7

MONDAY:
SUNNY

HIGH 9
LOW -4

TUESDAY:
60% CHANCE OF SHOWERS

HIGH 7
LOW 0

No Sentimentality in Vassanji's Nostalgia!

Good Reads

Lennoxville library

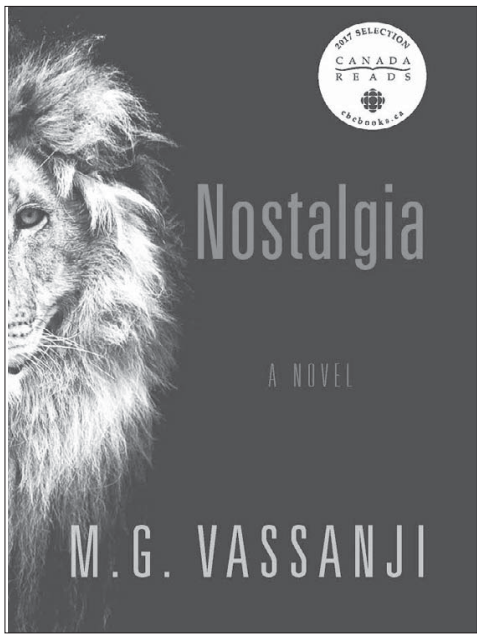
M.G. Vassanji (born 1950) has authored seven novels, two collections of short stories, and three works of non-fiction. Along the way, he has earned the Commonwealth First Book Prize for the Africa region, two Giller Prizes, and the Governor General's Literary Award for Non-Fiction. Vassanji is of Indian parentage, but he was born in Kenya, raised in Tanzania, and attended university in the U.S. A Canadian citizen, the author presently lives in Toronto, the setting of his most recent novel, Nostalgia, recently named as one of the five contenders in the CBC Canada Reads competition.

Nostalgia.... The word evokes pleasantly fuzzy memories and images from the past, seen through the rose-coloured lenses of elapsed time. We speak of certain events, sights, sounds, tastes, or smells as nostalgic, suggesting a time when the world was a simpler place, one which could be easily understood and enjoyed. However, in Vassanji's Nostalgia, the word has taken on a sinister, even threatening meaning.

Set in the mid-21st century, the book introduces us to a world where the rich have gotten much richer, and the poor are now much, much poorer. Biomedical technology has evolved to the point where death has been defeated, but only for those who can afford it. Dr. Frank Sina, the protagonist, works in Toronto for a big-brother-style organization which carries out the life-prolonging procedures on those who opt for eternal life and can pay the hefty price tag. Frank's primary job is to treat those who have begun suffering from "leaked memory syndrome", known as Nostalgia, whereby memories from their past lives begin impinging on their present, reconstituted lives, causing distress and confusion. One such patient in particular, Presley Smith, has begun experiencing bewildering, uncontrollable images. As Frank notes, "They're all a puzzle, each stray and escaped thought is only the barest tip of a universe that lies far beneath. How far do you reach inside to stem the leak? The deeper you dig, the greater the chance of falling into an endless pit—a hazardous operation." Frank himself is a GN, or new generation person. He has new memories in a new body, although he admits that he feels the body-age sometimes, since it is a "flawed immortality". (We only discover at the end of the book just how old Frank actually is!) Those who are not GN are known as G0, and there exists an uneasy rapprochement between the two groups. Frank is in a live-in relationship with Joanie, a G0 or BabyGen, who has no previous life. BabyGens are born to be beautiful: symmetrical, smooth, and flawless (even though, in fact, Joanie snores). Frank is aware that she is seeing someone else, another BabyGen, but his life with her, while not perfect, is still sufficiently rewarding for both of them

Frank continues to try to treat Presley's Nostalgia, and eventually finds that the rejuvenation organization, quaintly known as the Sunflower Centre, has a special interest in him. When Presley goes off the grid, Frank is asked to report any Presley-sightings, which he quietly refuses to do. At this point, a third significant character, news reporter Holly Chu, enters the picture. She is initially introduced as a casualty of the ongoing conflict between Frank's privileged world, The North Atlantic Alliance, and that of the war-torn Maskinia, that lies below "the Long Border" separating the haves from the have-nots. This (fictitious) border serves as the construct for the discrepancy between the two worlds, one wealthy and overly civilized, and the other hostile and violent. Holly has apparently been killed and then cannibalized while on assignment in Maskinia, but her martyr's death, initially seen as a great tragedy, is ultimately revealed to be a fiction. She resurfaces in Maskinia, publicly supporting the rebellion among the residents of that benighted country. Her behavior is initially interpreted as Stockholm Syndrome, whereby the captive identifies with the captor, à la Patty Hearst, circa 1974.

Although it takes a while to develop, the relationship among the three central characters— Frank, Presley and Holly— is clarified in the last third of the story, and it is deeply significant. Along the way, several secondary characters are introduced, playing more or less important roles: Radha, the good-natured Krishna devotee who befriends Frank; Arthur Axe, head of the rejuvenation corporation Frank works for; and Tom, the computerized assistant Frank turns to for help who is oddly reminiscent of HAL, from the classic 2001: A Space Odyssey.

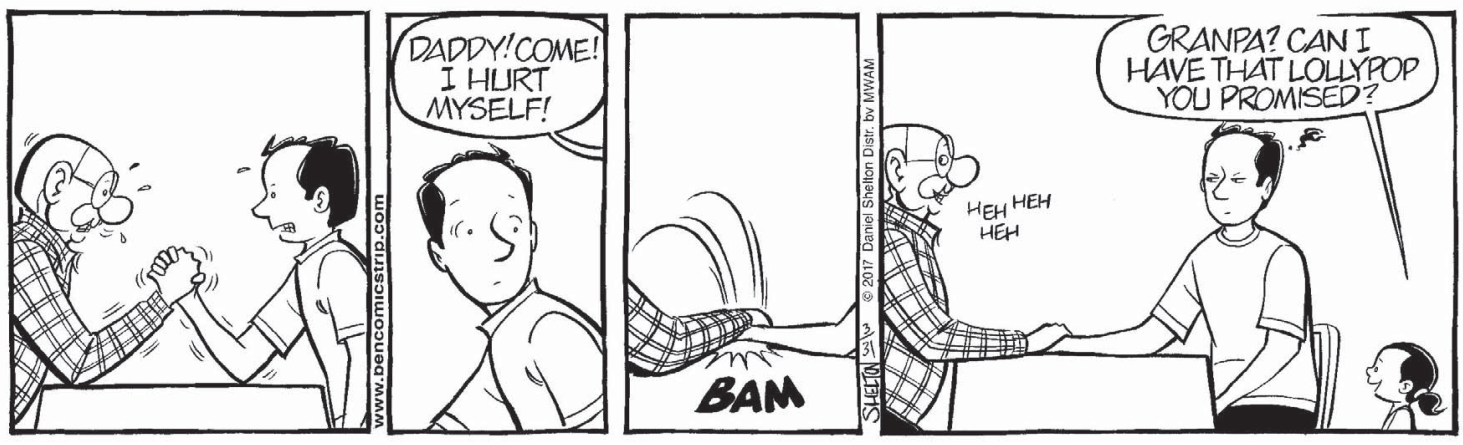


There are many intriguing themes running throughout the book: Science versus religion; the complacency of the upper classes in the face of staggering poverty; the ethical limits of technology in "improving" the human condition; the fluctuating nature of reality; and the importance of being true to ourselves when confronted with difficult, life-altering decisions. Vassanji handles them all with great style and beautiful prose. At 258 pages, it is an exceptionally readable book, blending aspects of psychology, philosophy, speculative fiction, mystery, and love story. You may not agree with the author's conclusions about what is important in life, but it is certainly worth the ride to see how he gets there!

—Melanie Cutting

P. S. Bibliothéque Lennoxville Library's version of Canada Reads unfolded last Thursday, March 23rd, with great fanfare. Ross Murray's take on The Break by Katherena Vermette edged out the competition in a very lively debate!

Ben by Daniel Shelton



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LOCAL NEWS | *Under the theme "Fasten all the time", the 10th Edition of the campaign aims to remind citizens of the importance of buckling seat belts for all occupants of a vehicle, at all times.*

SQ's Commandant's Brunch fundraiser for cancer patients

Record Staff

Sherbrooke Employees of the Sûreté du Québec de l'Estrie / Center-du-Québec region are proud to join the Quebec Cancer Foundation in hosting the 7th edition of the Commandant's Brunch fundraiser, to be held on Monday, April 3, between 6:30 and 11:00 am in the two Mikes restaurants in Sherbrooke.

Commandant's Brunches are also being held at the same time in the MRC du Granit, Coaticook, and Arthabaska. In addition, this year, the Bromont Police Service joins the event with the creation of the Bromont Police Service Commandant's Brunch.

During this event, a meal will be offered to by the six participating restaurants in exchange for a donation, all of which will be donated to the Quebec Cancer Foundation's Centre régional et Hôtellerie de l'Estrie .

Since its creation, the annual event, has raised $74,850.

Les Hôtelleries de la Fondation québécoise du cancer, with locations in Montreal, Sherbrooke, Trois-Rivières and Gatineau, hosts victims of cancer for the duration of their treatment. To learn more, visit the website at: https://fqc.qc.ca/pres-de-chez-vous/estrie/.

Provincial Seat Belt awareness campaign begins today

Record Staff
SHERBROOKE

Police forces across Quebec, in collaboration with the Société de l'assurance automobile du Québec (SAAQ), will be holding several scheduled operations across the province from March 31 to April 6 as part of the province-wide concerted Ceinture 2017 operation

Under the theme "Fasten all the time", the 10th Edition of the campaign aims to remind citizens of the importance of buckling seat belts for all occupants of a vehicle, at all times.

Wearing a seat belt reduces the risk of being killed or seriously injured in an accident by half. Thus, if all occupants of vehicles were attached, many deaths and serious injuries would be prevented annually.

The effectiveness of seat belts is reflected in statistics

♣ From 2011 to 2015, an average of 70 people killed and 170 people seriously injured in an accident were not wearing their seat belts each year;

♣ Year after year, approximately 30 per cent of passenger vehicle drivers and passengers who died in a collision were not wearing seatbelts;

♣ Men aged 25-49 are significantly over-represented in fatal accidents involving the no-wearing of seat belts.

Awareness campaign

Each year, the SAAQ takes advantage of this campaign to remind people, through a new awareness campaign, that buckling up- is a simple action that can save lives. The campaign includes posters placed in sports bars and restaurants throughout Québec, a banner on networks and outreach websites, social media publications, and an electrostatic sticker for cars. For more information on seat belts and the awareness campaign, visit the SAAQ website at https://saaq.gouv.qc.ca/securite-routiere/comportements/ceinture-de-securite/.

The campaign will also feature interventions throughout the territory. Patrollers and traffic controllers will intensify their interceptions and will pay particular attention to the non-wearing of seat belts during these operations. For those who are not complying with the law, the Highway Safety Code is clear: it is compulsory to wear a seat belt, on pain of being fined from $80 to $100 and 3 demerit points on one's driving record.

This province-wide campaign was begun on an initiative stemming from a partnership among by the Association of Quebec Police Directors, the Sûreté du Québec, the Montréal Police Department, municipal police forces, and the SAAQ. To follow the Web awareness campaign, the public is invited to subscribe to the Sûreté du Québec's Twitter and Facebook accounts, as well as those of municipal police forces and the Société d'assurance automobile du Québec.

30 months for Danville grow-op involvement

Record Staff
SHERBROOKE

A man found at the site of a large cannabis grow-op in a Danville barn in 2015, has been sentenced to 30 months in prison after pleading guilty to charges of production and possession of marijuana plants for the purpose of trafficking.

Kien Ching Lee was hiding in a Craig Rd farm building when officers from the Sûreté du Québec raided the place in November 2015 and found seven cannabis production rooms set up inside containing 1,330 plants.

The raid also resulted in the seizure of 100 lamps used in the production of cannabis, 600 grams of cannabis buds, and equipment used for processing hashish.

Lee, who needed a translator, admitted his guilt before Quebec Court Justice Paul Chevalier c at the Sherbrooke Courthouse, where he also pleaded guilty to stealing electricity,

Lee, who has been detained since his arrest, will serve six months less a day after-24 months of pre-trial detention was deducted from his 30-month sentence.

Mont Bellevue ski and Howardene skating pond closed for the season

Record Staff
SHERBROOKE

The City of Sherbrooke has officially put an end to the ski season at Mont Bellevue and the skating season at the Bleu Blanc Bouge skating rink at Howard's Park.

The City is expressing gratitude to the public for its loyalty during the past season, which was marked both by the inauguration of the skating rink and Claude Adam's last season in the management of the ski centre facilities. "It is too early to assess the season's attendance, but it is clear that the public appreciates the facilities offered by the City of Sherbrooke for the practice of winter sports," says Vincent Boutin, chairman of the City's Sport and outdoor activities committee.

The wild temperature swings of the last few weeks have allowed skiers to benefit from an extra two weeks skiing over than last year.

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Health and Social Service groups slam Quebec budget

Record Staff
Sherbrooke

The Regroupement des organizations communautaires (ROC) of the Eastern Townships is exasperated at not seeing any real measure in the Leitao budget to improve the precarious situation of health and social services community organizations. The announcement of the injection of $10 million this year is far from the $355 million asked for by these already exhausted Quebec organizations. This means that these organizations will have even more difficulty meeting the needs of the population, which are constantly increasing with the austerity of recent years. The government is increasingly ignoring its responsibilities on the backs of agencies, particularly to the detriment of the people who work there.

In a communiqué issued Tuesday, the Estrie ROC strongly reiterates that it is high time that community health and social services organizations receive financial support commensurate with the expertise, achievements and critical role they play in daily life. The underfunding experienced by these organizations in the Estrie for far too many years is blatant and imposes very difficult working conditions. "How can we help people when we are constantly seeking funding? How can we not exhaust ourselves when working in precarious conditions to support all those who knock on the doors of organizations?" asks ROC Director Claudelle Cyr.

In the Estrie, 64 per cent of workers in the health and social services community do not have any social protection, and do not benefit from group insurance. Their average salary is about $30,400 per year. For the directorates, it is somewhat higher than $40,000. "This is all the more deplorable because they are qualified, qualified and competent people! The passion for work and the cause certainly does not justify being underpaid," Cyr says.

The group considers it essential to maintain a quality social safety net that is accessible to all. This would undoubtedly result from a financial upgrading of the community health and social services organizations and the recognition, at its true value, of the work they do. Otherwise, we will have to fight poverty in a setting that is working to eliminate it in the community.

The ROC de l'Estrie brings together more than 100 independent health and social services community action groups in the Estrie region.

Tourisme Cantons de l'Est welcomes budget measures

Record Staff
Sherbrooke

Tourisme Cantons-de-l'Est is applauding the massive government investment of $286 million in tourism, announced in the Québec budget, in addition to the $70 million announced at the beginning of the week.

"After years of appealing to our decision makers, the tourism industry has finally been recognized as a strategic engine of economic development for the regions of Quebec," says Tourisme Cantons de l'Est Chair Jean-Michel Ryan. "The announced investments will make it possible to rapidly carry out projects in the regions that will have structuring effects in terms of financial spin-offs and job creation. It is now time for investors and entrepreneurs to seize the opportunity and propose promising projects for our communities.

Over the next five years, government will invest $126 million for a leverage program for major tourism projects, $35 million in support of festivals and events, $100 million to SEPAQ to develop winter tourism and nature-adventure.

Specific measures announced in the budget include those to diversify the f gourmet tourism offering and agro-tourism. As Tourisme Canton's de l'Est Director-General Francine Patenaude says: "This is the first time that Québec has identified agro-tourism and gourmet tourism as priority sectors for investment. Our region is extremely well positioned in these sectors and our data confirm that visitors are looking for this type of tourist offering. The announced investments will allow us to consolidate our position as a leader in this field and will certainly attract even more visitors each year.

Also noteworthy are measures to provide more enforcement of the law on illegal tourist lodging through a partnership between the Ministry of Tourism and Revenu Québec.

"The Eastern Townships is full of innovative and passionate entrepreneurs," Patenaude adds. "They can now count on winning conditions to quickly launch projects that will generate collective wealth for our communities. Our region is one of the most popular destinations for tourists. We are already distinguished by our nature-adventure, cultural, and gourmet experiences, our events and festivals, and our four ski resorts, all of which are major economic engines for our region ... The announced investments will consolidate our attractiveness and help our entrepreneurs, municipalities and more broadly all the communities of the Eastern Townships prosper.

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"Now we have a robot"

Cont'd from page 1

had the chance to take on challenges via endovascular surgery, and now we have a robot. We are truly in the 21st century."

Dr. Patrick Richard talked those present through the use of the new tool, describing it as "magnificent." Richard explained that the four-armed robot is able to provide the surgical team with a high-quality, three dimensional view of the surgical field with only minimal incision. The tooltips associated with the robot are small and precise enough to peel a grape or fold a piece of origami the size of a penny.

"The robot is an extension of our eyes and our hands," Richard said. "Thanks to this new technology we can now see the surgical field ten to twelve times bigger than before and intervene in more critical areas with fewer risks and side-effects for the patient."

The funding for the new robot was drawn from the 2010-2015 charity golf tournaments of the CHUS Foundation. Among other possible uses, the robot was acquired as a part of the hospital's ongoing mission to improve interventions related to the fight against cancer.

COURTESY

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ETSB unites in music for 7th year

By Matthew McCully

On April 10, 300 students from 10 schools across the Eastern Townships School Board (ETSB) will come together at Massey Vanier High School for an afternoon of music.

"I started this event because I felt that we needed more music in schools and I felt very alone as a music teacher," said Sherbrooke Elementary's Tracey Rivette.

"We have seen music programs grow since the first festival seven years ago. For example, Sutton school now has a music teacher, Agnes Boisvert, which they did not have before," Rivette told the Record.

Rivette said the planning for the event is now done by a festival committee with the help of members Laura Barr, Mathieu Viens, Bill Jarand, Julie Turcotte, who work on their own time to put the festival together.

"The caliber of the performers gets better and better every year and the children have a great time showing off their talent and uniting with other schools in the spirit of music," commented Rivette.

This year's festival will feature performances by students from Knowlton Academy, Sherbrooke, Heroes' Memorial, Butler, Parkview, Sutton, St. Francis, and Drummondville Elementary Schools as well as Richmond Regional and Massey-Vanier High Schools.

Last year the theme was 'Broadway Bound.'

Rivette said this year the ETSB will be United in Folk music.

SES will perform a medley of Bob Dylan songs, according to Rivette.

The choir has been meeting twice a week at lunch hour to practice for the show.

Rivette said prepping the performance has been a challenge since SES is also rehearsing for a musical, Dreamcatcher, scheduled to take the stage May 18.

In addition to the performances from the different schools at the festival, Rivette said there will also be a number of common songs that all the schools will perform together.

"Bill Jarand (MVHS) does an amazing job at setting up the auditorium and organizing MC's for the event," Rivette said. "His band will be accompanying the final common songs and will perform a few tunes of their own as well."

When asked if she ever thought the United in Music festival would grow into what it has become, Rivette said, "I hoped it would; that was the goal," she said, adding that in its seventh year, word is spreading through the community.

The concert will take place April 10 in the MVHS auditorium beginning at noon.

Admission is free and members of the community are welcome, Rivette said.

"This is an opportunity to bring music teachers together and show students that yes, music is cool and music can inspire," she said.

"For me, music's mission is to inspire people to be better, stronger and kinder as their hearts open up to the beauty of young voices and musicians uniting."

MATTHEW MCCULLY

MATTHEW MCCULLY

Mansonville man awarded $728,000 after violent attack

Record Staff
SHERBROOKE

A Mansonville man attacked while acting as a volunteer for Conservation Nature has been awarded financial compensation of more than $700,000 from his attacker Pascal Privé.

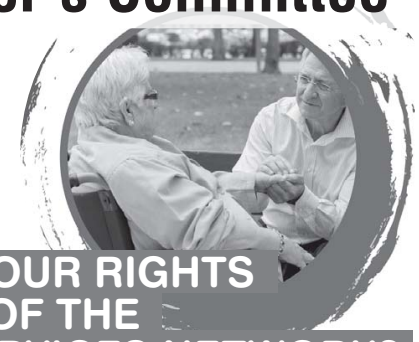
On July 31, 2010, the victim intervened in the Montagnes-Vertes Nature Reserve to advise a group of people riding ATVs to leave the trails, where motorized activity is prohibited.

This intervention quickly degenerated into a physical altercation during which the volunteer received a violent punch to the back of his head, resulting in in significant injury, including a traumatic perforation of the eardrum, post-traumatic stress disorder, and cranio-cerebral trauma (concussion). He was forced to leave his job as a teacher at the Cégep de Sherbrooke because of permanent damage affecting his concentration and memory.

Claiming $1.36 million in damages, the plaintiff ultimately obtained approximately $728,000 to cover loss of wages, losses in future performance on pension funds, and moral injury. Justice Claude Villeneuve of the Civil Division of the Superior Court denied a claim of $50,000 for exemplary and punitive damages since his attacker had already served 90 days in prison for the incident.

Privé, who lives in South Stukely, did not appear at the trial to explain himself. He is also awaiting trial for involvement in a drug trafficking ring dismantled in 2016 as part of Operation Muraille.

CRDITED Estrie User's Committee



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Editorial

We have scientific evidence and rational arguments on our side. Let's use them to support solutions.

Science Matters

Facts and evidence matter in confronting climate crisis

By David Suzuki

We recently highlighted the faulty logic of a pseudoscientific argument against addressing climate change: the proposition that because CO2 is necessary for plants, increasing emissions is good for the planet and the life it supports. Those who read, write or talk regularly about climate change and ecology are familiar with other anti-environmental arguments not coated with a scientific sheen.

A common one is that if you drive a car, buy any plastic goods or even type on a computer keyboard your observation that we need to reduce fossil fuel use is not valid — no matter how much evidence you present. Like the "CO2 is plant food" claim, it's a poor argument, but for different reasons. It's easy to refute the junk science claim with large amounts of available evidence. This one's simply a logical fallacy.

The statement that gas-fuelled cars cause pollution is true whether or not the person making it drives a car, just as a claim that automobile emissions are harmless is false, regardless of the claimant's car ownership or driving habits.

As well as being a faulty assertion, pointing out the many uses for fossil fuels in an attempt to reject the need to reduce reliance on them is actually an argument in favour of burning less coal, gas and oil. Fossil fuels are useful for many purposes — from life-saving medical equipment to computer keyboards — so why extract, transport and burn them so rapidly and wastefully? Supplies aren't endless.

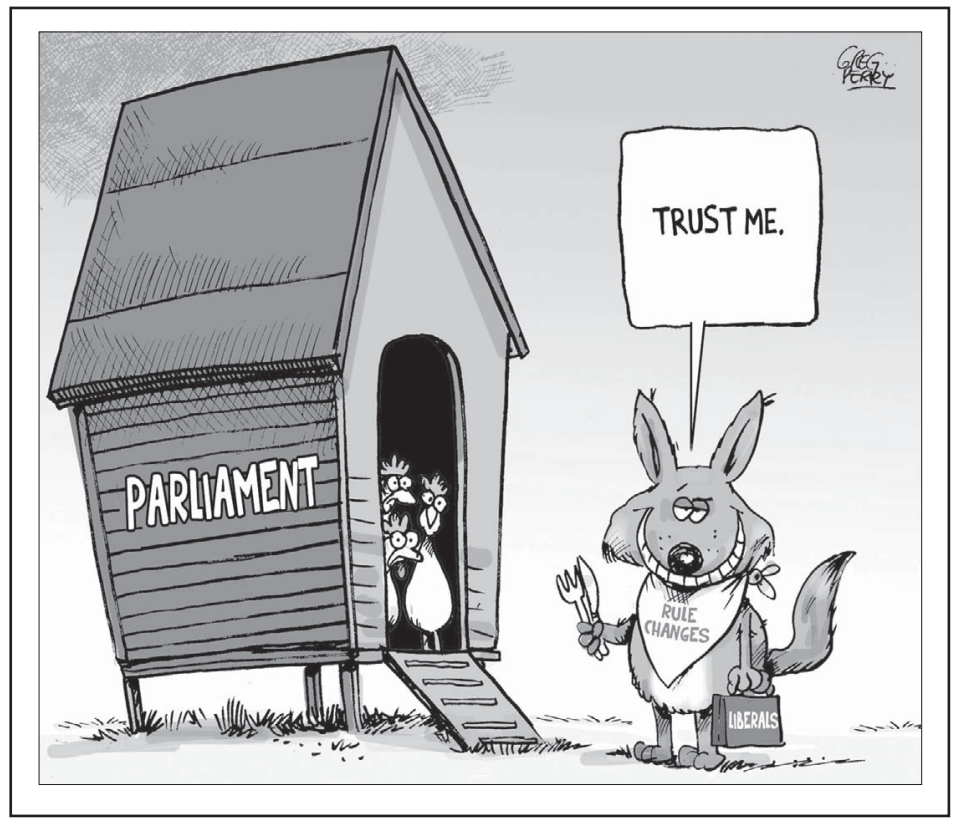
Perhaps some people haven't thought things through. Or maybe they don't have strong arguments against the need to protect the air, water, soil and biodiversity that keeps us healthy and alive. With a subject like climate change, it's somewhat understandable. In this "post-truth" era of infinite information, it's difficult to get a good grasp on many subjects, let alone one as complex and massive as global warming. Most people don't have the time or expertise to read through and comprehend the massive volumes of peer-reviewed science on phenomena such as feedback loops, ocean acidification, extreme weather events, species extinction and sea level rise.

Fortunately, some excellent resources provide information for people with varying levels of knowledge and expertise. Skepticalscience.com offers a big-picture approach by examining the peer-reviewed literature. It's "Most Used Climate Myths" section describes false claims and lets users click for "basic," "intermediate" or "advanced" explanations of real evidence.

You can also find accessible science on the U.S. National Oceanic and Atmospheric Administration and National Aeronautics and Space Administration websites. The American Institute of Physics offers a comprehensive history of climate science, as well as other information.

Media outlets with considerable, credible coverage include The Guardian and National Geographic, and environmentally focused websites such as Grist, EcoWatch and the National Observer. Desmog Blog's timely articles and extensive database shed light on what's behind concerted efforts to downplay or dismiss the seriousness of climate change. Websites for environmental groups like the David Suzuki Foundation, Pembina Institute and others are also good information sources. Just Cool It!, a book coming out April 22 by Foundation senior editor Ian Hanington and me explains climate change and focuses on solutions.

Many other books, websites, publications, films and more offer clear explanations of climate change and what it means for us. The point is that evidence-based information arms people with tools to confront humanity's greatest crisis. It's increasingly clear we can't rely on politicians to get us out of the mess we've created. The current U.S. administration is full of people who reject the overwhelming evidence for human-caused climate change. In Canada, our government has some good climate policies but continues to approve fossil fuel infrastructure projects.



Will good information change the views of those who reject environmental protection? It's hard to know. But for people who care and want to understand, facts are crucial to bringing about much-needed change.

The silver lining of the irrationality that has descended on the U.S. is that it has sparked a growing movement to promote scientific evidence and science-based solutions. The March for Science, taking place in cities throughout the U.S. and beyond on Earth Day, April 22, is one example.

We have scientific evidence and rational arguments on our side. Let's use them to support solutions.

David Suzuki is a scientist, broadcaster, author and co-founder of the David Suzuki Foundation. Written with contributions from David Suzuki Foundation Senior Editor Ian Hanington.

Learn more at www.davidsuzuki.org.

Letters

About the Garden Center...

Dear Editor

Concerning the Garden center in the zoning around the Provigo in Lennoxville, I don't understand why people from the burrough are not filling cars, cabs and buses to go sign the register against the #1200 by-law.

That by-law is giving to that area the right that people have forbidden in 2015 as a secondary usage because it was jeopardizing two other local businesses well established for years.

It does so as a primary usage. You probably heard that the grocery could not do anything with that. That's right.

But the full truth is that someone bought or could buy (and is trying to buy) houses (Mrs Murray's for instance) in that zone to start a real Garden center as primary usage, a whole one.

You, people of Lennoxville, voted against a (quite) small menace but now you would accept a real one ? Something that would do more damage then what you rejected in 2015 ?

Walk, drive or fly if you please to City Hall downtown Sherbrooke by Friday the 31st, if you think that the City of Sherbrooke have to respect your decision of 2015 to want to protect your jobs and businesses.

Denis Pellerin
Concerned citizen

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	3 months	36.16	1.81	3.60	$41.57

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Townships Trivia: Mills & Mill Towns

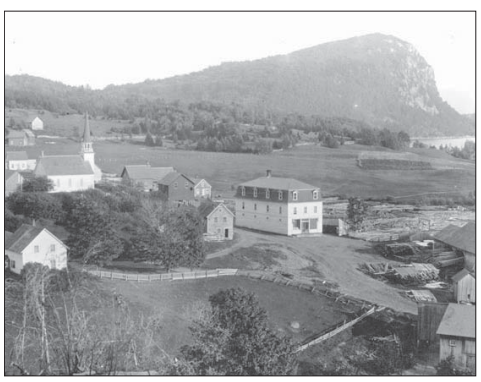
QUEBEC ANGLOPHONE HERITAGE NETWORK QAHN | RÉSEAU DU PATRIMOINE ANGLOPHONE DU QUÉBEC RPAQ

By Matthew Farfan
Executive Director, Quebec Anglophone Heritage Network (QAHN)

1) This village, located in Orford Township and home to a sawmill, was the scene of a fair amount of logging activity in the late 1800s? What was it called?

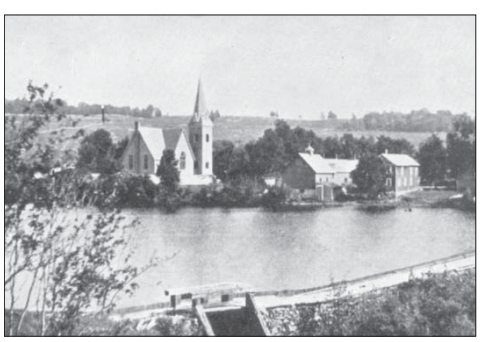
a) Saint-Élie-d'Orford
b) Deauville
c) Rock Forest
d) Cherry River

2) This village, dominated by the Pinacle, developed at the site where the Niger River drains Lake Lyster at its north end. It was here that the Baldwin family built their sawmill.



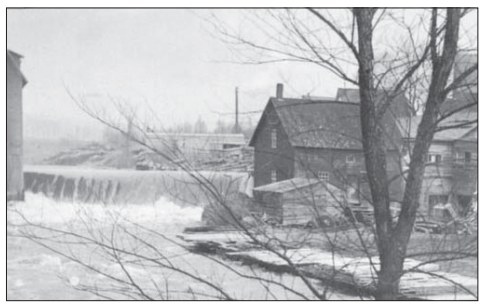
a) Coaticook
b) East Hereford
c) Barnston
d) Baldwin Mills (could be a trick question; is this too obvious?)

3) This photo, taken c.1905, depicts the mill pond and spillway in what picturesque town?



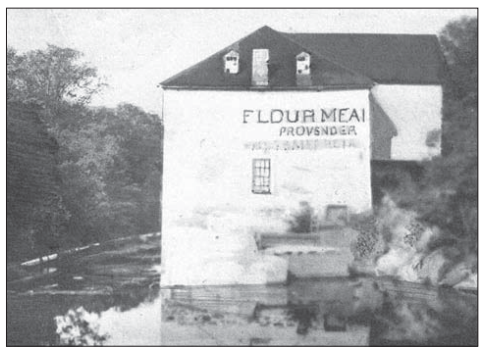
a) Granby
b) Knowlton
c) North Hatley
d) Sutton

4) The sawmill depicted in this photo, was situated on the North Missisquoi River, that is, until they were swept away in the flood of 1927. Name the village!



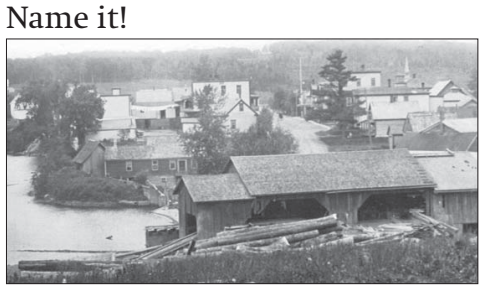
a) Mansonville
b) Frelighsburg
c) Sutton
d) Abercorn

5) The first mills in the Eastern Townships were grist or flour mills, and many of our oldest settlements grew up around these establishments. The mill seen here harnessed the power of the Southeast Yamaska. What village was it?



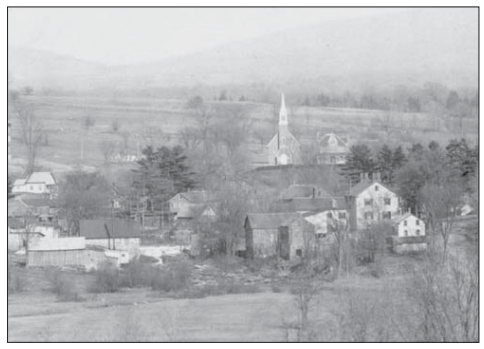
a) Farnham
b) Cowansville
c) Granby
d) Yamaska

6) A number of villages in the Townships take their names from the men who built their first mills. This town is one of them. Name it!



a) Sawyerville
b) Kilborn's Mills
c) Hyatt's Mills
d) Eastman

7) The massive stone grist mill built in this town in the early 1800s operated until the 1960s. Today it is a private residence. What town is it?

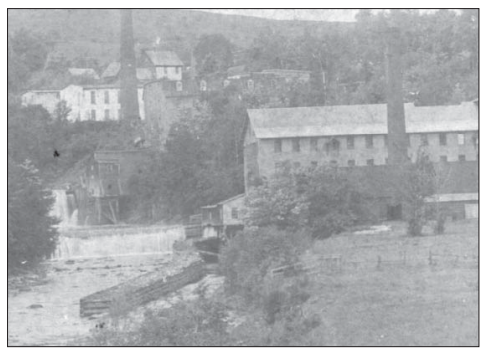


a) Sutton
b) Knowlton
c) Frelighsburg
d) Dunham

8) The Berthiaume Mill on the Yamaska survived until the 1950s. Name the town!

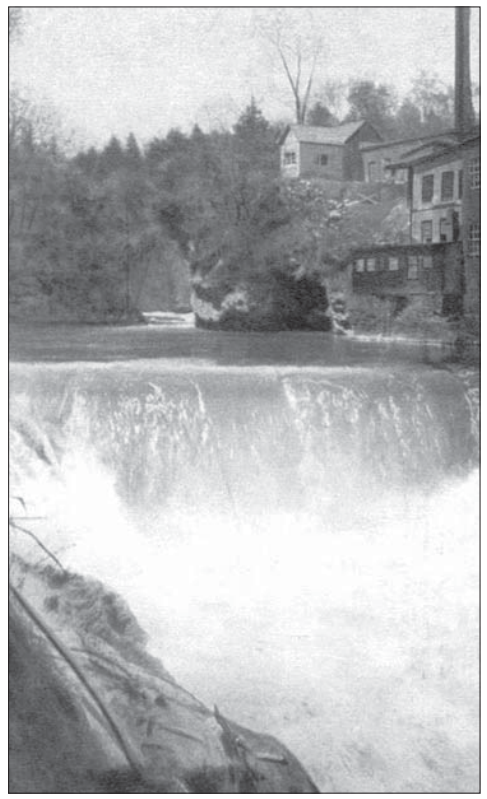
a) Farnham
b) Granby
c) Cowansville
d) Magog

9) The powerful stream flowing through this village gave rise to a number of water-powered mills and factories. See here is Penman's, a manufacturer of cotton and woollen underwear. Name the town!



a) Sherbrooke
b) Magog
c) Drummondville
d) Coaticook

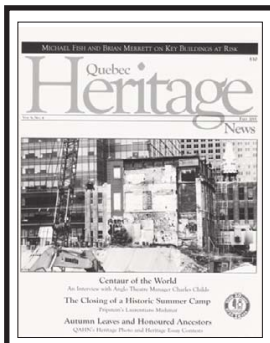
10) Like most of the larger towns in the region, Sherbrooke (seen here c.1900) was built around water power and mills. What was Sherbrooke's original name?



a) Sherbrooke Mills
b) Ascot Mills
c) Hyatt's Mills
d) Hunter's Mills

ANSWERS:

1) d
2) d
3) b
4) a
5) b
6) a (after Josiah Sawyer)
7) c
8) a
9) d (and the river was the Coaticook River)
10) c (after Gilbert Hyatt)



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Columnist

And like Jesus' command to "love your neighbour as yourself," the practice of compassion begins with the self. We cannot give what we do not know.

One column, four voices

Open to the Spirit

Today's word: Compassion

By Revs Mead Baldwin, W. Lynn Dillabough, Lee Ann Hogle, and Carole Martignacco

1) You've heard it said to understand another, we should try to "walk a mile in their shoes." As one comedian observed, this metaphor takes you only so far. It could leave you a mile down the road without your own shoes and feet full of blisters, leaving someone else a mile behind you. Both of you minus a comfortable fit.

Compassion is a bit more complex. With Latin roots - "com" meaning with and "passion" or feeling, compassion is "feeling with" another. Imagining what it's like to be another, putting their well-being at the center instead of ourselves. Deeper than sympathy, akin to empathy or the Buddhist concept of loving-kindness for all beings, compassion is a step on the path to altruism. In our global community, it's becoming an urgent need.

It's easy to feel overwhelmed and fearful with all the news these days of rising bigotry, hatred and violence in our world. Yet a turn toward love requires a truly grassroots movement. At the heart of our lives, compassion is always a choice, as daily as bread, up to each of us to make it central to our dealings with others.

That's why I'm so excited about the small group of us who are studying Karen Armstrong's book, Twelve Steps to Compassionate Living. Why 12 steps? She believes that we live in a culture addicted to individualism and ego satisfaction. Like people in recovery, we must work through layers of conditioning to learn how to practice love.

And like Jesus' command to "love your neighbour as yourself," the practice of compassion begins with the self. We cannot give what we do not know.

I want to be part of this global movement calling for a massive "change of heart" in our world. A few years ago with funds from a TED grant, Armstrong called together a team of prominent spiritual teachers to craft the Charter for Compassion as a revolutionary statement of solidarity among the world's major religious traditions. Now whole towns, cities, businesses and organizations identify themselves as compassionate communities around the globe. A different kind of global warming!

Imagine a collective evolutionary leap, fueled by one person at a time, making the commitment to love our neighbours and do no harm. The future of our human family depends on our learning to love beyond all differences. Let's do it!

2) When I was a young teenager we experienced a family tragedy. My aunt and her two young sons were killed in a car accident. Their sister was badly injured and spent a long time in hospital. My uncle was heartbroken. I had never experienced grief like that before. I do remember, however, the compassion we all received, so comforting and supportive. My uncle took early retirement and became a single parent to a six year old. He too received compassion from his community. He lived in British Columbia, but every summer some of us went west to stay with him and keep the family bonds strong.

Compassion is not a few charitable acts. It is a way of life, and transforms the giver and the recipient. Over the past few weeks I have been in a study group where we are learning about "The Charter Of Compassion," based on the work of scholar of world religions Karen Armstrong, who has proposed that the world needs to learn radical compassion. As a group we are learning and sharing insights.

I am so glad to be a part of a country where we offer hospitality and a welcome to refugees and new immigrants, and where we have universal health care and a strong social safety net. I know personally that when I reach out to help another person in need my heart rejoices, and when I share compassion I am the one most blessed.

3) We watched a lot of short National Film Board documentaries during my time in public school in the 1970's. One that I remember in particular featured a small duckling wandering around lost on a construction site. I don't remember anything about the point of it. Maybe it was about the destruction of animal habitat, or maybe it was just a creative piece to get us writing stories that picked up where the film left off. I don't remember. I do remember that duckling. And I remember the small boy who cried so hard while he watched it.

I cried, too. The duckling was lost through the whole film, while he narrowly escaped one mishap after another. He was almost buried in a pile of dirt from a dump-truck, almost run over by numerous big machines, almost crushed by a pile of lumber. At one point he was scooped up with a pile of dirt and dropped. His frantic cheeping could barely be heard over the loud roaring of the various machines. This was filmed with a real duckling and the distress was clearly real. I'm not sure what kind of a sick person would make a film like that and I doubt it would be allowed today, but there we were, a group of eight or nine year olds, watching this poor creature, who looked in vain for his home.

A few of the tougher boys, the ones who had learned their lessons, laughed. But this one boy, with a name I can't recall but a face I cannot forget, sobbed out loud. He was smaller. And gentle. I remember him daydreaming and doodling a lot during class. Probably he was an artist at heart, and in another time he might have been nurtured, his compassion seen as a gift. Instead, at recess, the other boys pounded him. They taunted him for crying and then for crying again while they punched him.

As many disadvantages there were (and are) to being a girl, I was grateful that I was allowed to cry. The ability to feel compassion for our fellow creatures when they suffer is a beautiful part of being human, for women and for men. Through our compassion we are all linked and we are able to have open hearts for each other. I think about that tender, compassionate boy and I hope he turned out all right. I hope that he can honour his compassion as the beautiful part of himself that it is, and I hope that he can feel it without shame. I hope this for you, too.

One word, only three voices this time - next week we'll be four again. We invite you to reflect with us on the question: What does it mean to live a life of compassion?

Rev. Mead Baldwin pastors the Hatley, Waterville & North Hatley United Churches; Rev. Lynn Dillabough is now Rector of St. Paul's in Brockville ON. She continues to write for this column as a dedicated colleague with the Eastern Townships clergy writing team; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco pastors UUEstrie – the Unitarian Universalists in North Hatley.

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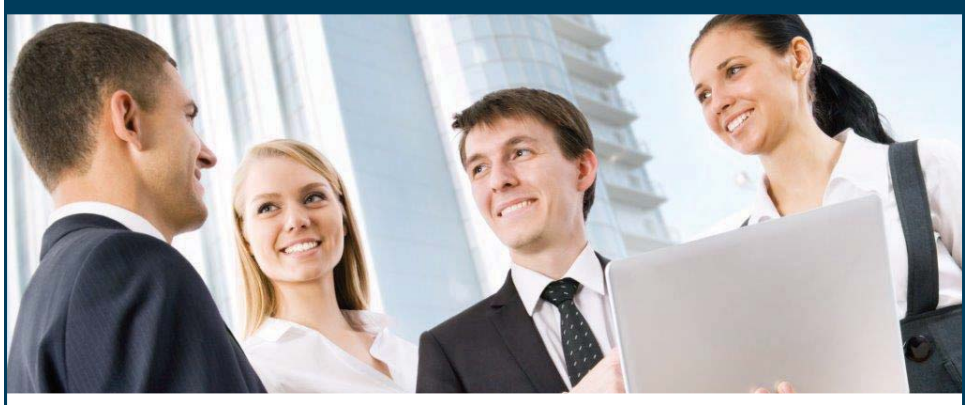

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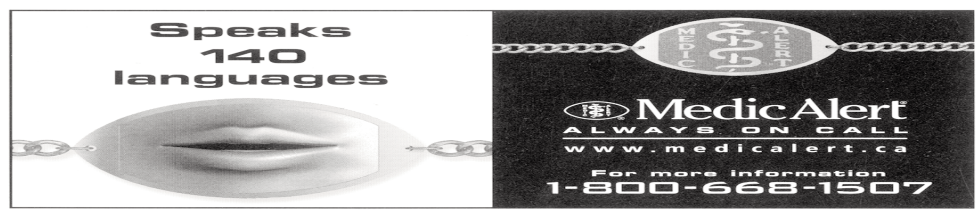

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Local Sports

The team Julien will be coaching will consist of the top players from the CHL whose teams either missed the playoffs or are no longer competing in the postseason.

North Hatley takes home the Challenge Cup

PHOTO COURTESY OF RALPH MCCULLY

Dave Wilson president of the North Hatley Curling Club receiving the Challenge Cup from Jim Thompson president of the Lennoxville Curling Club. The seniors competition between the two clubs began in late October and ended March 29 with North Hatley the definite victors.

Julien named assistant with U18 national team

By Dylan Konecny

For the fourth straight year, a member of the Sherbrooke Phoenix will be representing Canada as part of the U18 national men's hockey team playing at the annual tournament.

This year the tournament will be played in Slovakia in the cities of Poprad and Spi ská Nová Ves.

Evan Fitzpatrick, Jeremy Roy and Daniel Audette were the last three members of the Phoenix to be part of the Canadian squad representing the nation in 2016, 2015 and 2014 respectively, with Roy and Audette bringing home bronze medals.

Although the final roster has yet to be announced, last week Hockey Canada announced that Sherbrooke Phoenix head coach Stéphane Julien would be an assistant on head coach Darren Rumble's staff.

Julien joined the Phoenix as assistant coach for the 2012-13 season following his final season as a player in the Deutsche Eishockey Liga (DEL) in Germany. He was promoted to head coach midway through the 2015-16 season. His playing career included five seasons in the QMJHL (1990-95) with Trois-Rivières and Sherbrooke, and 18 seasons of professional hockey in France, Italy, Germany, Switzerland Austria. He won the Emile Bouchard Trophy as QMJHL defenceman of the year in 1994-95.

The team Julien will be coaching will consist of the top players from the CHL whose teams either missed the playoffs or are no longer competing in the postseason.

The tournament begins on April 13th when Canada takes on Latvia in preliminary action as part of Group A playing in Poprad.

VINCENT LEVESQUE ROUSSEAU.

Sherbrooke's power play has thrived under Julien(left) finishing top five in the league the last two years. The Phoenix power play was ranked third overall, 25.3 %, in the QMJHL for 2016-2017. The thrd overall ranking is the highest it's ever been for the team since joining the QMJHL.

Poulin Canada's captain for women's hockey worlds; Irwin, Jenner, Spooner alternates

The Canadian Press

Marie-Philip Poulin has been named Canada's captain for the 2017 women's world hockey championship.

The two-time Olympic gold-medallist from Beauceville, Que., led Canada in its two-game December series against the rival United States and also wore the 'C' at the 2016 4 Nations Cup in Finland and the 2016 world championship in Kamloops, B.C.

Haley Irwin, Brianne Jenner and Natalie Spooner will rotate as alternate captains.

Canada opens the tournament tomorrow against the defending champion U.S.

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Church Services

Anglican

LENNOXVILLE

Saint George's Anglican Church, Lennoxville, at 84 Queen St., celebrates Holy Eucharist every 1st, 2nd & 3rd Sunday at 11 a.m. Morning Prayer is held every 4th Sunday at 11 a.m. Sunday School every 1st & 3rd Sunday at 11 a.m. 819-346-5564.

NORTH HATLEY

St. Barnabas Anglican Church, 640 Sherbrooke Road in North Hatley. 9 a.m. Eucharist Service every 1st and 3rd Sunday; Morning Prayer Service (Liturgy of the Word) every 2nd and 4th Sunday. 819-842-2686.

SHERBROOKE

April 2, at 11:00 a.m., the Church of the Advent, 473 Bowen St S., Sherbrooke welcomes you to a service of Morning Prayer with a layreader presiding.

GEORGEVILLE

April 2, Georgeville Anglican welcomes you to a Service of Holy Communion (BCP) at 8:30 a.m. and at 10:00 a.m. (BAS) with the Ven. Dean E. Ross officiating

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Sundays: 10:30 a.m. Worship and Sunday School. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m.

United

AYER'S CLIFF - MAGOG

Ayer's Cliff - Magog - Georgeville Pastoral Charge welcomes everyone for Sunday service at Beulah United Church in Ayer's Cliff - Worship service and Sunday School 9:15 a.m. and St. Paul's United Church, Magog - Worship Service and Sunday School 11:15 a.m. with lunch provided each Sunday following the service in Magog. Minister: Rev. Lee Ann Hogle 819-571-7233.

HATLEY/WATERVILLE

Sunday, April 2, 9:30 a.m. Hatley congregation at St. Francis Manor and 11 a.m. Waterville/North Hatley United, with Sunday School. Rev. Mead Baldwin 819-837-1112.

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street, welcomes you to worship with Rev. Linda Buchanan on Sunday, April 2 at 10:00 a.m. Sunday School will be available. 819-565-8449; website - lennoxvilleunitedchurch.com

RICHMOND

Richmond-Melbourne Pastoral Charge invites you to join us for worship on Sunday, April 2 at 10:30 a.m. at Richmond-Melbourne United Church, 247 Principale Sud, Richmond. Charlotte Griffith will be leading this worship service. All are welcome!

SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill, 819-346-6373, the Rev. Samuel V. Dansokho, minister, Leslie Young, organist. Sunday, April 2, English service at 10:30 a.m. Welcome to all! Le dimanche 2 avril, service en français à 9 h. Bienvenue à tout le monde!

Richmond Legion Branch #15 Ladies Auxiliary meeting

On the evening of March 21, 18 members gathered at the Legion Hall for our regular meeting. The meeting was called to order at 7 p.m. Colours were presented by Cmdrs. Linda Badger and Helen Knowles and Sgt. at Arms Cmdr. Wendy Ridley doing double duty followed by the opening ceremonies.

Roll Call was taken, minutes read by Cmdr. Lucie and accepted. Treasurer's Report was given by Cmdr. Dawn and also accepted. President Cmdr. Anne welcomed everyone and thanked everyone that helped with our events in any way.

At this point we welcomed our new member, transferred from Danville, Cmdr. Peggy Dwyer.

Correspondence - We received "thank-yous" for donations made to various places.

Report of Committees:

Health and welfare - Cmdr. Anne has sent out 2 cards.

Kitchen - Cmdr. Linda Badger had nothing to report.

Membership - Cmdr. Elsie reported on the transfer of Cmdr. Peggy.

Publicity - Cmdr. Mildred reported all was well and thanked Cmdr. Donna for taking over for her last month when she was in Seattle, Washington.

Ways and Means - Cmdr. Donna reported on different events and thanked all the helpers. They have evidently been very busy.

Cmdr. Ann has visited the schools, filling in for Cmdr. Ann Nixon. A report was given from the last card party that our grocery box was not up to par, hopefully we can do better in the future.

Plans were finalized for our Flea Market-Bake Sale to be held on April 1 from 9 a.m. to noon.

Being no further business, meeting was adjourned in the usual manner, followed by a light snack. Half and half was won by Cmdr. Mildred.

In Comradeship
Cmdr. Mildred E. Holliday

Single Mother

Single mother,
Raise your head high
You were mine and you were there –
In your arms I felt love's smother;
You soothed me when I had to cry,
I know not why, may be it was because,
I longed for more care!

Single mother,
Time took with it your health:
We had to part, and the Lord took you away;
I had no sister, no brother,
I was left with loneliness, no wealth –
But I still cherish those early days with you like it was yesterday!

God be with you
Til we meet anew!

G.L. Brown

Choose Among The Best

God bless good humour,
The imaginative kind
Covering everyday events –
Laugh not at one with a tumor,
Omit someone with diseased mind,
But use acts of good, clean nonsense!

God bless the story tellers,
Who see jokes in the ordinary stuff,
Keeping the audience listening;
Hail to the funniest stellar
Who need not much, just enough,
To keep people in awe, just guessing!

If anyone wants that inner fuzzy feeling,
Choose among the best, they'll keep you happily reeling!

G.L. Brown

SUDOKU

DIFFICULTY RATING: ★★★★☆

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	1			7				3
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3/31

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PREVIOUS SOLUTION

8	4	9	2	6	3	5	7	1
7	6	1	4	5	8	9	3	2
5	2	3	7	1	9	4	6	8
9	8	4	3	2	1	6	5	7
1	7	2	6	9	5	8	4	3
3	5	6	8	7	4	1	2	9
6	3	8	1	4	7	2	9	5
2	9	7	5	8	6	3	1	4
4	1	5	9	3	2	7	8	6

SUDOKU

DIFFICULTY RATING: ★★★★★

		9			7	4		8
		3		9				
7			4	5			3	
		8	7					
	9		5		3		7	
					9	3		
	1			9	2			3
				7		1		
2		6	8			9		

4/1

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PREVIOUS SOLUTION

6	5	3	9	8	4	7	2	1
8	4	5	6	3	7	1	2	9
3	9	6	2	1	5	7	4	8
6	8	9	3	5	1	4	7	2
5	7	2	8	4	6	9	3	1
4	3	1	7	9	2	6	8	5
9	1	4	5	7	8	2	6	3
2	5	3	9	6	4	8	1	7
7	6	8	1	2	3	5	9	4

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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Datebook

FRIDAY, MARCH 31, 2017

Today is the 90th day of 2017 and the 12th day of spring.

TODAY'S HISTORY: In 1889, the Eiffel Tower was dedicated in a ceremony in Paris.

In 1930, the Motion Pictures Production Code was adopted to regulate mature content in movies.

In 1968, President Lyndon Johnson announced a halt to bombing missions over North Vietnam and closed the televised speech with the announcement that he would not run for re-election.

In 1995, singer-songwriter Selena was murdered by the former president of her fan club.

TODAY'S BIRTHDAYS: Rene Descartes (1596-1650), philosopher/mathematician; Joseph Haydn (1732-1809), composer; Jack Johnson (1878-1946), boxer; Cesar Chavez (1927-1993), labor leader; Gordie Howe (1928-2016), hockey player; Liz Claiborne (1929-2007), fashion designer; Herb Alpert (1935-), musician; Christopher Walken (1943-), actor; Al Gore (1948-), former U.S. vice president/senator; Rhea Perlman (1948-), actress; Angus Young (1955-), guitarist/songwriter; Ewan McGregor (1971-), actor; Jessica Szohr (1985-), actress.

TODAY'S FACT: Gustave Eiffel designed the interior structure of New York's Statue of Liberty.

TODAY'S SPORTS: In 1975, Hall of Fame coach John Wooden announced his retirement during the postgame press conference after leading his UCLA Bruins to a 92-85 win over the Kentucky Wildcats and earning his NCAA-record 10th national title.

TODAY'S QUOTE: "If you would be a real seeker after truth, it is necessary that at least once in your life you doubt, as far as possible, all things." — Rene Descartes, "Principles of Philosophy"

TODAY'S NUMBER: 2,212 — Broadway performances in the 15-year run of "Oklahoma!" The Rodgers and Hammerstein hit debuted on this day in 1943.

TODAY'S MOON: Between new moon (March 27) and first quarter moon (April 3).

DO JUST ONE THING

By Danny Seo

Like any electronic product with a rechargeable battery, your laptop could use an update with a simple battery swap. Your laptop battery can be fully recharged about 1,000 times; that means when your battery is drained, it can be recharged back to full power. Sometimes that can be every few days or every few weeks. Look in your computer preferences to see your "cycle count" of how many times your computer has charged. If it's over 1,000, take it to a service center and have your battery replaced. It'll improve functionality of your computer, and the store will be sure to recycle your old battery.

In Memoriam

KING, Sylvia - In loving memory of Sylvia Hayes King who passed away on April 2, 2014.

Our thoughts are ever with you
Though you have passed away,
And those who loved you dearly
Are thinking of you today.

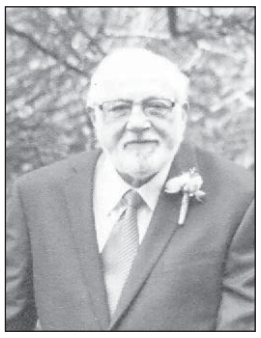
Lovingly remembered by
her husband
ROLAND
her children
DIANE, DEBBIE, PETER
AND THEIR FAMILIES

In Memoriam

HUDSON, Herbert Joseph – In loving memory of Herbert Joseph Hudson who died March 31, 2011.

Dearly loved and always remembered,
NELLIE & FAMILY

Death



Austin RUCK
1930 – 2017

It is with great sadness that we learned of the death of Austin Ruck of Patterson Lakes, Australia.

Austin was the youngest son of Arthur S. Ruck and Ethel G. Forty. He was born on August 18, 1930.

He leaves to mourn his wife Wendy M. Coupe, his children Karen B. Balcolme (Matt) and Kevin B. Ruck (Lyrissa), and grandchildren Geordyn, Riley, Cooper and Meagan Balcolme and Spencer Ruck.

Austin was a longtime member of St. Paul's United Church, Magog and of the Lake Magog Masonic Lodge.

Austin, Wendy and family left Canada thirty years ago. There are many nieces, nephews, friends and a sister-in-law who will miss all the photographs he sent to us.

Austin died on March 20, 2017 and was laid to rest on March 23, 2017.

Whether with or without meds, blood pressure must be controlled

ASK THE DOCTORS

By Robert Ashley, M.D.

Dear Doctor: I know that high blood pressure increases the risk of heart disease, stroke and more. However, is it still considered a risk factor if it's controlled with medicine?

Dear Reader: High blood pressure is a significant risk factor for heart attacks and strokes because it damages the arteries that supply the heart and the brain, causing them to narrow. Additionally, the heart has to work harder to deal with the resulting elevated blood pressure, increasing the risk of eventual heart failure. There is no disputing these facts.

As for whether someone with high blood pressure controlled by medication has a risk equivalent to somebody without high blood pressure, that's a good question — and no studies have specifically tried to answer it. But researchers have studied patients with high blood pressure and the attempts to bring the blood pressure to different levels.

A 2015 breakthrough study in the New England Journal of Medicine took 9,361 patients with systolic blood pressure greater than 130 and randomly assigned them to either treatment to keep the blood pressure between 130 and 140 or more aggressive treatment to bring the blood pressure down to 120. The aggressively treated group got their blood pressure down to 121 on average, while the less aggressively treated group had an average systolic blood pressure of 136. The study was stopped after three years because of a 27 percent decrease in the overall death rate in the aggressively treated group.

A 2016 study in The Lancet combined data from 123 studies of hypertension treatment with a total of 613,815 patients. This analysis showed that for every 10-point decrease in blood pressure, the death rate decreased by 13 percent, the stroke rate decreased by 27 percent and the heart failure rate decreased by 28 percent. Like the former study, the benefits were greater with blood pressure below 130.

Lastly, an analysis of 16 studies published in 2016 in the Journal of Hypertension looked at the benefits of more aggressive treatment versus less aggressive treatment of blood pressure. The authors found a 16 percent decrease in death rate with blood pressure below 130 versus blood pressure greater than 130.

Although these studies don't directly answer your question, consider the incremental benefits of lowering your blood pressure. If, on medication, your systolic blood pressure is in the 130s, I would say that you're at greater risk than someone who is not taking medication and who has a blood pressure of 120. If you're on medication and your blood pressure is 120, it's hard to say how that compares to somebody who has a blood pressure of 120 and is not on medication.

The most important lesson is that if you have high blood pressure, you should treat it.

Also, a message for my readers: A recent column on whether to give aspirin for a heart attack in progress referred to two studies in which users received aspirin at various times. In referring to one study, the article stated that earlier users received aspirin an average of 1.6 hours before the onset of symptoms. Obviously, this should have said "after the onset of symptoms."

In referring to the other study, the article stated that patients received aspirin at least 24 hours after the beginning of symptoms. This should have said "up to 24 hours after the beginning of symptoms."

Robert Ashley, M.D., is an internist and assistant professor of medicine at the University of California, Los Angeles.

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New Hope!!

Sun, sun –
Melt down those mounds of snow –
Warm the earth, warm the homeless,
That they may, once again come and go;
Give them new hope to renew, to redress!

Rain, rain –
Wash away the black snow of roads
That covered winter's pure-white splendour;
May the promise that renewal holds
Pave the path for those who want a new fervour.

Try, try –
Like the changing of the seasons,
To raise yourself above your stalemate;
Think no longer of negative reasons –
It is the time to believe in a change of fate!

Pray, pray –
Within the depths of your good heart,
That the future will be fulfilling;
Prayers are to ask God to help you start,
As long as you truly are willing!!

G. L. Brown

Dear Lady

Dear Lady with the golden heart
Without you my life is torn apart
As I miss all the wonderful kindnesses
Things you did for me, for our happiness

Inside me, I must live on with my mistake
What was meant to be is no longer there to take
For I did not see who really cared for me
Taking me away from you and a happy destiny

Such is life when a selfish lover leaves
Not sure what he wants, what he believes –
Spoiled by the Lady with the golden heart –
He must live on in a life he must restart.

Time will likely teach that with another
She must count first, not to smother
But to give her goodness to please him
And not to be left on her own to his whim.

G. L. Brown

The Call of the Horizon

When aspirations stir one from within,
And beyond one is taunted by a new horizon;
It is time to take a deep breath, and decide,
"Am I stuck to stay in mud, or go with the next tide?"

The courage of one to change, challenge,
May start with a rock, to end in a Stonehenge,
Perhaps that is why God created the rainbow
Step ahead, where your pursuits go, you will know.

Many choices live for the adventurous human:
Some want a stationary stand, some another region;
The world becomes a pursuit full of conquests,
As one's mind becomes a vista and never rests.

Whether one intends to improve the human condition
Or merely to see the good sights of civilization,
The world is there to test all abilities –
To help one discover his or her capabilities!

G. L. Brown

A Ghost Story: Heartfelt Appreciation

Don't forget to reward
The servant who works for you
With care, dedication and detail;
Also, do not forget the Lord
Who makes sure you get through,
Every difficult day, come hell or hail!

To go along, thinking the world owes you all,
To lose yourself in loftiness and not see below,
Makes you not any better than the real devil:
Come down from your tower before you fall.
For the higher you are, the stronger the winds will blow;
A time will come when your world will stop still.

He or she who makes all kinds of exceptions
To serve your caprices, to give your comforts
To humble self, to put you first and foremost
Deserves an admiration, no deceptions;
Assured that you recognize them, you and all cohorts;
Rest in peace, when you are no more than a venerated ghost.

G. L. Brown

Abusive mom with joint custody

FRIDAY, MARCH 31, 2017

Dear Annie: My son shares custody with the mother of one of his boys but lives hundreds of miles away. He is great with this 9-year-old, and the boy is very happy when they are together. The boy's 18-year-old half brother is the perfect big brother, and they are very close.

The boy's mother has difficulties. Just before I saw him recently, she had slapped him hard in the face. I believe she has choked the boy. His voice was pretty hoarse when I saw him. Her daughter, the boy's half sister, was hospitalized after a drug overdose that was apparently a suicide attempt.

My son says the boy's mother would make life difficult and possibly contest custody if he were to try to get full custody. His lawyer only tells him to document everything. My son's mother and sister think the same way and advise him against taking action. Those three people are not good at listening to anything that contradicts their way of thinking. Suggestions, please. — Worried About Grandson

Dear Worried: Your concerns are absolutely valid, and this situation demands action. Though your son's lawyer is right — he should be sure to document all evidence of abuse — your son needs to go beyond that to protect his son right now. Your grandson's mom seems to have intimidated everyone into being afraid. Don't play into the roles she's written. The stakes are very real. Call the police if and when you suspect abuse, and call the Childhelp National Child Abuse Hotline at 800-422-4453 for general guidance about how you can support your grandson and son.

Dear Annie

Dear Annie: This is in reference to "What's in a Name?" — who was frustrated that a relative had chosen the name she wished to use for her future child.

This woman can always use the name she wanted to be for her future son as his middle name. It's a simple solution. Plus, if she ever does have a son, his cousin will feel good about the child's having part of his name.

I had friends who gave their firstborn the name "Cody." When the second son came along, they named him "Dakota." They could not nickname Dakota "Cody," which in this area is the nickname for Dakota. So they nicknamed Dakota "Dak." Unfortunately, my friends lost both sons within less than a month of each other — between Thanksgiving and Christmas — a few years ago.

So what really is in a name?

I hope "What's in a Name?" gets her wish to have a son. My friends were past the age of having another son when they lost both Cody and Dakota. I am now a grandmother. My daughter and son-in-law made my grandson's middle name Cody, in memory of our friends' sons. — Proud Grandmother in PA

Dear Proud: Thank you for sharing this incredibly moving story. You've put things into perspective. I've found that looking at the big picture has the power to remove all the tiny flaws and remind us what a gift it is to simply be here beholding it.

Send your questions for Annie Lane to dearannie@creators.com.

E-mail your social news to classad@sherbrookerecord.com

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CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"VT DCW HRCB WZ VG O.P. BVMR DCWL HRVLM VGHVXS CWM CL HCJNH IVHIPMJRSX, ZSCZOS HMPLM ZWMMVGA JRPGAS VG DCWL JWZ." — JPHSD PTTOSJN

Previous Solution: "Devastated by the sudden loss of my close friend and one of the finest actors in the business, Bill Paxton." — Rob Lowe

TODAY'S CLUE: Y equals D

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"OXWF OW CKW SLKF, OW GKA EXCE OW CKW GLIW EL EXBP ZKWCE PECZW LR RLLDP." — OBDDBCI PXCVWPMWCKW

TODAY'S CLUE: K equals V

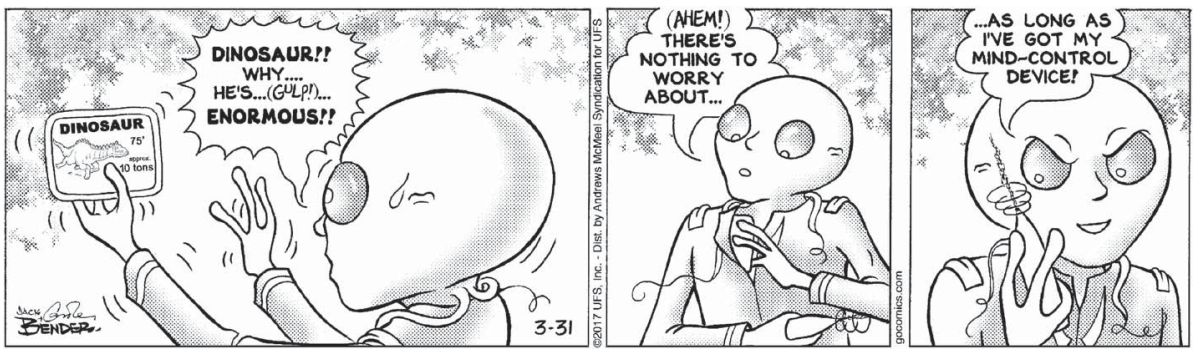
Previous Solution: "If you show up in L.A. with your shirt inside out or socks mismatched, people start putting change in your cup." — Casey Affleck

REALITY CHECK

HERMAN

"I can't understand it! He just burst in and shot my violin."

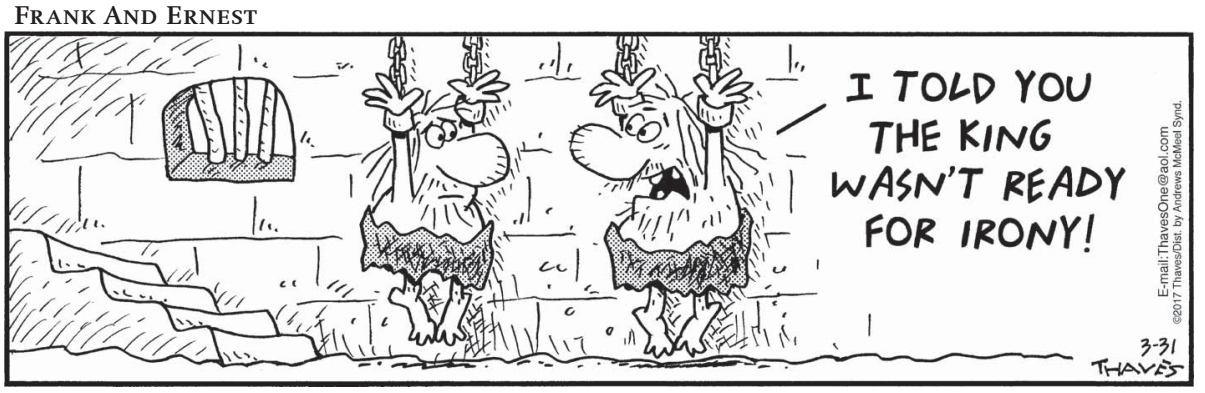
ALLEY OOP



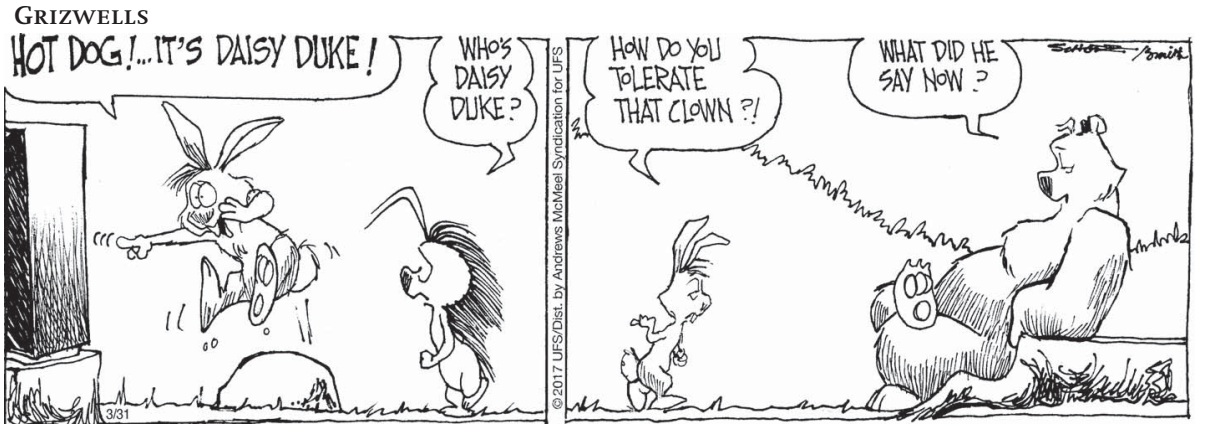
ARLO & JANIS

THE BORN LOSER

FRANK AND ERNEST



GRIZWELLS



SOUP TO NUTS

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E-MAIL: classad@sherbrookerecord.com
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND NOON

CLASSIFIED

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
OR MAIL YOUR PREPAID CLASSIFIED ADS TO
THE RECORD, 6 MALLORY, SHERBROOKE, QUEBEC J1M 2E2

001 Property For Sale

OPEN HOUSE
Sunday, April 2, 2-4 p.m.
5050 Route 143, Waterville

Come and see this large property, 3 bedrooms plus office and [illegible] living room, 2 bathrooms, large detached garage / workshop.

See you Sunday!

Helen Labrecque, Real Estate Broker
Cell: **819-572-1070 • hlabrecque@sutton.com**
SUTTON Groupe Sutton - immobilier Estrie
819-820-0777

001 Property For Sale

It pays to advertise in the classifieds

200 Vehicles Wanted

LOOKING TO BUY a used Toyota Corolla. Orn Arnason Knowlton. 450-243-6934

030 Property Wanted

LOOKING FOR WOODED LAND, 30 to 150 acres, with house or right to build. 10 minutes from Sherbrooke. Call 819-237-5839.

Looking to rent an apartment? Or want to rent one? Place an ad in the classifieds!
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or
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035 For Rent

CLASSIFIEDS ONLINE! www.sherbrookerecord.com

SEMI-RETIRED COUPLE SEEKING **vintage chalet** on quiet lake within 3 hours of Quebec City. To rent, option to purchase. Terms negotiable. 418-522-0450, pmblack1954@gmail.com

145 Miscellaneous Services

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

150 Computers

Make your classified stand out, add a photo for **$10.** per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

190 Cars For Sale

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Looking for a job or qualified personnel? Consult our Classified ads!

275 Antiques

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WWW.ENCANGELINEAU.COM
Sunday, April 2, 2017 at 10 a.m.
7900 boul. Laframboise, St. Hyacinthe, QC (exit 130, autoroute 20)
TO BE SOLD: Beautiful Canadian paintings: Richard, Tanobé, Claude A. Simard, Coburn, Harrison, Hudon, Der, Lafrance, Gaudreau, Bellefleur, Roberts, Bronze Vaillancourt, Lecor, Rousseau, Riopelle, Villeneuve, Iacurto, Horik, etc. Also nice furniture of all styles, marble, gold jewellery, hockey cards 1910, stained glass, from an estate.
VISIT: Saturday from 1 p.m. to 5 p.m.
Auction: Wednesday, April 5 at 1 p.m.
ENCANS GÉLINEAU & FILS INC.
(450) 796-2886

275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

290 Articles For Sale

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294 Events

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Selling, buying, exchanging, offering services? Put it in our Classifieds for results!

330 Pets

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ENCAN SAWYERVILLE INC.
presents the

ANNUAL CONSIGNMENT SALE OF FARM MACHINERY

ENCAN SAWYERVILLE inc. AUCTION

SATURDAY, APRIL 8, 2017 AT 9:30 A.M.

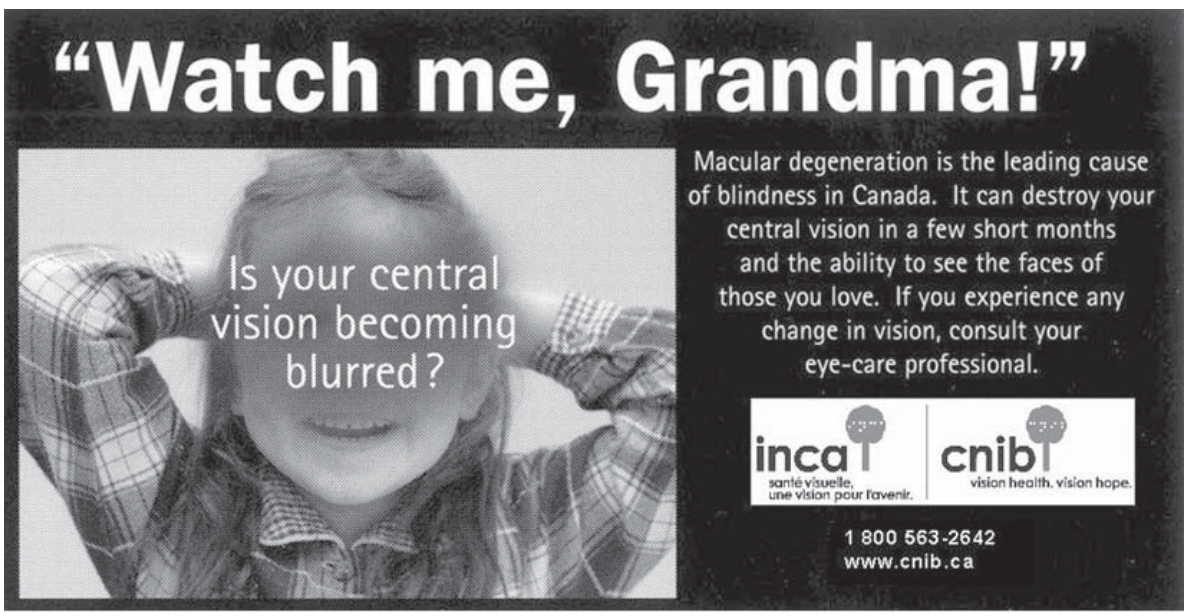
at Encan Coaticook
7726 Route Louis S. St-Laurent (between Coaticook & Compton)

TRACTORS: J.D. Compact #4600 with cab and #460 bucket, 4X4, 4877 hours, 2 oil outlets, 44.18-20 tires, hydro 40 hp transmission; 2011 Mahindra #3616, 550 hours, 1 rear oil outlet, 8X8 transmission with 2 ranges, farm tires and loader with bucket; 2007 MF #S0256 7.5' backhoe; 1985 MF #250, 50 hp, 2 wheels, 1 oil outlet; 2001 Dodge Ram 2500 Quad Cab 4X4, V10, 5 speed manual transmission, 230,000 km, mechanics in good condition, hitch in box.
MACHINERY: From one producer, Ferme Lumar: Case #5220 tractor with cab, 4X4, 8000 hours, 2 oil outlets, with Alo #660 bucket, 3rd function; Acro Hitch round bale claws; Taarup #7517 wrapper, 7 years, fully automatic; Pottinger Eurotop #421A rake; N.H. #570 baler with bale carrier; Case RBX453 round bale baler, silage; 6' plough, 3 points; 9' dirt roller with road wheels; Katolight generator, 40,000 watts on 1000 turns; Trans Guard wood winch. **From one producer, Suzanne Tremblay: (complete strawberry and vineyard production equipment)**: Landini #6530 winegrower tractor with cab, 4X4, 2 oil outlets in front and rear, 4 crawling speeds, 62 hp; J.D. #8250 grain seeder, 15 disks; 3 flail mowers, 5', 4' and 4' 3 points on unloading wheels; 2-seater strawberry seeder and weeder, one row, 3 points with fertilizer spreader; straw spreader for strawberries; wood splitter, 3 points with pump; lateral straw shredder for large square bales with conveyor; metal construction scaffolding with platform; Normand #N72 snow blower; 3 pt fertilizer spreader; 2 trailers, 3X4, 3X5; 4X8 dumping trailer, tandem; 6X10 metal trailer; 5' bucket with 3 cylinders; Tifone #532 sprayer, 3 pts; 2 Suzuki Hunk Quad 4-wheelers, baskets, 300 cc; David Brown 3 pt backhoe; M.S. electric sprayer, 30L on rear wheels; 2 8' harrows, 3 points, one disk and one spring; 4' brush hog, 3 pts; 500 metal posts, 6X10.
MOWERS: J.D. Moco #930 disks; J.D. #1460, 10' conditioner. **HARVESTERS:** Dion Heston #7500 with hay attach and Hydro chute; J.D. #3970 with hay and corn attach, 3 rows. **HAY BALERS:** Laverda FB12.12 for square bales; Claas #250 and #66 round; MF 224 with MF 212 bale carrier. **WAGONS:** 18' for hay with wooden rack; Normand 26' with rack, 8 wheels; for wood, tandem 12' (removable box). **NEW INVENTORY SURPLUS:** 3 SpeeCo wood splitters; 2 9" picket drills; round bale pic; Wallenstein BX72R chipper. **OTHER MACHINERY:** 2 Dion #1016se silage boxes with frame and 18' FarmKing with 6-wheel wagon, 2 years; Kuhn #218 6' rototiller; Case Inter #735 plough, 5 furroughs; 4' straw cutter; New Idea #244 solid manure spreader, tandem; Inter #720 forage harvester, hay and corn attach; 2 disk harrows, JD 210 #3610 and Int (32); 2 roller harrows, semi-mounted, MF #520, 32 rollers, and JD #637 48 rollers; Pro-Jet 16' manure pump; MS R1915 500 gallon sprayer on wheels; Kuhn #4121 hay rake; dumping trailer 6' X 10'; Int. 80' snow blower with cylinder; MF silage blower. **VARIOUS EQUIPMENT:** 4 sets double wheels: 2X T-rail 18.4R-34 and 20.8R-38, 19.6R-30 with hook, 14.9-24; 3 insulated double troughs, pallets; 30' hay manger, V-form on wheels, metal trailer for ATV; round bale pick for tractor bucket; 2 portable 36" fans; 15 farm fans different sizes; rock fork with 7' grapple; lot of pickets; **many small tools, new and used.**

Many other items will be added to this list; **list subject to change without notice.**

TERMS: cash or cheques from known buyers only.
Canteen on the premises! Everyone welcome!
*The site will be accessible as of Wednesday, April 5.

For information, call us at 819-849-3606
Some photos are available on our website at www.encansawyerville.com



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CLASSIFIED

2-DAY AUCTION
Antiques, furniture & collectibles from the collection of HELEN F.M. ARMSTRONG
Sale to be held at the
Richmond Community Center
820 Gouin Street, Richmond Quebec
Saturday & Sunday April 1 & 2, 2017
at 9:30 a.m. each day

To be sold: Walnut buffet w/ burled walnut panels & beveled mirrors; Empire style bird's eye maple & cherry chest of drawers; 19th century marble-top butternut chest of drawers & matching double bed; Victorian 5-tier whatnot; Walnut dining room table; Drop-front secretary; Oak shaving stand; 2 grandfather clocks; Roll-top letter holder; Victorian parlor set; Ile d'Orlean chair; Walnut music stand; Weber upright piano; Great selection of clocks; Boston rocker; China cabinet; 1930's Mickey Mouse doll; Toys; Quebec fiber board license plates; Old money & coins; Advertising thermometers, tins & signs; Horse brass; Automobilia from the 1950's & 60's; Collection of approx. 80 Edwardian hat pins with holder; Nice selection of artwork including: Massicotte prints, oil paintings & lithographs; Cranberry lamp with prisms; Birks sterling & silver plate flatware; Bennington & Portneuf pottery; Limoges set of dishes for 6; Lovely selection of glassware, crystal & porcelain plus many more interesting items.

Note: This will be the complete dispersal of not only Helen Armstrong's personal collection but also the **contents of the Armstrong's family home in Richmond.** Plan to be with us for this exceptional sale!

Preview: Friday, March 31 from 5 p.m. to 7:30 p.m. and starting at 8 a.m. on the morning of the sale each day.

Terms: Cash, credit cards or cheques accepted with proper identification. A 5% buyer's premium and applicable taxes will be charged on all purchases. Canteen, washrooms, chairs and ample parking on site.

For further information and pictures please refer to our website and Facebook page or feel free to contact the auctioneers.

BSB

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CROSSWORD

Across
1 Serious service
5 Toaster opening?
10 Moxie
14 Settled down
15 Treasure
16 Crop, say
17 Taboo
18 Parade instruments
20 Unused car using some 56-Across?
22 It can be bid
23 Coin toss winner's option
27 Large Eurasian group
31 Very, to Puccini
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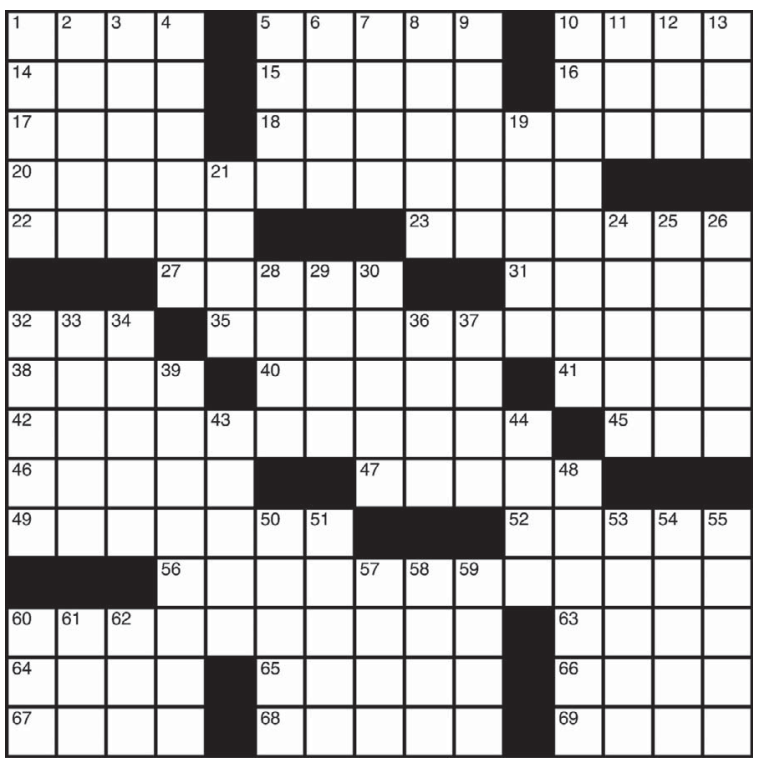

Separation: Busy Mind, Lazy Heart

It seemed to be the right thing to do
at the time,
My busy mind took over and left me
a lazy heart,
And now, I feel you still dwell in me,
in ways so sublime,
I crave for you, deep within, and it is
tearing me apart!

I should never have let my mind
take possession,
Thinking this and that, not listening to your love's calling,
My mind destroying, choking out
love's obsession,
Viewing you wrongly, treating you
in ways so appalling!

So my suspicious thoughts having
left me with an ailing love,
A love that is but a memory for my
mind, while life stinks,
As I go on with a heart for you in
life's push and shove,
I work on understanding what my
heart feels – not what my mind
thinks!

G.L. Brown

Humanity: Write Me A Country Song

Write me a country song,
Open my heart;
I've not loved for so long,
It's tearing me apart.

This world is full of the wrong
words
Calling each other names
Things like idiots, jerks and nerds
And it's not in play full games,

The world needs a special song
To unite hearts for understanding
So many things can go wrong
With improper thoughts and handling:

Songwriter, songwriter, use your
best rhymes,
Let the deepest of your heart recite –
Adapt it to the turmoil of our times,
Bring sunshine to our heartless
plight!

G.L. Brown

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Are you in need of healthcare sevices?

A quick guide to help you find your way...

The CIUSSS de l'Estrie – CHUS wants to inform the public that a quick orientation guide on healthcare services is now available. The objective of this guide is to help people find the appropriate services to meet their needs.

It contains a list of suggestions to avoid the emergency room and consider other options: Info-Santé, Info-Social, consulting your pharmacist, family physician, a walk-in clinic, a youth clinic, etc.

In addition, you will find information about refilling your prescriptions, getting vaccines, getting forms filled for the Société de l'assurance automobile, etc. The locations of service points in your area as well as other important contact information is also provided in this guide.

"We encourage people to consult this guide to be able make better decisions for their health and find the appropriate resource to help them," explained Lyne Cardinal, Director of General Services with the CIUSSS de l'Estrie – CHUS.

The quick guide is enclosed in this edition of your newspaper. We invite you to keep it and refer to it as needed.

TO IMPROVE

the accessibility, safety, efficiency and continuity of health care and services

The CIUSSS de l'Estrie – CHUS wants to provide a pleasant experience to users receiving care in its various services. To continually improve the health care and services provided, the institution favours an attentive approach focused on the needs of users.

With this in mind, the CIUSSS de l'Estrie – CHUS invites users to express their dissatisfaction with services or care received and report it to the appropriate staff member. Expressing discontent, frustration, or disappointment with regards to services received or another aspect of the organization (e.g. physical facilities, waiting time at reception, etc.) makes it possible to adjust services and methods accordingly.

The situation may also lead the user to file a complaint. Filing a complaint is a constructive step that ensures that user rights are respected and helps improve the quality of health care and social services.

Do not hesitate to contact the Complaints and Quality-of-Service Commissioner by calling **1-866-917-7903** or sending an e-mail to **plaintes.ciussse-chus@ssss.gouv.qc.ca.**

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- **to receive the necessary care for your condition**
- **to consent to or refuse care**
- **to be accompanied, assisted and represented**
- **to housing**
- **to receive services in English**
- **to access your user file**
- **to user file confidentiality**
- **to lodge a complaint**

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March 31, 2017

The Townships Outlet

Linking the Townships' 41,000-member English-speaking community

BU Singers back by popular request

By Gordon Lambie

Taking the decades-worth of different themes that the Bishop's University Singers have covered in their concerts into account, it's a wonder the idea didn't come up sooner. This weekend as the school choir takes to the stage for its annual spring concert, the task that stands before them is to faithfully present the fan favourites in a performance simply entitled "By request."

"People are so nice to come out and support us, so we thought we could do a show with their requests," explained the Singers' Director, Fannie Gaudette. "It was like opening Christmas presents; songs we would never have thought of or just things we didn't know."

The requests were submitted via the choir's new website after it launched in mid-December which, Gaudette admitted, was a bit late to be coming up for a concept to guide the spring show. The last minute nature turned out to be a good thing, however, when it became clear just how many requests there were out there.

"We received more than 200 requests over the Christmas break with very little advertising," the choir director said,

CONT'D ON PAGE 2

KATE MORRISON

In keeping with the spirit of past spring performances, the director said that the 2017 concert will present its audiences with a broad mix of musical styles.

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BU Singers

Cont'd from page 1

explaining that the ideas went straight into her email inbox, and came from all over the place. "A lot of Bishop's Singers alumni sent in requests," she added, noting that in a lot of cases these were the best options because, "people who have been in the group, they know what sounds good for this type of group."

After sorting through the suggestions and trying to match up the options with the musicians and soloists available, something Gaudette said involved a lot more work than their usual process, the program for the weekend performances includes works by artists like The Beatles, The B-52s, Lady Gaga, James Taylor, and Eric Whitacre among others.

"We were thinking that people would suggest a lot of songs that we've done in the past, and we got some, but there's a lot of new material," the director said, explaining that the organizing team had pared the list down to 75 options by the time soloists were auditioning at the start of the semester. The final decisions, she said, were made based on what voices and musicians were on hand in order to produce the best matches possible. "Not all repertoire is suited for a big group," she noted.

The choir is also continuing its recent tradition of inviting past members back for feature solos. This year's special guest artist is Eastern Townships singer/songwriter Kate Morrison, who was a member of the singers when she attended the university in the 1980s.

"For me it's a dream come true," Morrison reflected. "I am moved to be back at Bishop's."

The singer/songwriter will be performing two songs with the Singers, one of which was completed specifically for this concert.

"I think every experience in life helps us move forward," Morrison said, explaining that she began writing the song for a choir, generally, years ago but finished it with this specific choir and performance in mind. "For me everything that I do may turn up somewhere along the way in a song."

Asked about how her experience with the BU Singers had influenced her as a musician, the singer/songwriter said that she feels music has always been a major part of her life.

"I remember experiences in my life through songs that were popular at the time," she reflected. "Working with the choir and Fannie and the musicians; it's a unique experience and it's really, really positive

"Kate is such a generous soul," Gaudette said, explaining that while she had known of Morrison's work, she had never met or gotten to know the choir alumnus until they worked together on the "Back to Graceland" fundraiser last fall.

"She showed me this song, "To all of you," that she recorded on one of her albums," the choir director recalled. "She has some backup singers on that song, but it just calls for a big gospel choir."

Gaudette called Morrison a fantastic singer filled with raw emotion and said that her music was perfectly suited to the choir show.

In keeping with the spirit of past spring performances, the director said that the 2017 concert will present its audiences with a broad mix of musical styles. In a mix of songs that is both serious and funny, Gaudette highlighted efforts to pay tribute to George Michael and Leonard Cohen as well as a couple of silly dance numbers.

While the choir director sang the praises of the upcoming show as a whole, she was particularly excited about the work that has gone into the concert's most requested song: Bohemian Rhapsody by Queen.

"It was requested by more than 20 people," Gaudette said. "The guys in the band are having a lot of fun with that song. It's really fun to play."

With the concert always being a balance between small group numbers, solo performances, and full choir songs, Gaudette said that she worked hard to ensure that this year's show kept the full choir at the heart of the show.

"It's a choir show, so you want the choir to sing in as many songs as possible," the director said, specifying that the choir sings in 20 out of 25 songs. "We have a smaller group this semeseter, but they're just as loud and powerful," she continued, adding, "for us it's a smaller choir, but 65 singers is still a big choir."

Although Gaudette was quite clear that coordinating the shows every semester is a massive task fraught with uncertainty and organizational challenges, she also emphasized that the whole experience is worth it when things all come together.

"Our audience often wants to come back, and I realize from people asking me at Provigo that they kind of get to know the singers from concert to concert," She said, reflecting on the strong connection that the choir has developed with the local community. "They like to follow the evolution of the students."

COURTESY

Past performances of the BU singers

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The concerts will be featuring many exceptional students soloists. Julia Blundon is one of them.

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9th Annual Dandelion Run

DERBY, VERMONT

The Dandelion Run is back on May 20, 2017. Underwritten by Community National Bank and hosted by Kingdom Games, The Town of Derby, and Siskin-Coutts. The run offers varying distances from 1 mile to a half marathon on dirt roads through the "world famous" dandelion fields of Morgan, Holland and Derby. It is held in honor and memory of Terri Weed, a 15-year-old girl who was murdered on May 21, 1981. 20% of all adult registration fees are dedicated to support Umbrella and its advocacy and support of victims of violence.

"The Dandy" is held in conjunction with the Dandelion FiddleFest celebrating "High Spring" in the Northeast Kingdom, a time when the dandelions are at their peak. As in previous years, Reckless Breakfast, a contemporary blue grass band will be playing at the corner of Dumas and Hayward Hollow Roads. Champion master fiddler, Scott Campbell will be playing at Route 111 and the North Gore Road. Patti Casey of Montpelier will be back at the corner of Route 111 and Dumas Roads. Courtney Drew, an 18-year-old fiddler from Quebec will be playing at the 1 mile turnaround. Rick Geisel. Don Houghton, and Terri Churchill will be paying at other locations along the course. Many of these musicians (and more) will be playing at The EastSide's Dandelion Fiddlefest, which features Reckless Breakfast and Scott Campbell and Friends on Friday and Saturday evenings, and a judged fiddlers contest with cash prizes on Saturday afternoon.

The running and walking options include 13.1 mile, 10 km, 4 mile, 2 mile and 1 mile distances. The age of runners and walkers typically ranges from 4 years old to 80 years old. Each year many local schools field teams of young runners and we are always looking for more schools to be represented.

Last year, Community National Bank helped organize the first 4 mile walk, which was very popular and which we expect will grow.

The Dandy is widely recognized as one of the top running races in Vermont: beautiful, challenging, and fun. It has been featured several times in Vermont Sports Magazine and was named one of the best events in Vermont by Yankee Magazine in 2011. Already runners have been signing up from California, Oklahoma, Florida, North Carolina, New York, Massachusetts, New Hampshire, all over Vermont, The Eastern Townships of Quebec, Quebec City, Montreal, and Ontario.

On line registration is open at www.dandelionrun.org

DON WHIPPLE

PHIL WHITE

Dance and other delights

The Sursaut Dance Company invites you to take part in its fundraising event Dance and Other Delights, an epicurian evening of artistic and gustatory pleasures. Performances, music, wine, local gastronomy... Delights to enjoy in all conviviality! And why not let loose a few dance steps! April 12th, 2017, 5:30 PM

Centre des arts de la scène Jean-Besré, Sherbrooke. Guest of Honour : Louise Lecavalier. Hosted by Sylvain Dodier

Ticket : $125,00 (A receipt in the amount of $100,00 for tax purpose will be issued)

Informations :819-822-8912 info@sursaut.ca | www.sursaut.ca

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THE RECORD

TALK

MARCH 31 - APRIL 6, 2017

Little Big Town introduces new album 'The Breaker'

COUNTRY CONNECTION

JESSIE PELLETIER AULIS

Little Big Town's new album titled The Breaker has been in stores for a few weeks now. This eighth album came so quickly after their last, 2016's Wanderlust that it makes you wonder why.

Wanderlust was totally different from what they had done since their debut, so one could think that it was meant to reassure the fans who have been following the Alabama country group since their debut.

The 12-track album The Breaker was produced by frequent collaborator Jay Joyce and offers a great mix of the fun with less happy. It is very hard to find singers who can deliver harmonies like Little Big Town and this new album continues to showcase their staying power.

While the first part of the album proves to be feel-good melodies, perfect for a summer road trip, the second part finds the band more introspective and at times somber. Every track bares LBT's stamp and appeals to the listener's emotions, happy or sad.

Little Big Town provides the best harmonies since the Dixie Chicks. The four dynamic vocalists have mastered the art of holding back or letting loose, when it is required. They have four distinct voices and they seem to be able to use them to their advantage.

This album continues in the tradition of their creativity, showing the wide range of talent they possess.The standout, colorful and catchy 'Happy People' kicks off the album. Written by Lori McKenna and Hailey Whitters, the song is about a world of happy people, folks who don't lie steal or cheat.

The song could be an excellent follow up to their third No.1 single, the Taylor Swift-penned ballad 'Better Man'. In Karen Fairchild's hand, the song 'Happy People' really comes to life.

She sings 'Well life is short and love is rare and we all deserve to be happy while we're here.' All of us can easily relate to this sentiment, as once again McKenna shows her ability as a songwriter, to find lyrics that can leave a mark.

There's a nostalgic feel in 'Free,' written by tunesmiths such as McKenna, Barry Dean, Natalie Hemby and Luke Laird, about looking back on childhood memories. 'We work so hard to have it all/when all the things we want are free,' they sing.

There's the soaring 'Night On Our Side' and the distinctive 'Lost In California' which showcases Little Big Town's flawless harmonies. The intimate, thoughtful 'We Went To the Beach' offers a different song structures, but is still a potential hit and features an electrifying guitar solo.

Writers McKenna and Hillary Lindsay ('Girl Crush') are back with a will to achieve and they do big time. This is some of the best material Little Big Town have ever cut. 'The Breaker', also the title track of the album is beautiful.

The Brothers Osborne penned this song about making hard decisions and the consequences that come with it. 'I shot the stars out of your sky/took the love right from your eyes/and I did it all knowing/ you thought I was the hero of your heart/but I turned out to be The Breaker.'

Fairchild, Schlapman, Sweet and Westbrook only wrote three songs on this album, but sadly they are not the best material found here. 'Don't Die Young, Don't Get Old' and 'Night On Our Side' bring some of the album's peculiar moments.

But these two numbers are still pleasant to listen to. As for the rest of the album, Lori McKenna's collaboration add more maturity to the project while long-time producer Jay Joyce is nothing short of inspired.

Different from the heavier, hastier cuts 'Rollin'' and 'Drivin' Around', the ballads offer an adult-contemporary mood, directing the focus directly on the solid lyrical content. Little Big Town is a group whose music is ageless, and it's always easy to recognise them when you are listening to radio.

The new album is softer, quieter, than any album they've released. Instead the group will charm you with their vocals and harmonies. Their decision to go for a more mature sound pays off big time. It just might be their strongest album to date.

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"Star Trek' wax figures get new mission: helping museum

By Robert Jablon
THE ASSOCIATED PRESS

The starship Enterprise has a new five-year mission: to boldly go and raise money to help a quirky museum live long and prosper.

The Hollywood Science Fiction Museum recently took possession of life-sized wax figures of all seven crew members from the original "Star Trek" TV series, including Capt. Kirk.

The figures and a replica of the Enterprise bridge had spent a decade in storage.

"This is kind of a holy grail of Trek fandom," museum founder Huston Huddleston said in an online museum video.

The figures were crafted for the Movieland Wax Museum, a Buena Park tourist attraction. Around 10 years ago, the defunct museum auctioned off its contents, including the figures that had drawn generations of Trekkies.

"As far as anyone knew, it was lost," Huddleston said Wednesday of the Trek tableau. "It was either in a rich person's house and never seen again, or it was destroyed...nobody knew."

In fact, the intrepid crew had been rescued.

At the museum auction, Steve and Lori Greenthal ponied up $40,000 for Kirk, Spock, Sulu, Uhura, Dr. "Bones" McCoy, Chekov and Engineer Scott.

They wanted to keep the set from being broken up.

"We took them home and put them in our dining room," Lori told the Orange County Register (http://bit.ly/2nkPdRq).

Steve didn't like the way their life-like eyes stared.

"We put paper bags over their heads," he said.

Steve called a buddy, Chris Liebl of Anaheim, and they hatched a plan to make money from the figures. Liebl offered to pay half the purchase price and together they spent another $40,000 building a 20-by-30-foot mockup of the Enterprise bridge, complete with sounds effects from the TV show.

They took the set to Las Vegas for a 40th Star Trek anniversary gathering and sold about 800 photographs of people posing with the figures. George Takei, who played Sulu, and Nichelle Nichols, who portrayed Uhuru, even stopped by to pose with their alter egos.

But the venture didn't make money and the setup was cumbersome.

So the figures eventually were dismantled and the wax heads and hands placed in cold storage. The bridge set was stored in a hangar at the Fullerton airport.

However, the airport now needs the hangar for other things.

Three months ago, the owners donated the set and its wax crew to the museum. On a recent weekend, they held a party to say goodbye.

"I've been on an emotional roller coaster," Lori Greenthal told the Register. "I'm happy they're going to be together and on display. It brings such joy to so many people."

The museum held a successful Kickstarter campaign to pay for about $14,000 to cover the expected costs of restoring the figures.

"Most of them are great shape," Huddleston said. "The only damage is their hair was messed up over the years and also 30 years of really harsh light on them had made their paint fade off."

Spock's figure already has been restored. Among other things, that meant removing a "terrible, tacky wig" that someone had stuck on top of the figure's original hair, which was composed of individual strands painstakingly punched into the wax, Huddleston said.

The non-profit museum, which has no permanent home, plans to take the figures on a five-year North American tour beginning later this year in Los Angeles, Huddleston said.

The tour will help raise money to give the museum a home in North Hollywood.

Meanwhile, the Spock and McCoy figures will be introduced at the Wondercon convention in Anaheim that begins Friday, Huddleston said.

Huddleston called the figures "true pieces of art."

CANADIAN PRESS

In this Saturday, March 25, 2017 photo, Steve Greenthal puts on the head of his Captain Kirk wax figure at the Fullerton Airport before donating them to the Hollywood Science Fiction Museum in Fullerton, Calif. The figures were purchased when the Movieland Wax Museum in Buena Park went out of business. The figures are being restored for a five-year tour to raise money to get the museum a permanent home

Little Big Town

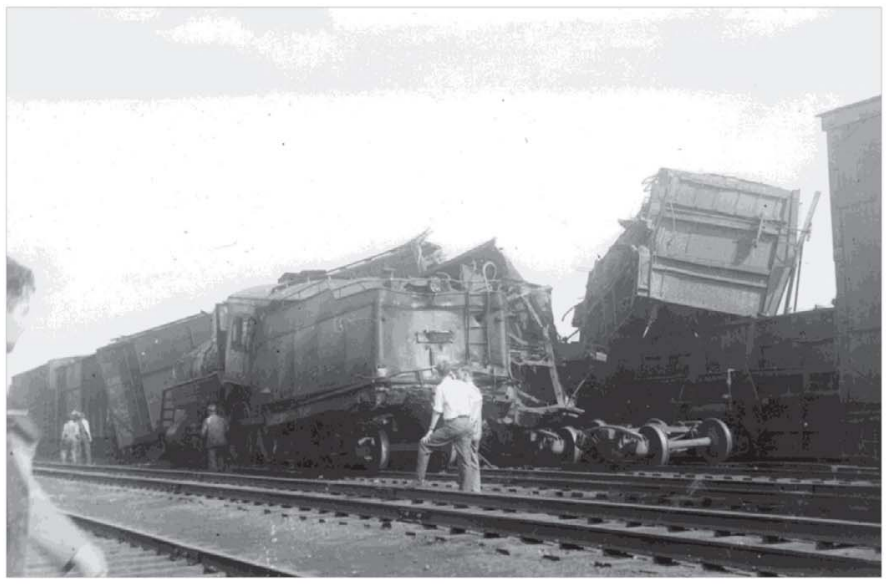
CONT'D FROM PAGE 4

It looks like they might be aiming for arenas instead of the Grand Ole Opry. That's what it sounds like in brash moments like the big shouted chorus at the beginning of 'Drivin' Around,' 'Night On Our Side,' you also find some arena moments all over 'Rollin',' a crushing rocker that slowly turns into a gospel testimony.

This is a great album to add to your collection but it might not be the ideal record if you are a fan of old country music. Still there's a possibility you will like it anyway because of the so perfect harmonies.

Did I mention what a great songwriter Lori McKenna is and what an asset she is for the country singers out there?

GLIMPSES OF THE PAST



Carmen Fortier Fonds. Sherbrooke Historical Society

On the morning of September 19, 1942, a train coming from Island Pond collided with a freight train (cargo train) that was parked on the siding at the Canadian National train yard on Dépôt Street. The collision was extremely violent. One of the freight train's three cars was thrown several feet in the air before landing beside the train tracks.

INTERESTED BY HISTORY ?

Visit the bilingual exhibit, *Sherbrooke, a Place to Call Home, presented in the Andrée-Désilets room of the Sherbrooke Historical Society.*

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Britain's young royals promote conversation on mental health

The Associated Press

Prince William, his wife Kate and his brother Prince Harry are spearheading a campaign to encourage people to talk openly about mental health issues.

The young royals released 10 films Thursday as part of their Heads Together campaign to change the national conversation on mental health.

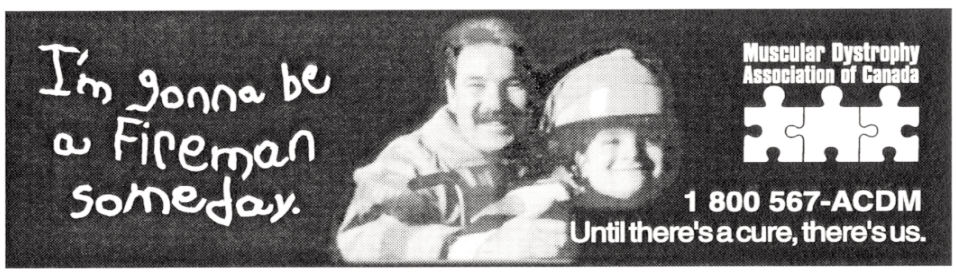
The videos feature celebrities and members of the public talking about the breakthrough conversation that helped them come to terms with their mental health problems.

The former England cricket captain Andrew Flintoff and former Prime Minister Tony Blair's spin doctor, Alastair Campbell, are among those seen speaking about their experiences of anxiety or depression.

The royals said in a statement they hope the stigma surrounding mental health problems can be lifted. They urged people to talk more openly about these issues.

"When you realize that mental health problems affect your friends, neighbours, children and spouses, the walls of judgment and prejudice around these issues begin to fall," they said.

The films can be viewed on the Heads Together website and YouTube page and are promoted on Facebook, Twitter and Google.



What's On

Music

Every Saturday

Come square dance with us every Saturday at the **Beebe Town Hall**, 72 Main St., Stanstead (Beebe), from 7 pm. to 11 p.m. Info: 819-876-2021.

April 1

Dance at the Ramana Hotel (former Crete's) in Sawyerville on Saturday, April 1 from 8 p.m. to midnight. Music by **The Country Swingers. Admission $8**. All welcome.

April 1

The Newport Area Community Orchestra presents **an evening with Gregory Douglass,** featuring Tod Pronto, on Saturday, April 1 at 7:30 p.m. at the **Haskell Opera House in Stanstead. $20.** Tickets available via www.picatic.com

April 1

Saturday, April 1 at 3 p.m. at **St. Elizabeth's Church (3115 Capelton Road, North Hatley) ESTRIA** presents the students of the chamber music classes of Pauline Farrugia (Bishop's University) and Carmen Picard (Université de Sherbrooke). **ADMISSION IS FREE and everyone is encouraged to come and support these young and talented musicians.** More information at: www.sainteelisabeth.ca

April 1

On Saturday, April 1, **Burroughs's Falls Reception Hall will once again be hosting a "SPRING FLING" Country Music Appreciation Jamboree**, from 1 to 7 p.m. The event will include hours of continuous live country music along with a buffet (starting at 4 p.m.). We have a great country music show lined up and joining us will be "The Country Swingers" The Country Music Appreciation Jamboree series mission is to encourage and support our local professional musicians; the door money will be divided up equally amongst the scheduled participating musicians. Because of the rapid success Volunteers are greatly needed. Admission, **advanced tickets $10 or $12 at the door.** For more information, e-mail: stanmckelvey@gmail.com or call Gale at: 819-876-7376.

April 1

5th annual Jamboree for the benefit of the Children's Wish Foundation will be held on Saturday, April 1 at the **Stanstead Legion** from noon to midnight. Hot dogs and hamburgers will be available to purchase. **Admission $10. All proceeds donated to the Children's Wish Foundaton.** For more information contact the Stanstead Legion at 819-876-5844. Please come out & support such a worthy cause.

Continued on page 12

WEEKDAY MORNING

	Bell	Star	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
WCAX 3	-	-	Channel 3 News Morning		CBS This Morning				Rachael Ray		The Doctors		The Price Is Right	
WPTZ 5	-	-	NBC5 News Today		Today				LIVE with Kelly		Today's Take		Today	
CBMT 6	206	301	Daybreak		Super Why!	The Moblees	Arthur	Daniel Tiger	(:10) Poko	Bookaboo	Cat in the Hat	Daniel Tiger	Dragons' Den	
CHLT 7	107	718 F	Salut bonjour (N) (SC)								(9:59) Denis Lévesque (SC)		Le tricheur	Mario Dumont
		M									(9:59) Deux filles le matin			
		T												
		W												
		Th									(9:59) Ça finit bien la semaine			
WMTW 8	-	-	WMTW News 8 at 6am		Good Morning America				LIVE with Kelly		Steve Harvey		The View	
CKSH 9	108	-	Caillou	Jack et	Annedroïdes	Salmigondis	Kate	Mécanimaux	Var. Programs	Marina Orsini			Ricardo	Silence
CKMI 11	-	-	Global News Morning						Morning Show	Huntley Str't	You Gotta Eat	Chuck-Day Off	Income Prop.	Security
CFCF 12	205	312	Your Morning						LIVE with Kelly		The Marilyn Denis Show		The View	
WVNY 22	-	-	Local 22 News This Morning		Good Morning America				The Dr. Oz Show		Paid Program	Hot Bench	The View	
WUTV 30	-	-	Paid Program	Paid Program	Var. Programs	Paid Program	Paid Program	Friends	The 700 Club		The People's Court		Maury	
CFKS 31	106	726 F	Vidéoclips				Atomes croch	Histoire	Les infos (N)		Guerre-clans	Espace découvertes (N)		CSI: NY (SC)
		M						Il est écrit						La Bible
		T						Infopublicité						
		W												
		Th												
WUHF	-	363	Paid Program	Good Day R	Good Day Rochester		Good Day Rochester		Judge Mathis		The Wendy Williams Show		Jerry Springer	
WETK	-	-	Classical Strt	Arthur	Wild Kratts	Ready Jet Go!	Nature Cat	Curious	Daniel Tiger	Daniel Tiger	Splash	Sesame Street	Dinosaur Train	Peg Plus Cat
WCFE	-	-	Wild Kratts	Odd Squad	Curious	Curious	Daniel Tiger	Daniel Tiger	Splash	Dinosaur Train	Super Why!	Sesame Street	Thomas & Fr.	Arthur
A&E	615	520	Paid Program	Paid Program	Parking Wars	Parking Wars	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Varied Programs			
BRAVO	620	523 F	**Motive** A self-defense case.		**The Listener** "Caged In"		**"Eight Days to Live"** (2006) Kelly Rowan.				**The Listener** "Caged In"		**Motive** A self-defense case.	
		M					**Lost Letter Mysteries** A man receives devastating news.							
		T					**"Lost Letter Mysteries: From Paris With Love"** (2015)							
		W					**Lost Letter Mysteries** "Truth Be Told"							
		Th												
CNN	500	500	Chris and Alisyn		Chris and Alisyn		Chris and Alisyn		CNN Newsroom With John		CNN Newsroom With John		At This Hour With	
DISC	520	505 F	**Daily Planet** (DVS)		**How It's Made**	**How It's Made**	**Mighty Ships** "USNS Comfort"		**Mayday** "Choosing Sides"		**Mighty Trains** "The Ghan"		**Mighty Ships**	
		M									Jade Fever	Jade Fever		
		T									Highway Thru Hell			
		W									Edge of Alaska			
		Th					Mighty Cruise Ships				Deadliest Catch			
HIST	522	506	Canadian Pickers		Ice Road Truckers		Varied Programs						Ice Road Truckers	
RDI	126	730	(5:00) RDI matin							RDI en direct				Isabelle Richer
SHOW	616	521	Haven		Lost Girl		Movie				Movie			
SLICE	601	562	ET/Canada	Property Virgin	Movie	Varied Programs								
SPIKE	628	584	Paid Program	Paid Program	Paid Program	Var. Programs	Paid Program	Paid Program	Varied Programs					
TLC	521	560	What Not to Wear		Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Varied Programs				Hoarding: Buried Alive	
TSN	400	400 F	SportsCentre		SportsCentre		SportsCentre		SportsCentre		SportsCentre		SportsCentre	
		M												
		T											2017 World Men's Curling	
		W											Augusta National	
		Th												
YOUTH	551	542	Just Kidding	Just Kidding	Counter	Loud House	SpongeBob	Almost Naked	Make It Pop	Stanley Dyn.	Mr. Young	Assembly	Assembly	Game On

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WEEKDAY AFTERNOON

	Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX 3	-	-	Across/ Fence	The Young and the Restless		Bold/Beautiful	The Talk		Let's Make a Deal		Dr. Phil		Channel 3	The: 30
WPTZ 5	-	-	NBC5 News	Day Jeopardy	Days of our Lives		Harry		Steve Harvey		The Ellen DeGeneres Show		NBC5 News	NBC5 News
CBMT 6	206	301	CBC News Network		Grand Designs		The Goods		Heartland		Bondi Vet	Var. Programs	Murdoch Mysteries	
CHLT 7	107	718	(:02) Le TVA régional		Movie			Var. Programs	TVA nouvelles	Les feux de l'amour		Top modèles	(4:55) TVA nouvelles	
WMTW 8	-	-	The Wendy Williams Show		The Chew		General Hospital		The Ellen DeGeneres Show		WMTW News 8 at 4pm		WMTW News 8 at 5PM	
CKSH 9	108	-	F Telejournal	4 et demi ...	4 et demi ...	Gars, fille	Downton Abbey (DVS) (SC)		Downton Abbey (DVS) (SC)		Entrée principale (N) (SC)			Silence
			M	Viens-tu faire un tour?			Downton Abbey (DVS) (SC)			Mr. Bean				
			T	Les échangistes (SC)			Downton Abbey (DVS) (SC)							
			W				Downton Abbey (DVS) (SC)			Mr. Bean				
			Th				Downton Abbey (DVS) (SC)		Downton Abbey (DVS) (SC)					
CKMI 11	-	-	Global News	ET/Canada	Days of our Lives		The Talk		Rachael Ray		Millionaire	The Young and the Restless		Global News
CFCF 12	205	312	CTV News Montreal		The Social		Dr. Phil		Hot, Cleveland	Hot, Cleveland	The Ellen DeGeneres Show		The Dr. Oz Show	
WVNY 22	-	-	Paid Program	Hot Bench	The Chew		General Hospital		The People's Court		Judge Judy	Judge Judy	Judge Judy	Judge Judy
WUTV 30	-	-	The Steve Wilkos Show		Steve Harvey		Judge Mathis		Jerry Springer		Maury		Family Feud	Family Feud
CFKS 31	106	726	La Bible	Movie				Movie				Les Simpson	Les Simpson	Guerre-clans
WUHF	-	363	The Steve Wilkos Show		Maury		Judge Judy	Divorce Court	Hot Bench	Hot Bench	Judge Judy	Judge Judy	The People's Court	
WETK	-	-	Super Why!	Thomas & Fr.	Sesame Street	Charlie Rose		Curious	Nature Cat	Ready Jet Go!	Odd Squad	Wild Kratts	WordGirl	World News
WCFE	-	-	F Nature "Yosemite"		Underground	Nature Cat	Ready Jet Go!	Wild Kratts	Dinosaur Train	Curious	Splash	Odd Squad	Daniel Tiger	Cat in the Hat
			M Antiques Roadshow		Love Quilting							Homework		
			T Globe Trekker		Rick Steves									
			W Autism: Behind the Camera		Cooking									
			Th Secrets of the Dead (N)		Mountain Lake									
A&E	615	520	Varied Programs										The First 48	
BRAVO	620	523	Relic Hunter		Lost Letter Mysteries				Relic Hunter		Blue Bloods		Criminal Minds	
CNN	500	500	Inside Politics		Wolf		CNN Newsroom		CNN Newsroom		The Lead With Jake Tapper		Situation Room With Wolf	
DISC	520	505	F How It's Made	How It's Made	Mayday		How It's Made	How It's Made	Vegas Rat Rods (DVS)		Fast N' Loud "Revved Up"		Fast N' Loud "Opening Bid"	
			M				Naked and Afraid		Naked and Afraid		MythBusters: The Search		How It's Made	How It's Made
			T				How It's Made	How It's Made	Bering Sea Gold		Bering Sea Gold			
			W				Gold Rush "War and Peace"		Gold Rush "Before the Trail"		Jade Fever	Jade Fever		
			Th				Jade Fever	Jade Fever	Moonshiners		Moonshiners		Gold Rush	
HIST	522	506	F M*A*S*H	M*A*S*H	War Junk: WWI "Ypres"		Canadian Pickers "Eye Spy"		American Pickers		American Pickers		M*A*S*H	M*A*S*H
			M		Ice Road Truckers "Hell Nino"									
			T		Canadian Pickers				Forged in Fire		Forged in Fire			
			W						Counting Cars	Counting Cars	Counting Cars	Counting Cars		
			Th		Yukon Gold				Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars		
RDI	126	730	Telejournal	Les ex		L'info avec Julie et Alexis							En direct avec Patrice Roy	
SHOW	616	521	F Lost Girl "The Ceremony"		"Ungodly Acts" (2015) Brant Daugherty, Megan Park.				Rookie Blue "Best Laid Plans"		NCIS "Iced"		NCIS "Untouchable"	
			M		"Driven Underground" (2015) Kirsti Swanson.									
			T		"If I Had Wings" (2013, Drama) Richard Harmon.									
			W		"Storm Seekers" (2009) Daryl Hannah, Dylan Neal.									
			Th		"Like Mother, Like Daughter" (2007) Michelle Stafford.									
SLICE	601	562	Varied Programs											
SPIKE	628	584	Varied Programs											
TLC	521	560	Hoarding: Buried Alive		My 600-Lb. Life		My 600-Lb. Life		Island Medium	Var. Programs	Island Medium	Island Medium	Say Yes	Var. Programs
TSN	400	400	SportsCentre		Varied Programs									
YOUTH	551	542	Ride	Made Up	Just Kidding	Driving Me	Undercover	Numb Chucks	Almost Naked	Nerds	The Penguins	Loud House	SpongeBob	SpongeBob

FRIDAY EVENING — MARCH 31, 2017

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	MacGyver Mac's close friend fakes her own death. (N)		Hawaii Five-0 A wealthy woman is kidnapped. (N)		Blue Bloods An ex-NYPD officer disappears. (N)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N)	
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	Grimm "The End" Nick battles against the ultimate foe.		Dateline NBC "Double Lives" A mother of three goes missing. (N)				NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon	
CBMT 6	206	301	CBC Montreal News (N)	On the Money	Figure Skating ISU World Championships. Ice dance short and women's free programs. From Helsinki, Finland. (N Same-day Tape)						The National (N)		CBC Montreal News (N)	Coronation Street	Backstage Pass
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	Ça finit bien la semaine Marie-Ève Janver. (N) (SC)		Du talent à revendre (SC)		La liste noire "Alexander Kirk: Conclusion" (SC)		TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)	(:35) ★★ "L'oeil du mal" (2008, Action) Shia LaBeouf.		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Last Man Standing	(:31) Dr. Ken	Shark Tank Human-quality pet food business.		(:01) 20/20		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live Bill Hader; America Ferrera.	
CKSH 9	108	-	Le Téléjournal Estrie (N)	Le TJ Extra ICI Estrie (N)	Crescendo Des extraits inédits de la série. (N) (SC)		Prière de ne pas envoyer de fleurs (N) (SC)		Au suivant (N) (SC)		Le Téléjournal (N) (SC)		"L'autre maison" (2013, Drame) Marcel Sabourin, Roy Dupuis. (SC)		
CKMI 11	-	-	(5:30) Global News at 5:30	Global National (N)	ET/Canada	Entertainment Tonight (N)	MacGyver Mac's close friend fakes her own death. (N)		Hawaii Five-0 A wealthy woman is kidnapped. (N)		Madam Secretary A possible mole is arrested. (N)		Global News at 11 (N)	(:35) The Late Late Show With James Corden	
CFCF 12	205	312	CTV News Montreal (N)		etalk (N)	The Big Bang Theory	Grimm "The End" Nick battles against the ultimate foe.		Shark Tank Human-quality pet food business.		Blue Bloods An ex-NYPD officer disappears. (N)		News-Lisa	CTV News Montreal (N)	The Big Bang Theory
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	Last Man Standing	(:31) Dr. Ken	Shark Tank Human-quality pet food business.		(:01) 20/20		Local 22 News (N)	(:35) Jimmy Kimmel Live Bill Hader; America Ferrera.	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	Rosewood A woman's body is found frozen solid. (N)		(:01) Sleepy Hollow "Freedom" (Season Finale) (N)		2 on Your Side at 10 (N)	Seinfeld "The Couch"	Two and a Half Men	Two and a Half Men	Last Man Standing
CFKS 31	106	726	Atomes crochus	Souper parfait	L'arbitre		911 (N)	Code 111 (N)	★★★ "Un homme dangereux" (2009, Action) Steven Seagal, Byron Mann, Marlaina Mah.				Espace découvertes Clodine parle de l'histoire du lait.		Zone Séduction
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	Rosewood A woman's body is found frozen solid. (N)		(:01) Sleepy Hollow "Freedom" (Season Finale) (N)		13WHAM News at 10 on Fox Rochester (N)		2 Broke Girls	2 Broke Girls	Paid Program
WETK	-	-	PBS NewsHour (N)		BBC Newsnight	Vermont This Week (N)	Washington Week (N)	Charlie Rose -- The Week	Great Performances Los Angeles Philharmonic performs. (N)			Rural Free Delivery	Nightly Business Report	Charlie Rose (N)	
WCFE	-	-	World News America	Nightly Business Report	PBS NewsHour (N)		Mountain Lake Journal	New York Now (N)	Great Performances Los Angeles Philharmonic performs. (N)			Harpist's Legacy	BBC World News	Charlie Rose (N)	
A&E	615	520	(5:00) Live PD "Live PD -- 03.24.17" Riding along with law enforcement.				Live PD The best moments from the series. (N)		Live PD "Live PD -- 03.31.17" Riding along with law enforcement. (N) (Live)						Live PD
BRAVO	620	523	"Eight Days to Live" (2006, Drama) Kelly Rowan. A woman races against time to find her missing son. (DVS)				Bones The team investigates a psychic's death.		Bones Investigating a wealthy teacher's death.		Bones The team investigates a bakery.		Relic Hunter "Under the Ice" A virus may infect the planet.		Criminal Minds
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Anderson Cooper 360 (N)		CNN Special Report (N)		Anderson Cooper 360		Cooper 360
DISC	520	505	How It's Made	How It's Made	Daily Planet (N) (DVS)		Tougher Than It Looks	Tougher Than It Looks	Jade Fever "Shut Out"	Jade Fever "Start It Up"	Mayday Ethiopian Airlines Flight 409.		Mayday KLM Flight 4805, Pan Am Flight 1736.		Jade Fever "Shut Out"
HIST	522	506	Airport: Below Zero "Fort MacMurray"		Restoration Garage Alex's ego takes a hit.		Battle Factory	Battle Factory	American Pickers The ultimate coin-op man cave.		American Pickers Rehabbing a '33 Ford Coupe.		Canadian Pickers "Guys & Gas" (DVS)		American Pickers
RDI	126	730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)		Les grands reportages Janine Sutto enchaîne les rôles.		Le Téléjournal (N) (SC)		RDI économie (SC)	Le National (N) (SC)	Le National (N) (SC)	24/60 (SC)	
SHOW	616	521	"Client Seduction" (2014) Ally Sheedy, Rhys Ward. An attorney learns that her client seduced her daughter.				"My Father Must Die" (2014) Elizabeth Gillies. A bitter woman hatches a vengeful scheme against her family.				The Path "Restitution" Mary is pressured to leave. (N)		(:15) ★★ "Ride Along" (2014, Comedy) Ice Cube, Kevin Hart, John Leguizamo.		
SLICE	601	562	Say Yes-Dress	Say Yes-Dress	The Bachelorette Canada Connections grow stronger. (DVS)			First Dates (DVS)	First Dates "Nerd Love"	First Dates "Ghosted"	Sex and the City	(:45) Sex and the City "The Catch"		Sex and the City	Sex and the City
SPIKE	628	584	Cops "Tell It to My Wife"	Cops Stings.	Cops "Indianapolis"	Cops "Houston, Texas"	Cops	Cops	Bellator MMA Live When fighters "Rampage" Jackson and King Mo first met, "Rampage" got a heavily-disputed victory. (N) (Live)						(12:15) Cops
TLC	521	560	Say Yes to the Dress	Say Yes to the Dress	A Haunting "Love Curse"		A Haunting "Face of Evil" A phantom.		A Haunting The Balistreris' daughter hears voices. (N)		Ghost Brothers Claims of apparitions and attacks. (N)		A Haunting The Balistreris' daughter hears voices.		Ghost Brothers
TSN	400	400	SportsCentre (N) (Live)		That's Hockey	Women's Hockey 2017 IIHF World Championship, United States vs. Canada. From Plymouth, Mich. (N) (Live)					SportsCentre (N) (Live)		SportsCentre (N) (Live)		SportsCentre (N)
YOUTH	551	542	"Bruno & Boots: Go Jump in the Pool" (2016) Jonny Gray.				★★ "Nacho Libre" (2006, Comedy) Jack Black.				Game On	Undercover	Assembly	Max & Shred	Bruno

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SATURDAY DAYTIME — APRIL 1, 2017

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	**CBS This Morning: Saturday** (N)				**Lucky Dog** "Aussie"	**Dr. Chris: Pet Vet** (N)	**Innovation Nation**	**The Inspectors**	**Paid Program**	**Paid Program**	**To Be Announced**		**Talking Hoops With Bill Raftery**		**At the Final Four** (N)	
WPTZ 5	-	-	**(7:00) Today** (N)	**Hanna Into the Wild**	**Teen Kids News** (N)	**Heart of a Champion**	**The Voyager**	**Wilderness Vet**	**Journey-Dreyer**	**Naturally, Danny Seo**	**Give** (N) (EI)	**English Premier League Soccer** Southampton FC vs AFC Bournemouth. (N) (Live)				**Prem Goal Zone**	**PGA Golf**	
CBMT 6	206	301	**Bookaboo**	**Dot** "Dog Doc Dot"	**What He Ate**	**Arthur**	**Artzooka**	**Arthur**	**Snapshots**	**Cross Country**	**Our Montreal**		**King John** A production of "King John."				**Figure Skating** ISU World Championships.	
CHLT 7	107	718	**(6:00) Salut bonjour week-end** (N) (SC)				**Deux filles le matin** (SC)		**Flip de fille** (SC)	**Ma liste à moi** (N)	**TVA nouvelles** (N)	**Chacun sa route** (N)	**Infopublicité** (SC)	**Les looney tunes**	★★★ **"Les Renforts"** (2010, Comédie) Will Ferrell, Mark Wahlberg, Eva Mendes. (SC)			
WMTW 8	-	-	**Good Morning America** (N)		**Jack Hanna**	**Ocean Treks**	**Sea Rescue** (N)	**The Wildlife Docs**	**Rock the Park** (N)	**Outback Adv**	**AAA Benefits**	**Paid Program**	**AAA Benefits**	**Paid Program**	**Paid Program**	**World of X Games**		**30 for 30**
CKSH 9	108	-	**Ranger Rob**	**Geronimo Stilton**	**es de fantomes**	**Code Max** (SC)	**Edgar et Ellen**	**Estrie**	**Ricardo** (SC)	**L'épicerie** (SC)	**Telejournal**	**La facture** (SC)	**Enquête** (SC)		**Au suivant** (SC)		**Inspecteur Barnaby** (SC)	
CKMI 11	-	-	**Fish'n Canada**	**Real Fishing**	**Adv'ture North**	**Fishful Thinking**	**Til Debt Do Us Part**	**Paid Program**	**Powerboat Television**	**Driving Television**	**Restoration Garage** "The Guild Way"		**Real Stories** "The Real Gladiator"		**Ice Pilots NWT** "Snowplane"		**PGA Golf**	
CFCF 12	205	312	**Your Morning Weekend** (N)		**It Is Written**	**Celebrity Style Story**	**Operation Smile**		**It Is Written** (N)	**etalk**	**SportsCentre**		**Celebrity Style Story**	**24 CH**	**The Disruptors**	**Moneytalk**	**MLS Soccer** Montreal Impact at Chicago Fire.	
WVNY 22	-	-	**Good Morning America** (N)		**Jack Hanna**	**Ocean Treks**	**Sea Rescue** (N)	**The Wildlife Docs**	**Rock the Park** (N)	**Outback Adv**	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**World of X Games**		**30 for 30**
WUTV 30	-	-	**SEXY at 50!**	**PiYo Workout!**	**Paid Program**	**L King Report**	**LifeLock Protection**	**Paid Program**	**Paid Program**	**Darkspots**	**Raw Travel**	**Raceline**	**Ring of Honor Wrestling**		**Raceline**	**NCWTS Pre-Race**	**NASCAR Racing**	
CFKS 31	106	726	**Aubaines & cie** (N)		**Trucs & cie** (N)		**RPM** Antoine essaie le Jaguar F-Pace 2017.		**RPM Plus** Des inventions.		**Métier dirigeant**	**Infopublicité**	**Les prix Juneau**	**Taxi payant**	★★ **"Mentalité dangereuse"** (1995, Drame) Michelle Pfeiffer, George Dzundza.			
WUHF	-	363	**Xploration Space**	**Awesome Planet**	**Weird but True**	**Xploration DIY Sci**	**LifeLock Protection**	**Paid Program**	**Paid Program**	**Darkspots**	**Amazing Abs**	**PiYo Craze!**	**Paid Program**	**Paid Program**	**Prison**	**NCWTS Pre-Race**	**NASCAR Racing**	
WETK	-	-	**Splash-Bubbles**	**Curious George**	**Outdoor Journal**	**MotorWeek** (N)	**Simply Ming**	**A Chef's Life**	**Cooking School**	**Martha Bakes**	**Test Kitchen**	**Cook's Country**	**Rough Cut-Mac**	**This Old House** (N)	**Ask This Old House**	**Antiques Roadshow** "Chicago"		**Antiques Roadshow**
WCFE	-	-	**Splash-Bubbles**	**Curious George**	**Nature Cat**	**Ready Jet Go!** (EI)	**Greener World**	**Roadside Advent.**	**This Old House**	**Ask This Old House**	**Mexico/ Bayless**	**Cooking School**	**Martha Bakes**	**Lidia's Kitchen**	**Mexican Table**	**Cook's Country**	**Test Kitchen**	**Wisdom-Cecilia**
A&E	615	520	**Flipping Vegas** "Chop House"		**Flipping Vegas** Scott finds cats in a home.		**Zombie House Flipping**		**Zombie House Flipping**		**Good Spirits**	**Storage Wars**	**Storage Wars**	**Storage Wars**	**Live PD** "Live PD -- 03.10.17" Riding along with law enforcement.			
BRAVO	620	523	**Missing** A pop star disappears.		**Flashpoint** "Eyes In" (DVS)		**Criminal Minds** "A Badge and a Gun"		★★ **"Salmon Fishing in the Yemen"** (2011) Ewan McGregor, Emily Blunt.		★★ **"Morning Glory"** (2010, Romance-Comedy) Rachel McAdams, Harrison Ford.						**Bones** "The Psychic in the Soup"	
CNN	500	500	**New Day Saturday** (N)		**Smerconish** (N)		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**Newsroom**	**All-Access**	**CNN Newsroom**	
DISC	520	505	**Tougher-Looks**	**Tougher-Looks**	**Jade Fever**	**Jade Fever**	**Gold Rush** "Record Gold"		**Mayday** Ethiopian Airlines Flight 409.		**Dual Survival** "Croatian Castaway"		**Mayday** (DVS)		**Mayday** Ethiopian Airlines Flight 409.		**Heavy Rescue: 401** "All Around Us"	
HIST	522	506	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**Ice Road Truckers** "Into the Fire"		**Yukon Gold** "The Hiro Curse"		**Forged in Fire** A legendary spiked shield.		**Pawn Stars**	**Pawn Stars**	**Pawn Stars**	**Pawn Stars**	**American Pickers** "Coin-Op Kings"	
RDI	126	730	**(5:30) RDI matin weekend** (N) (SC)						**RDI en direct** (N)	**Isabelle Richer** (N)	**Telejournal**	**Telejournal**	**Le National**	**RDI en direct** (N)	**RDI en direct** (N)	**RDI en direct** (SC)	**RDI en direct** (N)	**RDI en direct** (SC)
SHOW	616	521	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	★★ **"G.I. Joe: Retaliation"** (2013, Action) Dwayne Johnson, Bruce Willis, Channing Tatum.					★★ **"Hercules"** (2014, Adventure) Dwayne Johnson, Ian McShane, Rufus Sewell.				★★ **"G.I. Joe: Retaliation"** (2013, Action) Dwayne Johnson.		
SLICE	601	562	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**First Dates**	**First Dates**	**First Dates**	**First Dates** "Ghosted"	**Til Debt Do Us Part**	**Mom**	**Mom**		★ **"Killers"** (2010, Action) Ashton Kutcher, Katherine Heigl, Tom Selleck.			★ **"Identity Thief"**
SPIKE	628	584	**PiYo Workout!**	**Try Total Gym**	★★★ **"Batman Begins"** (2005, Action) Christian Bale, Michael Caine, Liam Neeson. Bruce Wayne becomes Gotham City's Dark Knight.							★★★ **"The Dark Knight Rises"** (2012, Action) Christian Bale, Anne Hathaway, Tom Hardy. Batman faces a masked villain named Bane.						
TLC	521	560	**Say Yes: ATL**	**Say Yes: ATL**	**Say Yes: ATL**	**Say Yes: ATL**	**Say Yes: ATL**	**Say Yes: ATL**	**Say Yes: ATL**	**Say Yes: ATL**	**Say Yes to the Dress: Atlanta**		**Say Yes to the Dress**	**Say Yes to the Dress**	**Say Yes to the Dress**	**Say Yes to the Dress**	**Say Yes to the Dress**	**Say Yes to the Dress**
TSN	400	400	**SportsCentre**		**SportsCentre**	**Soccer Pre.**	**English Premier League Soccer** Chelsea FC vs Crystal Palace FC. (N) (Live)				**Soccer Pre.**	**English Premier League Soccer** Southampton FC vs AFC Bournemouth. (N) (Live)				**Motoring TV**	**SC**	**SC**
YOUTH	551	542	**Sponge.**	**Harvey**	**Parents**	**Loud**	**Sponge.**	**Sponge.**	**Kung Fu**	**Turtles**	★ **"Yogi Bear"** (2010) Voices of Dan Aykroyd.				**Nicky**	**Henry**	**Game**	**Assembly**

SATURDAY EVENING — APRIL 1, 2017

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	**The Final Four Show** A preview of the NCAA Tournament semifinals. (N) (Live)				**2017 NCAA Basketball Tournament** South Carolina vs Gonzaga. (N) (Live)					**2017 NCAA Basketball Tournament** Oregon vs North Carolina. (N) (Live)					**Channel 3 News**	**Person of Interest** "Panopticon"	
WPTZ 5	-	-	**(3:00) PGA Tour Golf** Shell Houston Open, Third Round. (N) (Live)				**NBC5 News at 6**	**Nightly News**	**Jeopardy!**	**Wheel of Fortune**	**Figure Skating** World Championships: Ladies Free Skate. From Helsinki, Finland.				**Saturday Night Live** (N)		**NBC5 News**	**(:29) Saturday Night Live**	
CBMT 6	206	301	**(3:00) Figure Skating** ISU World Championships. (N) (Live)				**Montreal News**	**Hockey Central**	**NHL Hockey** Toronto Maple Leafs at Detroit Red Wings. From Joe Louis Arena in Detroit. (N) (Live)						**NHL Hockey** Anaheim Ducks at Edmonton Oilers. From Rogers Place in Edmonton, Alberta. (N) (Live)				
CHLT 7	107	718	★★ **"Rapides et dangereux 4"** (2009, Action) Vin Diesel, Paul Walker. (DVS) (SC)				**TVA nouvelles** (N)	★★★ **"Vis libre ou crève"** (2007) Bruce Willis. L'infrastructure informatique américaine est attaquée. (DVS) (SC)					★ **"Un Honnête citoyen"** (2009, Suspense) Jamie Foxx, Gerard Butler. (DVS) (SC)				**(:15) TVA nouvelles**	**"Wall Street: L'argent ne dort jamais"** (SC)	
WMTW 8	-	-	**(3:30) 30 for 30**		**World's Funniest Moments**		**WMTW News 8 at**	**World News**	**Wheel of Fortune**	**Jeopardy!**	**The Goldbergs**	**Imaginary Mary**	**The Catch** Ben must face his criminal past.		**20/20**		**WMTW News 8**	**Rizzoli & Isles**	
CKSH 9	108	-	**(3:00) Inspecteur Barnaby** (SC)		**La semaine verte** (N) (SC)		**Telejournal Estrie**	**La petite vie** (SC)	**En direct de l'univers** (Season Finale) (N)		**Les Boucardises** (SC)		**Outlander: le chardon et le tartan**		**Le Télé-journal** (N)	**Info, sexe**	**(:10) Esprit critique** (SC)		**Dre Grey, anatomie**
CKMI 11	-	-	**(3:00) PGA Tour Golf** Shell Houston Open, Third Round. (N) (Live)				**Global News at 6**	**Global National**	**Border Security**	**Border Security**	**Ransom** "Say What You Did"		**Houdini & Doyle** "Necromanteion"		**Engels**	**Engels**	**Global News**	**(:29) Saturday Night Live**	
CFCF 12	205	312	**MLS Soccer:** Impact at Fire		**The Social** (N)	**etalk**	**CTV News Montreal** (N)		**W5** Communities deal with nuclear waste.		**"Birthday Wish"** (2017, Drama) Jessy Schram, Luke Macfarlane.				**Saving Hope** "Birthday Blues"		**News-Rinaldo**	**CTV News Montreal**	**Key & Peele**
WVNY 22	-	-	**(3:30) 30 for 30**		**Paid Program**	**Paid Program**	**World News**	**Local 22 News** (N)	**Extra** (N)		**The Goldbergs**	**Imaginary Mary**	**The Catch** Ben must face his criminal past.		**20/20**		**Local 22 News** (N)	**Elementary** A beekeeper is killed.	
WUTV 30	-	-	**NASCAR Racing**			**Paid Program**	**Big Bang Theory**	**Big Bang Theory**	**Two and Half Men**	**Prison**	**Bones** (DVS)		**APB** "Signal Loss" (DVS)		**2 on Your Side at 10**	**Big Bang Theory**	**Kicking & Screaming** "Going Coconuts"		**PiYo Workout!**
CFKS 31	106	726	**(:15)** ★★ **"Un pari cruel"** (1999, Drame) Sarah Michelle Gellar, Ryan Phillippe, Reese Witherspoon.					★★★ **"Iron Man"** (2008) Robert Downey Jr. Des terroristes forcent un inventeur à développer une arme.					**(:15)** ★★ **"Tron"** (1982, Enfants) Jeff Bridges, Bruce Boxleitner.				**Piégé (avec**	**(:45) Vidéoclips**	**Zone Séduction**
WUHF	-	363	**NASCAR Racing**			**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Ring of Honor Wrestling**		**Bones** (DVS)		**APB** "Signal Loss" (DVS)		**WHAM News**	**Big Bang Theory**	**Kicking & Screaming** "Going Coconuts"		**ROH Wrestling**
WETK	-	-	**Antiques Roadshow**	**Outdoor Journal**	**Charlie Rose**	**NewsHour Wk**	**Father Brown** "The Judgement of Man"		**As Time Goes By**	**Keep-Appear**	**Still Open All Hours**	**Miranda** "Job"	**The Coroner** "Napoleon's Violin"		**Death in Paradise** "Rue Morgue"		**Austin City Limits**		**Front and Center**
WCFE	-	-	**Antiques Roadshow** "Palm Springs" (N)		**Globe Trekker** Climbing Volcan Lanin.		**Connect NY**		**Mountain Lake**	**New York Now**	**The Coroner** A teenager is found dead.		**Death in Paradise**		**Luther** Det. John Luther returns to work.		**Underground**	**Austin City Limits**	
A&E	615	520	**(2:00) Live PD** "Live PD -- 03.10.17"		**Live PD** "Live PD -- 03.25.17" Riding along with law enforcement.						**Live PD** "Live PD: Rewind No. 4" (N)		**Live PD** "Live PD -- 02.10.17" Riding along with law enforcement.						**Live PD**
BRAVO	620	523	**Bones** "The Teacher in the Books"		**Bones** The team investigates a bakery.		**Flashpoint** "Eyes In" (DVS)		**Missing** A pop star disappears.		**Criminal Minds** "Hell's Kitchen"		**Law & Order: Special Victims Unit**		**Designated Survivor**		**Good Behavior**		**"Morning Glory"**
CNN	500	500	**CNN Newsroom**		**CNN Newsroom**		**Smerconish**		**CNN Newsroom**		**CNN Newsroom**		**CNN Special Report**		**Believer With**		**Believer With**		**Believer**
DISC	520	505	**Tougher-Looks**	**Tougher-Looks**	**Jade Fever**	**Jade Fever**	**How It's Made**	**How It's Made**	**How It's Made**	**How It's Made**	**Bering Sea Gold** "Hail Mary"		**Bering Sea Gold** "Proving Day"		**Fast N' Loud** "Opening Bid"		**Vegas Rat Rods** (DVS)		**Fast N' Loud**
HIST	522	506	**American Pickers**		**Counting Cars**	**Counting Cars**	**Ice Road Truckers** "Into the Fire"		**Airport: Below Zero**		**Yukon Gold** "The Hiro Curse"		**UFOs Declassified** "Shoot 'Em Down"		**Nostradamus: 21st Century Prophecies Revealed**				**Forged in Fire**
RDI	126	730	**RDI en direct** (N)	**Journal France 2**	**Le Télé-journal**	**L'épicerie** (N) (SC)	**La semaine verte** (N) (SC)		**Le National** (N)	**Le National** (N)	**Découverte** (N) (SC)		**Le Télé-journal**	**Les grands reportages** (SC)	**La facture** (N) (SC)		**Le Télé-journal**	**Le National**	**Le Télé-journal**
SHOW	616	521	**(2:30)** ★★ **"G.I. Joe: Retaliation"** (2013)		★★ **"Hercules"** (2014, Adventure) Dwayne Johnson, Ian McShane.				**"End of the World"** (2013) Brad Dourif. Falling plasma threatens to destroy humanity.				★★ **"Jack Ryan: Shadow Recruit"** (2014, Action) Chris Pine, Kevin Costner, Kenneth Branagh.				★★ **"Hercules"** (2014)		
SLICE	601	562	**(3:30)** ★ **"Identity Thief"** (2013) Jason Bateman. A victim of identity theft fights back.				**The Real Housewives of Toronto**		★ **"Killers"** (2010, Action) Ashton Kutcher, Katherine Heigl, Tom Selleck.				★★ **"The Heat"** (2013) Sandra Bullock. A federal agent and a Boston cop go after a drug lord.				★ **"Identity Thief"** (2013)		
SPIKE	628	584	**"Dark Knight"**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops** "Arizona"	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	★★★ **"The Dark Knight Rises"** (2012)	
TLC	521	560	**Say Yes, Dress**	**Say Yes, Dress**	**Say Yes, Dress**	**Say Yes, Dress**	**Say Yes, Dress**	**Say Yes, Dress**	**Say Yes to the Dress: Unveiled** (N)		**Say Yes to the Prom** Helping prom dreams come true. (N)		**Say Yes, Dress**		**(:02) Say Yes to the Dress**		**(:02) Say Yes to the Prom** Helping prom dreams come true.		
TSN	400	400	**2017 World Men's Curling Championship** Switzerland vs. Canada. From Edmonton. (N) (Live)						**SportsCentre**		**Women's Hockey** 2017 IIHF World Championship, Canada vs. Finland. From Plymouth, Mich. (N) (Live)				**MLS Soccer** LA Galaxy at Vancouver Whitecaps FC. (N) (Live)				**SportsCentre**
YOUTH	551	542	**Sponge.**	**Sponge.**	**Sponge.**	**Sponge.**	**"Bruno & Boots: This Can't Be Happening"**				**"Bruno & Boots: The Wizzle War"** (2017)				**Game On**	**Under.**	**Heart**	**Heart**	**Bruno**

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SUNDAY DAYTIME — APRIL 2, 2017

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	Channel 3 News Sunday Morning (N)		CBS News Sunday Morning (N)		Face the Nation (N)		The Open Road		Paid Program	Paid Program	Faith in America	To Be Announced		Bull Riding		HS Basketball
WPTZ 5	-	-	Sunday Today With Willie Geist (N)		Meet the Press (N)		Soledad O'Brien	On the Money (N)	Rizzoli & Isles "Burden of Proof"		NHL Pregame	NHL Hockey Boston Bruins at Chicago Blackhawks. From the United Center in Chicago. (N) (Live)					PGA Golf	
CBMT 6	206	301	Coronation Street	Coronation Street	Coronation Street	Coronation Street	Coronation Street	marketplace	Our Montreal		Maamuitaau	Mansbridge	Figure Skating ISU World Chamionships Gala. From Helsinki, Finland. (N Same-day Tape)				Backstage Pass	Exhibitionists (N)
CHLT 7	107	718	(6:00) Salut bonjour week-end (N) (SC)				★★★ "Le majordome" (2013) Forest Whitaker. Premiere. La vie de Cecil Gaines, un majordome afro-américain. (SC)					La victoire de l'amour	Ma liste à moi (SC)	Infopublicité (SC)	★★★ "Stardust: le mystère de l'étoile" (2007) Claire Danes, Charlie Cox. (DVS) (SC)			
WMTW 8	-	-	Good Morning America (N)		This Week W/ George Stephanopoulos		Soledad O'Brien	This Old House	Teen Kids News (N)	Made in Hollywood	Wild About Animals	NBA	NBA Basketball Boston Celtics at New York Knicks. From Madison Square Garden in New York. (N) (Live)					NBA Basketball
CKSH 9	108	-	Sept nains et moi	Transformatruc	NoteRythme	Sous les mers	Le Jour du Seigneur (N) (SC)		Les coulisses du pouvoir (N) (SC)		Telejournal	La semaine verte (SC)		Second Regard (N)	100 pour 100 local (N) (SC)		★★★ "Grizzlis" (2014) Premiere. (DVS) (SC)	
CKMI 11	-	-	Fishful Thinking	William Shatner's Weird or What?		Lorna Dueck	Joel Osteen	Secret Life Of ...	The West Block (N)	Focus Montreal	Entertainment Tonight		Brides-Hills	Brides-Hills	Sarah's House	Income Property	PGA Golf	
CFCF 12	205	312	etalk	Operation Smile		Celebrity Style Story	Cash Cab	Church of the Rock	Question Period		SportsCentre		W5 Communities deal with nuclear waste.		★★ "Justin Bieber: Never Say Never" (2011, Documentary) Justin Bieber.			
WVNY 22	-	-	Good Morning America (N)		This Week W/ George Stephanopoulos		What Matters	The Key of David	Paid Program	Paid Program	Paid Program	NBA	NBA Basketball Boston Celtics at New York Knicks. From Madison Square Garden in New York. (N) (Live)					NBA Basketball
WUTV 30	-	-	The Ernest Angley Hour		FOX News Sunday With Chris Wallace (N)		Sharyl Attkisson	The Key of David	PiYo Workout!	Paid Program	Ring of Honor Wrestling		★★★ "The Brothers" (2001, Comedy-Drama) Morris Chestnut, D.L. Hughley.				★★ "Without a Paddle" (2004)	
CFKS 31	106	726	Aubaines & cie (N)		Trucs & cie (N)		RPM (N)		RPM Plus Antoine répond à des questions.		Bonne nouvelle	Champ	Flashpoint "Représailles" (DVS) (SC)		★★ "Week-end chez Bernie" (1989, Comédie) Andrew McCarthy, Jonathan Silverman.			
WUHF	-	363	Wild America	Paid Program	FOX News Sunday With Chris Wallace (N)		Sharyl Attkisson	Rochester Press Box	Why Use a Pressure Cooker?		Paid Program	Paid Program	Ring of Honor Wrestling		★★★ "Charlie and the Chocolate Factory" (2005) Johnny Depp, Freddie Highmore.			
WETK	-	-	Splash-Bubbles	Curious George	Nature Cat	Ready Jet Go! (EI)	Wild Kratts	Odd Squad	Charlie Rose	Vermont This Week	"To Walk Invisible: The Brontë Sisters" (2016, Docudrama) Finn Atkins, Chloe Pirrie. Premiere.				Rural Free Delivery	Man with a Plan Portrays the story of the political race.		
WCFE	-	-	Splash-Bubbles	Curious George	Washington Week	Scully: World	Mountain Lake	New York Now	Charlie Rose	R. Steves' Europe	NOVA "Secrets of the Viking Sword"		Great Performances at the Met "Tristan und Isolde" With Nina Stemme and Stuart Skelton.					
A&E	615	520	Hoarders "Manuel & Carla"		Hoarders "Susan & Michael"		Bates Motel "Dreams Die First"		Bates Motel "Marion"		Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars
BRAVO	620	523	Missing Search for identity of a man.		Flashpoint A young nurse is abducted.		★★★ "Source Code" (2011, Suspense) Jake Gyllenhaal, Michelle Monaghan.				★★★ "The Woman in Black" (2012, Horror) Daniel Radcliffe, Misha Handley. (DVS)				★★ "Reign of Fire" (2002, Fantasy) Christian Bale, Matthew McConaughey.			
CNN	500	500	Inside Politics (N)		State of the Union (N)		Fareed Zakaria GPS		Reliable Sources (N)		State of the Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom	
DISC	520	505	How It's Made	How It's Made	Tanked Tank creations for celebrities. (N)		Dr. Dee: Alaska Vet "Farm Frenzy" (N)		Still Alive A spear fisherman is visited.		Edge of Alaska "The Breakup"		Cold Water Cowboys "Band of Brothers"		Bering Sea Gold "Hail Mary"		Bering Sea Gold "Proving Day"	
HIST	522	506	Paid Program	Paid Program	Paid Program	Paid Program	Counting Cars	Counting Cars	American Pickers "Shocked and Loaded"		Forged in Fire "Hunga Munga"		Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	American Pickers "The Numbers Game"	
RDI	126	730	(5:30) RDI matin weekend (N) (SC)						RDI en direct (N)	L'épicerie (SC)	Telejournal	Les coulisses du pouvoir (N) (SC)		RDI en direct (SC)	RDI en direct (N)	RDI en direct (SC)	RDI en direct (N)	RDI en direct (SC)
SHOW	616	521	Paid Program	Paid Program	Paid Program	Paid Program	★★ "Jack Ryan: Shadow Recruit" (2014) Chris Pine. Ryan uncovers a Russian plot to collapse the U.S. economy.				★★ "Man of Steel" (2013, Action) Henry Cavill, Amy Adams. Young Clark Kent must protect those he loves from a dire threat.							"Jack Ryan"
SLICE	601	562	Paid Program	Paid Program	Paid Program	Paid Program	The Real Housewives of Toronto		Princess	Princess	★ "Killers" (2010, Action) Ashton Kutcher, Katherine Heigl, Tom Selleck.				★ "The Sweetest Thing" (2002) Cameron Diaz, Christina Applegate, Selma Blair.			
SPIKE	628	584	Body Beast!	Paid Program	Xtreme Off Road (N)	Engine Power	Truck Tech	Detroit Muscle (N)	Bar Rescue "Boss Lady Blues"		Bar Rescue "Hard Heads and Softballs"		Bar Rescue "Thugs with Mugs"		Bar Rescue "El Morontel!"		Bar Rescue "Taxed Out in Texas"	
TLC	521	560	Four Weddings "... And Ballpark Peanuts"		Four Weddings "... And a Latte"		Four Weddings "... And a Super Storm"		Four Weddings "... And a Porta Potty"		Say Yes to the Prom Helping prom dreams come true.			Say Yes to the Dress	Who Do You Think You Are?		Who Do You Think You Are? "Noah Wyle"	
TSN	400	400	SportsCentre		SportsCentre		SportsCentre		2017 World Men's Curling Championship Russia vs. Canada. From Edmonton. (N) (Live)						NASCAR Racing Monster Energy Cup Series: STP 500. (N) (Live)			
YOUTH	551	542	Sponge.	Harvey	Parents	Loud	Sponge.	Sponge.	Kung Fu	Turtles	"Bruno & Boots: Go Jump in the Pool" (2016)				"Bruno & Boots: This Can't Be Happening"			

SUNDAY EVENING — APRIL 2, 2017

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	High School Basketball		Golf Chefs Classic. (Taped)		Channel 3 News	Weekend News	60 Minutes (N)		52nd Academy of Country Music Awards Honoring achievement in country music. (N) (Live)						Channel 3 News	Entertainment Tonight (N)	
WPTZ 5	-	-	(3:00) PGA Tour Golf Shell Houston Open, Final Round. (N) (Live)				NBC5 News at 6	Nightly News	Little Big Shots		Little Big Shots (N)		Chicago Justice "Double Helix" (N)		Shades of Blue "Sweet Caroline" (N)		NBC5 News	PiYo Workout!	Major Crimes
CBMT 6	206	301	Bondi Vet	Bondi Vet	Anne "Your Will Shall Decide Your Destiny" Marilla and Matthew face a big decision.				Anne Matthew races to catch Anne.		Anne (N) (DVS)		Canada: The Story of Us (N)		The National (N)		Montreal News	the fifth estate	
CHLT 7	107	718	"Stardust"	(:17) ★ "Les Schtroumpfs" (2011, Enfants) Hank Azaria. (SC)			TVA nouvelles (N)	Vlog (N) (SC)	LOL :-) (N) (SC)	La voix "Les duels" Les coachs envoient les derniers candidats dans le ring. (N) (SC)				Accès illimité (N) (SC)		TVA nouvelles (N)	★★ "Bienvenue chez les Riley" (2010) James Gandolfini. (SC)		
WMTW 8	-	-	(3:30) NBA Basketball Utah Jazz at San Antonio Spurs. (N) (Live)				WMTW News 8	World News	America's Funniest Home Videos		Once Upon a Time "A Wondrous Place"		Time After Time (N)		American Crime (N)		WMTW News 8	Person of Interest "Nautilus"	
CKSH 9	108	-	(3:00) "Grizzlis"	Mr. Bean (SC)	Votre beau programme		Telejournal Estrie	Découverte (N) (SC)		Ici Laflaque (N)	Tout le monde en parle (N) (SC)					Le Télé-journal (N)	(10:50) Infoman	(:20) ★★ "Hitchcock" (2012) (SC)	
CKMI 11	-	-	(3:00) PGA Tour Golf Shell Houston Open, Final Round. (N) (Live)				Global News at 6	Global National	Border Security	Border Security	The Simpsons (N)	The Simpsons	Chicago Justice "Double Helix" (N)		Shades of Blue "Sweet Caroline" (N)		Global News	The West Block	Focus Montreal
CFCF 12	205	312	The Social	etalk	MasterChef Canada "Burgers for Bikers"		CTV News Montreal	The 2017 Juno Awards Canadian music artists are recognized. (N) (Live) (DVS)			Time After Time (N)				Saving Hope (N)		News-Rinaldo	CTV News Montreal	Juno Awards
WVNY 22	-	-	(3:30) NBA Basketball Utah Jazz at San Antonio Spurs. (N) (Live)				World News	Local 22 News (N)	America's Funniest Home Videos		Once Upon a Time "A Wondrous Place"		Time After Time (N)		American Crime (N)		Local 22 News (N)	Scandal	
WUTV 30	-	-	(3:00) ★★ "Without a Paddle" (2004)		Paid Program	Paid Program	Ring of Honor Wrestling		Bob's Burgers	Bob's Burgers	The Simpsons (N)	Making History (N)	Family Guy	Last Man-Earth	2 on Your Side at 10	Big Bang Theory	Ring of Honor Wrestling		Seinfeld
CFKS 31	106	726	(:15) ★ "Film de Super-héros" (2008, Comédie) Drake Bell, Sara Paxton, Leslie Nielsen.				NCIS: Los Angeles "Le rideau de fer"		CSI: Miami Julia perd tout contrôle. (SC)		★★ "La tête dans les nuages" (2004, Drame) Charlize Theron, Penélope Cruz, Stuart Townsend.					Punch	Ça va brasser	Piégé (avec	Zone Séduction
WUHF	-	363	"Charlie and..."	Paid Program	Paid Program	Paid Program	Ring of Honor Wrestling		Bob's Burgers	Bob's Burgers	The Simpsons (N)	Making History (N)	Family Guy	Last Man-Earth	WHAM News	Sharyl Attkisson	Engagement	Paid Program	2 Broke Girls
WETK	-	-	(:03) Dead End Job	Qulture	Weekend-Yank	NewsHour Wk	The Great British Baking Show		A Place to Call Home		Call the Midwife (Season Premiere) (N)		Home Fires on Masterpiece		Wolf Hall on Masterpiece		(:10) The Great Fire		Call the Midwife
WCFE	-	-	(1:00) Great Performances at the Met "Tristan und Isolde"			Antiques Roadshow	Antiques Roadshow	NewsHour Wk	The Great British Baking Show		Call the Midwife (Season Premiere) (N)		"To Walk Invisible: The Brontë Sisters"		Wolf Hall on Masterpiece		(:09) Independent Lens		Call the Midwife
A&E	615	520	Storage Wars	Storage Wars	American Pickers "Airstream Dream"		American Pickers "Urban Cowboys"		American Pickers "An Indian Reunion"		American Pickers		American Pickers "Motor City"		(:01) American Pickers		(:03) American Pickers "Boys' Toys"		American Pickers
BRAVO	620	523	★★★ "Source Code" (2011, Suspense) Jake Gyllenhaal, Michelle Monaghan.				Flashpoint A young nurse is abducted.		Missing Search for identity of a man.		Criminal Minds "Magnificent Light"		★★ "Pompeii" (2014, Adventure) Kit Harington, Carrie-Anne Moss.				(:15) ★★ "Reign of Fire" (2002, Fantasy) Christian Bale.		
CNN	500	500	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Finding Jesus		Believer With		Finding Jesus		Jesus
DISC	520	505	Fast N' Loud "Opening Bid"		Yukon Men "The Edge"		How It's Made	How It's Made	How It's Made	How It's Made	Naked and Afraid: Uncensored (N)		Naked and Afraid "Naked Nights" (N)		MythBusters: The Search		MythBusters: The Search		Naked and Afraid
HIST	522	506	American Pickers (DVS)		Counting Cars	Counting Cars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Forged in Fire "Hunga Munga"		Forged in Fire "The Pata"		Barbarians Rising (N) (Part 2 of 2)		American Pickers (DVS)		Forged in Fire
RDI	126	730	RDI en direct (N)	Journal France 2	Le Télé-journal	La facture (SC)	Enquête (N) (SC)		Le National (N)	Le National (N)	Les grands reportages (SC)		Le Télé-journal	Les coulisses du pouvoir (N) (SC)		Second Regard	Le Télé-journal	L'épicerie (SC)	Le Télé-journal
SHOW	616	521	(3:30) ★★ "Jack Ryan: Shadow Recruit" (2014) Chris Pine, Kevin Costner.				"Driven Underground" (2015, Suspense) Kirsti Swanson, Emily Tennant.				Ransom A girl is abducted on a train.		Bull Bull helps sue a corrupt a bank.		Broadchurch (N)		Ransom A girl is abducted on a train.		Bull
SLICE	601	562	★ "Leap Year" (2010, Romance-Comedy) Amy Adams, Matthew Goode.				Real Houses	Real Houses	The Real Housewives of Toronto		The Real Housewives of Atlanta (N)		The Real Housewives of Potomac		First Dates	First Dates	First Dates	First Dates	Housewives
SPIKE	628	584	Bar Rescue		Bar Rescue "Tears for Beers"		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue "Bar Over Troubled Water"		Bar Rescue (N)		Bar Rescue "Swinging From the Rafters"		Bar Rescue
TLC	521	560	Who Do You Think You Are?		Who Do You Think You Are?		Long Island Medium "An MRI for Larry"		Long Island Medium		Long Island Medium "Victoria's Test" (N)		(:01) Long Lost Family (N)		(:02) Who Do You Think You Are? (N)		(:04) Long Island Medium "Victoria's Test"		Long Lost Family
TSN	400	400	(2:00) NASCAR Racing Monster Energy Cup Series: STP 500. (N) (Live)				SportsCentre (N) (Live)		PGA Tour Golf From Augusta National Golf Club.				2017 World Men's Curling Championship Canada vs. Sweden. From Edmonton. (N) (Live)						SportsCentre
YOUTH	551	542	"Bruno & Boots: The Wizzle War" (2017)				★★★ "Cloudy With a Chance of Meatballs"				Driving	Driving	Gags	Gags	Game On	Under.	Heart	Heart	Bruno

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MONDAY EVENING — APRIL 3, 2017

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	The Big Bang Theory	Championship Central	2017 NCAA Basketball Tournament Final: Teams TBA. (N) (Live)					Channel 3 News	Late Show-Colbert
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	The Voice "Knockouts Premiere" Contestants compete against teammates. (N)				(:01) Taken Christina tries to reveal a mole. (N)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon	
CBMT 6	206	301	CBC Montreal News (N)	On the Money	marketplace	Coronation Street (N)	Murdoch Mysteries "Mr. Murdoch's Neighbourhood"		(:01) Bellevue The Jesse case breaks wide open. (N)		The National (N)		CBC Montreal News (N)	Coronation Street	Rick Mercer Report
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	(6:59) Piment fort (N) (SC)	La voix (N) (SC)	Les beaux malaises	Boomerang (SC)	Événement JMP 2016 (Part 1 of 2) (SC)		TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)		(:35) Piment fort (SC)	"Avengers Confidential"
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Dancing With the Stars (N) (Live)				(:01) Quantico Harry struggles to find his place. (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live	
CKSH 9	108	-	Le Téléjournal Estrie (N)	RDI économie (SC)	District 31 (N) (SC)	Lâcher prise (DVS) (SC)	Dans l'oeil du dragon (Season Premiere) (N) (SC)		Les échangistes (Season Premiere) (N) (SC)		Le Téléjournal (N) (SC)		Entrée principale (SC)		
CKMI 11	-	-	(5:30) Global News at 5:30	Global National (N)	ET Canada	Entertainment Tonight (N)	Top Chef Canada: All-Stars "All Stars Assemble"		Big Brother Canada (N)		Taken "Hail Mary" Christina tries to reveal a mole. (N)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert	
CFCF 12	205	312	CTV News Montreal (N)		etalk (N)	The Big Bang Theory	The Voice "Knockouts Premiere" Contestants compete against teammates. (N)				(:01) Quantico Harry struggles to find his place. (N)		News-Lisa	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	Dancing With the Stars (N) (Live)				(:01) Quantico Harry struggles to find his place. (N)		Local 22 News (N)	(:35) Jimmy Kimmel Live	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	24: Legacy Rebecca must make an important decision.		(:01) APB An FBI informant's life may be at risk. (N)		2 on Your Side at 10 (N)	Seinfeld "The Soup"	Two and a Half Men	Two and a Half Men	Last Man Standing
CFKS 31	106	726	Atomes crochus	Souper parfait	L'arbitre		Taxi payant (N)	Les recettes pompettes	Lip Sync Battle	Lip Sync Battle	En mode Salvail (N)		Espace découvertes "Gnocchi en folie"		Zone Séduction
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	24: Legacy Rebecca must make an important decision.		(:01) APB An FBI informant's life may be at risk. (N)		13WHAM News at 10 on Fox Rochester (N)		2 Broke Girls	2 Broke Girls	Paid Program
WETK	-	-	PBS NewsHour (N)		The This Old House Hour (N)		Antiques Roadshow "Salt Lake City" (N)		Independent Lens "Newtown" Community heals after school shooting. (N)		POV		Nightly Business Report	Charlie Rose (N)	
WCFE	-	-	World News America	Nightly Business Report	PBS NewsHour (N)		Antiques Roadshow "Salt Lake City" (N)		Independent Lens "Newtown" Community heals after school shooting. (N)		POV		BBC World News	Charlie Rose (N)	
A&E	615	520	The First 48 Migrant worker beaten; car wash killing.		The First 48 Possible gang-related shooting.		The First 48 A young woman is shot in broad daylight.		The First 48 A double shooting in New Orleans.		Bates Motel Norman and Mother are brought together.		(:05) The First 48 A man is found dead in his hotel room.		(12:03) The First 48
BRAVO	620	523	Lost Letter Mysteries "Freedom to Forgive" A man receives devastating news.				Blue Bloods Danny searches for two escaped convicts.		Saving Hope Zach bothers Maggie about dating.		Good Behavior Letty has to bail Estelle out of jail. (N)		(:05) Relic Hunter Truth behind a murder.		(12:05) Criminal Minds
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Anderson Cooper 360 (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Cooper 360
DISC	520	505	How It's Made	How It's Made	Daily Planet "Mystery Hunters Week Day 1" (N)		How It's Made (N)	How It's Made	Bering Sea Gold "Fickle fortune" (N)		Bering Sea Gold Zeke undertakes a perilous solo dive.		How It's Made	How It's Made	Bering Sea Gold
HIST	522	506	Ice Road Truckers Todd Dewey must fix his truck.		Airport: Below Zero "Air Supply of Booze"		Forged in Fire "The Pata"		Pawn Stars (N)	Pawn Stars	American Pickers "The Greatest Pick on Earth" (N)		American Pickers "Jersey's Jackpot"		Pawn Stars
RDI	126	730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)		Les grands reportages Le mauvais cholestérol. (N)		Élections partielles fédérales Élections au Québec, en Ontario et en Alberta. (N) (SC)		Le National (N) (SC)		Le National (N) (SC)	24/60 (SC)	
SHOW	616	521	"The Hazing Secret" (2014) Shenae Grimes. A woman seeks the truth behind her mysterious hazing dream.				Supergirl A magic imp declares his love for Kara.		The Magicians Quentin helps Julia with her search.		Supergirl A magic imp declares his love for Kara.		NCIS "Bloodbath" Abby becomes the target of a stalker.		NCIS "Jeopardy"
SLICE	601	562	Say Yes-Dress	Say Yes-Dress	Say Yes-Dress	Say Yes-Dress	Vanderpump Rules Lala makes an unexpected return.		Southern Charm Shep has a new wingman.		Sweet Home Oklahoma (N)	Housewives/ NYC	First Dates "Nerd Love"	First Dates "Ghosted"	Southern Charm
SPIKE	628	584	Cops In Fort Worth.	Cops "Indianapolis"	Cops "Palm Beach"	Cops "Palm Beach"	Cops	Cops	Cops "Atlanta"	Cops	Cops "Turbo Charged"	Cops	Cops	Cops "Virginia Beach"	Cops "Coast to Coast"
TLC	521	560	Say Yes to the Dress "The Shay Way"		Born Schizophrenic: Jani's Next Chapter		Born Schizophrenic: The Journey Continues		My Legs Won't Stop Growing		My Leg Weighs 200 Pounds (N)		Born Schizophrenic: Jani's Next Chapter		Born Schizophrenic
TSN	400	400	2017 World Men's Curling Championship		That's Hockey	STIHL Timbersports	The Reporters	SC	2017 World Men's Curling Championship Canada vs. United States. From Edmonton. (N) (Live)						SportsCentre (N)
YOUTH	551	542	Stanley Dyn.	Henry Danger	Assembly	Assembly	Operation	Driving Me	Just Kidding	Laughs: Gags	Game On	Undercover	Assembly	Max & Shred	Operation

TUESDAY EVENING — APRIL 4, 2017

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	NCIS A computer hacker seeks a ransom. (N)		Bull Bull and Chunk's friendship is tested. (N)		NCIS: New Orleans "NOLA Confidential" (N)		Channel 3 News	(:35) The Late Show With Stephen Colbert	
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	The Voice Artists are paired against teammates. (N)		(:01) Trial & Error (N)	Trial & Error (N)	Chicago Fire "Take a Knee" (N) (DVS)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon	
CBMT 6	206	301	CBC Montreal News (N)	On the Money	Just for Laughs: Gags	Coronation Street (N)	22 Minutes Canada's most famous moments. (N)		Schitt's Creek (N)	Workin' Moms (N)	The National (N)		CBC Montreal News (N)	Coronation Street	Rick Mercer Report
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	(6:59) Piment fort (N) (SC)	Parole aux victimes (N)	Chicago Fire: Caserne 51 "Passer à autre chose"		Ma maison bien aimée Une maison de style chaumière.		TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)	(:35) Piment fort (SC)		(12:05) "L'international"
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	The Middle (N)	American Housewife (N)	Fresh Off the Boat (N)	Imaginary Mary	Marvel's Agents of S.H.I.E.L.D. "What If..." (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live	
CKSH 9	108	-	Le Téléjournal Estrie (N)	RDI économie (SC)	District 31 (N) (SC)	La facture (N) (SC)	Unité 9 - Le documentaire : les familles (N) (SC)		Les échangistes Mariloup Wolfe et France Beaudoin.		Le Téléjournal (N) (SC)		Entrée principale (SC)		
CKMI 11	-	-	(5:30) Global News at 5:30	Global National (N)	Chicago Fire "Take a Knee" (N) (DVS)		NCIS A computer hacker seeks a ransom. (N)		Bull Bull and Chunk's friendship is tested. (N)		NCIS: New Orleans "NOLA Confidential" (N)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert	
CFCF 12	205	312	CTV News Montreal (N)		etalk (N)	The Big Bang Theory	The Voice Artists are paired against teammates. (N)		(:01) Criminal Minds: Beyond Borders "Made In..." (N)		Marvel's Agents of S.H.I.E.L.D. "What If..." (N)		News-Lisa	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	The Middle (N)	American Housewife (N)	Fresh Off the Boat (N)	Imaginary Mary	Marvel's Agents of S.H.I.E.L.D. "What If..." (N)		Local 22 News (N)	(:35) Jimmy Kimmel Live	
WUTV 30	-	-	The Big Bang Theory	Judge Judy (N)	Judge Judy	Family Feud	New Girl (DVS)	(:31) The Mick (N)	Prison Break Clues suggest Michael might be alive.		2 on Your Side at 10 (N)	Seinfeld "The Secretary"	Two and a Half Men	Two and a Half Men	Last Man Standing
CFKS 31	106	726	Atomes crochus	Souper parfait	L'arbitre		Le mentaliste Patrick Jane reçoit une offre d'emploi.		Mémoire sous enquête "Affaire non classée" (SC)		En mode Salvail "Katherine Levac, Élyse Marquis" (N)		Espace découvertes Giovanni cuisine le croissant.		Zone Séduction
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	New Girl (DVS)	(:31) The Mick (N)	Prison Break Clues suggest Michael might be alive.		13WHAM News at 10 on Fox Rochester (N)		2 Broke Girls	2 Broke Girls	Paid Program
WETK	-	-	PBS NewsHour (N)		Rural Free Delivery	Outdoor Journal	The Last Days of Jesus (Series Premiere) The crucifixion of Jesus Christ. (N)				Frontline North Korea's Kim Jong-Un.		Nightly Business Report	Charlie Rose (N)	
WCFE	-	-	World News America	Nightly Business Report	PBS NewsHour (N)		The Last Days of Jesus (Series Premiere) The crucifixion of Jesus Christ. (N)				Frontline North Korea's Kim Jong-Un.		BBC World News	Charlie Rose (N)	
A&E	615	520	Intervention Successful businessman returns to crack.		Intervention A pain pill addiction leads to heroin.		Intervention Hooked on prescription opiates.		Intervention A man is addicted to cocaine and heroin.		Intervention A homeless woman injects heroin.		60 Days In: Atlanta The participants make risky alliances.		(12:03) Intervention
BRAVO	620	523	Lost Letter Mysteries "Family Reunited" Norman has a family reunion.				Blue Bloods Jamie's behavior is questioned.		"Tom, Dick & Harriet" (2013) Steven Weber. A con artist and the man that he helps fall for the same woman.				Relic Hunter Thieves impersonate Sydney and Nigel.		Criminal Minds
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Anderson Cooper 360 (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Cooper 360
DISC	520	505	How It's Made	How It's Made	Daily Planet "Mystery Hunters Week Day 2" (N)		Gold Rush The miners reveal secrets of the season.		Gold Rush "Before the Trail" Attempting the Klondike trail.		Jade Fever (N)	Jade Fever (N)	How It's Made	How It's Made	Gold Rush
HIST	522	506	Canadian Pickers Jam-packed with odd artifacts.		Canadian Pickers A property full of outbuildings.		Pawn Stars	Pawn Stars	American Pickers "The Greatest Pick on Earth"		Forged in Fire: Cutting Deeper "The Naginata" (N)		Yukon Gold Hiro's Curse returns for Big Al.		American Pickers
RDI	126	730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)		Les grands reportages (N) (SC)		Le Téléjournal (N) (SC)		RDI économie (SC)	Le National (N) (SC)	Le National (N) (SC)	24/60 (SC)	
SHOW	616	521	★★★ "Fairfield Road" (2010) Jesse Metcalfe. A man finds sanctuary after losing his job and girlfriend.				"Dear Viola" (2014) Kellie Martin, Jefferson Brown. An advice columnist falls for a widowed fisherman.				Travelers An elite team of operatives is formed.		NCIS "Hiatus" Memories overwhelm Gibbs.		NCIS "Hiatus"
SLICE	601	562	Real Houses of...	Real Houses of...	First Dates "Nerd Love"	First Dates "Ghosted"	First Dates (N)	First Dates (N)	The Real Housewives of Beverly Hills (N)		The Real Housewives of Toronto (N)		First Dates (DVS)	First Dates (DVS)	Real Housewives/Beverly
SPIKE	628	584	(5:00) ★★ "Yes Man" (2008, Comedy) Jim Carrey, Zooey Deschanel. Premiere.			Catch a Contractor	Catch a Contractor A couple with a fire damaged home.		Catch a Contractor Failing to finish a family's roof.		Adam Carolla and Friends Build Stuff Live (N)		Catch a Contractor A young couple's yard left ruined.		Catch a Contractor
TLC	521	560	Say Yes to the Dress		My Big Fat Fabulous Life "Whitney Gets a Date"		My Big Fat Fabulous Life: Extra Fabulous "Belly Up"		My Big Fat Fabulous Life "Big Girl in the Big Apple"		(:02) She's in Charge "Dog-gone Crazy" (N)		(:04) My Big Fat Fabulous Life		(12:04) She's in Charge
TSN	400	400	2017 World Men's Curling Championship		That's Hockey	SC	Golf Highlights of the 2016 Masters. (N)		2017 World Men's Curling Championship Germany vs. Canada. From Edmonton. (N) (Live)						SportsCentre (N)
YOUTH	551	542	Stanley Dyn.	Nicky, Ricky	Assembly	Assembly	Operation	Driving Me	Just Kidding	Laughs: Gags	Game On	Undercover	Assembly	Max & Shred	Operation

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WEDNESDAY EVENING — APRIL 5, 2017

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	**Channel 3 News at Six** (N)		**CBS Evening News/Pelley**	**Entertainment Tonight** (N)	**Survivor** "Vote Early, Vote Often" (N)		**Criminal Minds** Victims are tied to stakes in a desert. (N)		**Criminal Minds: Beyond Borders** "Made In..." (N)		**Channel 3 News**	**(:35) The Late Show With Stephen Colbert**	
WPTZ 5	-	-	**NBC5 News at 6** (N)	**NBC Nightly News - Holt**	**Jeopardy!** (N)	**Wheel of Fortune** (N)	**Blindspot** "Senile Lines" The team is under investigation.		**Law & Order: Special Victims Unit** "Know It All" (N)		**Chicago P.D.** The team helps Burgess find her sister. (N)		**NBC5 News at 11** (N)	**(:34) The Tonight Show Starring Jimmy Fallon**	
CBMT 6	206	301	**CBC Montreal News** (N)	**On the Money**	**True North Calling**	**Coronation Street** (N)	**Dragons' Den** The Dragons reflect on their careers.		**Canada: The Story of Us** "Hunting Treasure"		**The National** (N)		**CBC Montreal News** (N)	**Coronation Street**	**Rick Mercer Report**
CHLT 7	107	718	**(5:58) TVA nouvelles** (N)	**Le tricheur** (N) (SC)	**(6:59) Piment fort** (N) (SC)	**La poule aux oeufs d'or** (N)	★★ **"27 robes"** (2008) Katherine Heigl. Une femme doit être dame d'honneur au mariage de son amour. (SC)				**TVA nouvelles** (N)	**(:35) Denis Lévesque** (N) (SC)	**(:35) Piment fort** (SC)		**"La Méthode Bannen"** (SC)
WMTW 8	-	-	**WMTW News 8 at 6PM** (N)	**ABC World News**	**Wheel of Fortune** (N)	**Jeopardy!** (N)	**The Goldbergs** (N)	**Speechless** (N)	**Modern Family** (N)	**(:31) blackish** (N)	**Designated Survivor** Wells is caught in a dangerous trap.		**WMTW News 8 at 11** (N)	**(:35) Jimmy Kimmel Live**	
CKSH 9	108	-	**Le Téléjournal Estrie** (N)	**RDI économie** (SC)	**District 31** (N) (SC)	**L'épicerie** (N) (SC)	**Les enfants de la télé** "Spéciale Les Pays d'en haut"		**Les échangistes** Mariana Mazza et Sébastien Diaz. (N)		**Le Téléjournal** (N) (SC)		**Entrée principale** (SC)		
CKMI 11	-	-	**(5:30) Global News at 5:30**	**Global National** (N)	**ET Canada**	**Entertainment Tonight** (N)	**Survivor** "Vote Early, Vote Often" (N)		**Big Brother Canada** (N)		**Chicago P.D.** The team helps Burgess find her sister. (N)		**Global News at 11** (N)	**(:35) The Late Show With Stephen Colbert** (N)	
CFCF 12	205	312	**CTV News Montreal** (N)		**etalk** (N)	**The Big Bang Theory**	**Blindspot** "Senile Lines" The team is under investigation.		**Criminal Minds** Victims are tied to stakes in a desert. (N)		**Designated Survivor** Wells is caught in a dangerous trap.		**News-Lisa**	**CTV News Montreal** (N)	**The Daily Show**
WVNY 22	-	-	**Local 22 News** (N)	**ABC World News**	**Local 22 News** (N)	**Inside Edition** (N)	**The Goldbergs** (N)	**Speechless** (N)	**Modern Family** (N)	**(:31) blackish** (N)	**Designated Survivor** Wells is caught in a dangerous trap.		**Local 22 News** (N)	**(:35) Jimmy Kimmel Live**	
WUTV 30	-	-	**The Big Bang Theory**	**Judge Judy**	**Judge Judy**	**Family Feud**	**Shots Fired** Ashe and Preston search for witnesses. (N)		**Empire** Angelo makes an unsettling discovery. (N)		**2 on Your Side at 10** (N)	**Seinfeld** "The Switch"	**Two and a Half Men**	**Two and a Half Men**	**Last Man Standing**
CFKS 31	106	726	**Atomes crochus**	**Souper parfait**	**L'arbitre**		**Personne d'intérêt** Décima prend Grace en otage. (SC)		**Scorpion** Scorpion doit déjouer les plans de Mark.		**En mode Salvail** (N)		**Espace découvertes** Giovanni cuisine la lotte.		**Zone Séduction**
WUHF	-	363	**Modern Family**	**Modern Family**	**The Big Bang Theory**	**The Big Bang Theory**	**Shots Fired** Ashe and Preston search for witnesses. (N)		**Empire** Angelo makes an unsettling discovery. (N)		**13WHAM News at 10 on Fox Rochester** (N)		**2 Broke Girls**	**2 Broke Girls**	**Paid Program**
WETK	-	-	**PBS NewsHour** (N)		**Poetry Out Loud: Vermont Finals 2017** (N)		**Nature** Cameras reveal details about owls.		★★★ **"Nosey Parker"** (2003) George Lyford, Natalie Picoe. A man and his wife move from New York to Vermont.				**Nightly Business Report**	**Charlie Rose** (N)	
WCFE	-	-	**World News America**	**Nightly Business Report**	**PBS NewsHour** (N)		**Nature** Cameras reveal details about owls.		**NOVA** "Himalayan Megaquake" Earthquake in Nepal.		**Secrets of the Dead** Leonardo da Vinci's ideas. (N)		**BBC World News**	**Charlie Rose** (N)	
A&E	615	520	**The First 48** Carjacking killers; deadly argument.		**Duck Dynasty** "End of an Era" Si decides to retire.		**Duck Dynasty** (N)	**Jep & Jessica: Growing**	**Duck Dynasty** Favorite moments from the show recalled. (N)			**(:32) Billy the Exterminator**	**(:03) Duck Dynasty**	**(:33) Duck Dynasty**	**(12:03) Duck Dynasty**
BRAVO	620	523	**"Lost Letter Mysteries: From Paris With Love"** (2015) Eric Mabius. The Postables explore the mysteries of true love.				**Blue Bloods** A car from a classic film is stolen.		**Missing** "Truth or Dare" Investigating a disappearance.		**The Arrangement** "Temptation" (N)		**Relic Hunter** "Pandora's Box" Pandora's Box.		**Criminal Minds**
CNN	500	500	**Situation Room With Wolf**		**Erin Burnett OutFront** (N)		**Anderson Cooper 360** (N)		**The Messy Truth**		**CNN Tonight w/ Don Lemon**		**CNN Tonight w/ Don Lemon**		**Messy Truth**
DISC	520	505	**How It's Made**	**How It's Made**	**Daily Planet** "Mystery Hunters Week Day 3" (N)		**Gold Rush** "Before the Trail" Attempting the Klondike trail.		**Moonshiners** Mark heads into the mountains.		**Moonshiners** Mark and Digger reminisce. (N)		**Jade Fever** (DVS)	**Jade Fever** (DVS)	**Moonshiners**
HIST	522	506	**Yukon Gold** "Not Beaten" Big Al's health declines.		**Yukon Gold** Hiro's Curse returns for Big Al.		**Forged in Fire: Cutting Deeper** "The Naginata"		**Swamp People** Dwaine hits a breaking point. (N)		**Yukon Gold** Chris risks his season on a new cut. (N)		**Ice Road Truckers** "Trial by Ice"		**Swamp People**
RDI	126	730	**RDI économie** "Spéciale impôts" (N) (SC)		**24/60** (N) (SC)		**Les grands reportages** "Le monde selon Subway" (N)		**Le Téléjournal** (N) (SC)		**RDI économie** (SC)	**Le National** (N) (SC)	**Le National** (N) (SC)	**24/60** (SC)	
SHOW	616	521	**"Alien Agent"** (2007) Mark Dacascos, Billy Zane. An intergalactic warrior must prevent an alien invasion.				**"Roboshark"** (2015) Hristo Balabanov, Laura Dale. A shark goes on a rampage after devouring a space probe.				**NCIS** "Viral" A murder matches a serial killer's MO.		**NCIS** "Shalom" Political assassination.		**NCIS** "Escaped"
SLICE	601	562	**First Dates** (DVS)	**First Dates** (DVS)	**The Real Housewives of Toronto**		**The Real Housewives of Toronto**		**The Real Housewives of New York City**		**Chrisley Knows Best**	**Chrisley Knows Best**	**Property Virgins**	**Property Virgins**	**Housewives/ NYC**
SPIKE	628	584	**(4:30)** ★★ **"The Book of Eli"** (2010) Denzel Washington, Gary Oldman.		★★ **"Four Brothers"** (2005, Crime Drama) Mark Wahlberg, Tyrese Gibson. Siblings seek revenge for their adoptive mother's murder.						**Bar Rescue** A management-heavy staff.		★★ **"Four Brothers"** (2005, Crime Drama) Mark Wahlberg, Tyrese Gibson.		
TLC	521	560	**My 600-Lb. Life** Two brothers can't stand each other.		**My 600-Lb. Life** Two brothers can't stand each other.		**My 600-Lb. Life** "Steven and Justin's Story, Part 2" After a year, neither brother improves. (N) (Part 2 of 2)						**My 600-Lb. Life** After a year, neither brother improves. (Part 2 of 2)		
TSN	400	400	**SportsCentre** (N) (Live)		**That's Hockey**	**NBA Basketball** Toronto Raptors at Detroit Pistons. From the Palace of Auburn Hills in Auburn Hills, Mich. (N) (Live)					**CONCACAF Champions League Soccer** Vancouver Whitecaps FC vs Tigres UANL. Semifinal - Leg 2. (N) (Live)				**SportsCentre** (N)
YOUTH	551	542	**Stanley Dyn.**	**Game On**	**Assembly**	**Assembly**	**Operation**	**Driving Me**	**Just Kidding**	**Laughs: Gags**	**Game On**	**Undercover**	**Assembly**	**Max & Shred**	**Operation**

THURSDAY EVENING — APRIL 6, 2017

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	**Channel 3 News at Six** (N)		**CBS Evening News/Pelley**	**Entertainment Tonight** (N)	**The Big Bang Theory** (N)	**(:31) The Great Indoors**	**(:01) Mom** (N)	**Life in Pieces** (N)	**The Amazing Race** "Scared Spitless" (N)		**Channel 3 News**	**2017 Masters**	**Late Show-Colbert**
WPTZ 5	-	-	**NBC5 News at 6** (N)	**NBC Nightly News - Holt**	**Jeopardy!** (N)	**Wheel of Fortune** (N)	**Superstore** (N)	**Powerless** (N)	**Chicago Med** The hospital computer system is hacked.		**The Blacklist: Redemption** "Whitehall" (N)		**NBC5 News at 11** (N)	**(:34) The Tonight Show Starring Jimmy Fallon**	
CBMT 6	206	301	**CBC Montreal News** (N)	**On the Money**	**Snowboarder**	**Coronation Street** (N)	**The Nature of Things** (DVS)		**Keeping Canada Safe** (N)	**Keeping Canada Safe** (N)	**The National** (N)		**CBC Montreal News** (N)	**Coronation Street**	**Rick Mercer Report**
CHLT 7	107	718	**(5:58) TVA nouvelles** (N)	**Le tricheur** (N) (SC)	**(6:59) Piment fort** (N) (SC)	**La voix** (N) (SC)	**Du talent à revendre** (SC)		**Esprits criminels** L'équipe du BAU est appelée en Arizona.		**TVA nouvelles** (N)	**(:35) Denis Lévesque** (N) (SC)	**(:35) Piment fort** (SC)		**"Conduite infernale"** (SC)
WMTW 8	-	-	**WMTW News 8 at 6PM** (N)	**ABC World News**	**Wheel of Fortune** (N)	**Jeopardy!** (N)	**Grey's Anatomy** Maggie takes on a big case. (N)		**(:01) Scandal** Investigation puts someone at risk. (N)		**The Catch** The team digs into Margot's past. (N)		**WMTW News 8 at 11** (N)	**(:35) Jimmy Kimmel Live**	
CKSH 9	108	-	**Le Téléjournal Estrie** (N)	**RDI économie** (SC)	**District 31** (N) (SC)	**Infoman** (N) (SC)	**Le grand rire de...** Dominic Paquet. (SC)		**Les échangistes** (N) (SC)		**Le Téléjournal** (N) (SC)		**Entrée principale** (SC)		
CKMI 11	-	-	**(5:30) Global News at 5:30**	**Global National** (N)	**ET Canada**	**Entertainment Tonight** (N)	**Big Brother Canada** (N)		**Chicago Med** The hospital computer system is hacked.		**The Blacklist: Redemption** "Whitehall" (N)		**Global News at 11** (N)	**(:35) The Late Show With Stephen Colbert**	
CFCF 12	205	312	**CTV News Montreal** (N)		**Grey's Anatomy** Maggie takes on a big case. (N)		**The Big Bang Theory** (N)	**Powerless** (N)	**MasterChef Canada** The cooks create appetizers. (N)		**The Amazing Race** "Scared Spitless" (N)		**News-Lisa**	**CTV News Montreal** (N)	**The Daily Show**
WVNY 22	-	-	**Local 22 News** (N)	**ABC World News**	**Local 22 News** (N)	**Inside Edition** (N)	**Grey's Anatomy** Maggie takes on a big case. (N)		**(:01) Scandal** Investigation puts someone at risk. (N)		**The Catch** The team digs into Margot's past. (N)		**Local 22 News** (N)	**(:35) Jimmy Kimmel Live**	
WUTV 30	-	-	**The Big Bang Theory**	**Judge Judy** (N)	**Judge Judy**	**Family Feud**	**MasterChef** The cooks create a meal for Scouts. (N)		**(:01) Kicking & Screaming** "Rumble in the Jungle" (N)		**2 on Your Side at 10** (N)	**Seinfeld** "The Label Maker"	**Two and a Half Men**	**Two and a Half Men**	**Last Man Standing**
CFKS 31	106	726	**Atomes crochus**	**Souper parfait**	**L'arbitre**		**L'amour est dans le pré** (N)		**CSI: Miami** L'ex-amie de coeur d'Horatio est tuée.		**En mode Salvail** (N)		**Espace découvertes** Giovanni cuisine le poireau.		**Zone Séduction**
WUHF	-	363	**Modern Family** "iSpy"	**Modern Family**	**The Big Bang Theory**	**The Big Bang Theory**	**MasterChef** The cooks create a meal for Scouts. (N)		**(:01) Kicking & Screaming** "Rumble in the Jungle" (N)		**13WHAM News at 10 on Fox Rochester** (N)		**2 Broke Girls**	**2 Broke Girls**	**Paid Program**
WETK	-	-	**PBS NewsHour** (N)		**Natl Film Board of Canada: Montreal** "Outbreak: Anatomy of the Plague" (N)			**Qulture**	**Doctor Blake Mysteries** "A Difficult Lie"		**Miss Fisher's Murder Mysteries** "Death and Hysteria"		**Nightly Business Report**	**Charlie Rose** (N)	
WCFE	-	-	**World News America**	**Nightly Business Report**	**PBS NewsHour** (N)		**Miss Marple** Miss Marple visits a seaside resort.		**Call the Midwife** (Season Premiere) (N) (PA)		**Home Fires on Masterpiece** The villagers live in fear.		**BBC World News**	**Charlie Rose** (N)	
A&E	615	520	**The First 48** Body found in a creek bed.		**The First 48** Robbers gun down an Atlanta father.		**The First 48: Revenge Kills** (N)		**60 Days In: Atlanta** "Vulnerable Positions" (N)		**(:01) Nightwatch** Shooting at a high-school football game.		**(:03) Nightwatch: Ride Along** "Family Ties" (N)		**The First 48: Revenge Kills**
BRAVO	620	523	**Lost Letter Mysteries** "Truth Be Told"				**Blue Bloods** An elusive serial killer taunts Danny.		**Missing** "Truth or Dare" Investigating a disappearance.		**Colony** The Bowman family must make a choice.		**Relic Hunter** Search for ancient warrior belt.		**Criminal Minds**
CNN	500	500	**Situation Room With Wolf**		**Erin Burnett OutFront** (N)		**Anderson Cooper 360** (N)		**Anderson Cooper 360** (N)		**CNN Tonight w/ Don Lemon**		**CNN Tonight w/ Don Lemon**		**Cooper 360**
DISC	520	505	**How It's Made**	**How It's Made**	**Daily Planet** "Mystery Hunters Week Day 4" (N)		**Vegas Rat Rods** "Timber Busting Diamond T" (N)		**Fast N' Loud: Revved Up** Richard gets ready to sell cars.		**Fast N' Loud** Aaron bets Richard he can finish a car. (N)		**How It's Made**	**How It's Made**	**Vegas Rat Rods**
HIST	522	506	**Klondike Trappers** Guy makes a bold decision.		**Airport: Below Zero** "Northern Lates"		**Swamp People** Dwaine hits a breaking point.		**Yukon Gold** Chris risks his season on a new cut.		**Counting Cars**	**Counting Cars**	**Restoration Garage** Antique car event in Pennsylvania.		**Pawn Stars**
RDI	126	730	**Le National** (N) (SC)	**RDI économie** (N) (SC)	**24/60** (N) (SC)		**Les grands reportages** "L'affaire Madonna" (N) (SC)		**Le Téléjournal** (N) (SC)		**RDI économie** (SC)	**Le National** (N) (SC)	**Le National** (N) (SC)	**24/60** (SC)	
SHOW	616	521	**"Messages Deleted"** (2009, Suspense) Matthew Lillard. A student forces a screenwriting teacher to enact a story.				**"A Warden's Ransom"** (2014) Diane Neal. An imprisoned killer offers cash to anyone who can free him.				**The Magicians** Quentin and Julia undertake a journey. (N)		**NCIS** "Singled Out" A missing Navy lieutenant.		**NCIS** "Faking It"
SLICE	601	562	**Buying the View**	**Come Dine Canada**	**Come Dine Canada**	**Come Dine Canada**	**Come Dine Canada**	**Come Dine Canada**	**Say Yes-Dress**	**Say Yes-Dress**	**Say Yes-Dress**	**Say Yes-Dress**	**The Real Housewives of Toronto**		**Million Dollar LA**
SPIKE	628	584	**Deadliest Warrior** Butcher faces a Chinese warrior.		**Deadliest Warrior** Assassin vs. leader.		**Deadliest Warrior** Attila the Hun vs. Alexander the Great.		**Deadliest Warrior** Somali Pirates vs. the Medellin Cartel.		**Deadliest Warrior** Super soldiers.		**Deadliest Warrior** A Persian Immortal vs. Celt.		**Deadliest Warrior**
TLC	521	560	**Say Yes to the Prom**	**Say Yes to the Dress**	**My 600-Lb. Life** Bedridden Marla must face the facts.		**My 600-Lb. Life: Supersized** "Steven and Justin's Story, Part 2" The brothers have made little progress. (N)				**Skin Tight: Transformed** "Kylie & Anna" (N)		**(:01) My 600-Lb. Life: Supersized** The brothers have made little progress.		
TSN	400	400	**(3:00) 2017 Masters Tournament** First Round. (N) (Live)			**SportsCentre** (N)	**SC**	**STIHL Timbersports**	**2017 World Men's Curling Championship** Norway vs. Canada. From Edmonton. (N) (Live)						**SportsCentre** (N)
YOUTH	551	542	**Stanley Dyn.**	**School**	**Assembly**	**Assembly**	**Merlin** "Lancelot" (N)		**Kevin Can**	**Man-Plan**	**Game On**	**Undercover**	**Assembly**	**Max & Shred**	**Merlin**

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What's On

Continued from page 6

Music

April 2

Elisabeth Von Trapp in Concert (from the family whose story inspired the Sound of Music), on Sunday, April 2 at 3 p.m. at the **United Church of Newport, 63 Third St., Newport, VT.** Suggested donation: **$10.** Reception following. Sponsored by the Now Playing Newport, A Vermont Music Series.

Events

March 31

The mission team is hosting a **fundraiser at Hope Community Church** (HCC) to raise funds for our trip on Friday, March 31, 5-8 p.m. There will be spaghetti, salad and cupcakes for **$10**. You can pay at the door. Plus there will be a used book and DVD sale on site. Everyone is welcome to come out and support us.

March 31 & April 1

Pass It On! **Clothing Exchange at Oasis Christian Centre**, 219 Queen Street, Sherbrooke. **Free used clothes**. All are welcome! Distributing: Friday, March 31 from 3 p.m. to 9 p.m., and Saturday, April 1 from 9 a.m. to 12 p.m. For more information, please contact Stephanie Goddard at 819-564-1377 or info@oasis-centre.ca.

April 1

Township Toddlers annual benefit, Beef and Pork Supper and Dance, April 1 from 5 p.m. to 7 p.m. at Salle chevalier de colomb de Cowansville, 224 Christophe-Colombes. **$12 per person, under 12 $8. Auction following. Dance from 9 p.m. to 1 a.m. ($5 per person)**. Music by Smokin' Country and Friend. **All profits go to equipment at the Montreal Children and B.M.P Community.** Information: 450-263-5080 or 450-266-1716 (Ross).

April 1

The **Rotary Club of the Boundary** announces its **next book sale** on Saturday, April 1 from 9 a.m. to noon at the **Rotary Bookstore in Beebe.** We have books in French and English on a wide range of subjects. **Customers are asked to donate what they think the books are worth.** For more information, call 819-842-1940.

April 1

The **Waterville-North Hatley United Church**, Waterville will hold their **annual Pancake Breakfast** on Saturday, April 1 from 8:30 a.m. to 11 a.m. Breakfast consists of pancakes, egg frittata, sausage, fruit cup, muffin and tea, coffee or juice. **Admission charged.**

April 1 & 22

The Canadian Legion, Branch #15, 235 College St. N., Richmond, will be holding **2 CRIBBAGE TOURNAMENTS** in April. Games begin at 1 p.m. sharp, Saturday, April 1 and Saturday, April 22. All welcome.

April 2

Parish of Brome Sugar-on-Snow Outreach Fundraiser, Sunday, April 2, noon to 3 p.m., Holy Trinity Church Hall, Iron Hill. **Admission $7 for adults, $4 for kids 10 and under.** Admission includes taffy, sleigh rides, petting zoo and coffee and doughnuts. Canteen on site. Music with Ralph Steiner. Information Judy 450-263-3025, Doug 450-263-2579, Val 450-204-7285.

April 2

Prom Fairy Family Bingo, Sunday, April 2. **PLEASE NOTE NEW LOCATION: Alexander Galt Cafeteria,** 1700 College, Sherbrooke. The action starts at noon with the opening of the canteen and the games; bottle caps, Spinning wheel and Fairy Drop. Bingo starts sharp at 1:30 p.m. and bring your dabbers. An adult and child winner each game. 10 games in total to be played. For more information look up our event page on Facebook at:
www.facebook.com/events/734545053380691/

April 3

The Canadian Club of the Yamaska Valley, Monthly Meeting: 2 p.m. April 3 at the Auberge, West Brome on Rte.139. Speaker: Mari Hill Harpur Photographer, Author. Topic: "Sea Winter Salmon Chronicles of the St. John River" **Non-members $10.** Information: 450-372-4562. Lunch reservations at the Auberge call 450-266-7552/1-888-902-7663. Please visit our web page http://www.canadian-club-yamaskavalley.ca

April 6

Join Townshippers' Association for a free Intro to Poetry writing workshop at the Brome County Historical Society, 130 Rue Lakeside, Lac-Brome on Thursday, April 6, 1:30 p.m. to 4 p.m. Offered through the **"Our Stories" project to commemorate Canada's 150th Anniversary of confederation,** with the participation of the Government of Canada. Dates/info:
www.Townshippers.org/Canada150 or under events at www.Facebook.com/Townshippers Register for the event on facebook [select going] or call Townshippers' at 819-566-5717 (toll-free 1-866-566-5717).

April 7

Emmanuel United Church annual Quilt Show to be held on Friday, April 7 and Saturday, April 8 at Emmanuel United Church, 203 rue Principale, Cowansville from 9 a.m. to 3 p.m. **Entry fee: $5,** includes light snacks and beverages. **Members of the QUEBEC QUILT REGISTRY will be in attendance Saturday only.** If you wish to register your quilt, please call Laurie or Alice at Fil Amis 450-955-1957 ASAP. For more information, you may call Norma at 450-263-3448, Louise at 450-266-1380 or Ingeborg at 450-266-2479.

April 7 & 8

Brome Hall Rummage Sale, 330 Stagecoach, Brome on Friday, April 7 from 2 p.m. to 7 p.m. and Saturday, April 8 from 8 a.m. to 12:30 p.m. **Door open for donations:** Monday, April 3 to Friday, April 7. Information: 450-242-1085, 450-243-5742, 450-522-6443.

April 8

The annual pre-Easter supper will be held at "The Hut", A.N.A.F., Unit #318, 300 St. Francis Street, Lennoxville, on Saturday, April 8 at 6 p.m. Roast beef dinner with all the fixings. To reserve, please call Doreen Morissette at 819-821-2967 no later than April 4.

April 8

Chicken & Biscuit Supper, Memorial Hall, 20 Academy Street, Stanbridge East, Saturday, April 8, from 5 p.m. to 7 p.m. **Donation: $12, children 10 years & under $6. Bake sale for Butler Elementary School. Maple Leaf Chapter No. 2 Order of the Eastern** Star. For more information 450-248-3460. Everyone welcome.

April 15

10th annual DART TOURANAMENT for the benefit of the BREAST CANCER SOCIETY on Saturday, April 15 at the Old Lennoxville Golf Course. Starts at 1 p.m. **Mixed doubles/bring your own partner. 5 games 301. $5/player.** Everyone welcome. For information call Mary Dezan 819-823-2600.

April 15

1st Lennoxville Scouts Mechoui Fundraiser on Saturday, April 15, 6 p.m. to 8 p.m., at the A.N.A.F. unit #318, **"The Hut," 300 St. Francis Street, Lennoxville.** Come and enjoy a delicious meal of Beef, Chicken, Pork, salads and dessert prepared by the Hut and served by your own 1st Lennoxville Scouts. Tickets available at Clarke & Sons, SWM Peinture or from any 1st Lennoxville member. Info: 819-562-4969. **Adult $20, 12 under $10, 4 under free.**

April 23

BRUNCH (Advance notice). The Canadian Legion, Branch #15, 235 College St. N., Richmond, will be holding our LEGION EASTER BRUNCH from 9 to 12 on Sunday, April 23. **Entry fee charged at the door, half price for children 12 and under. PLEASE NOTE: This is a week later than usual due to Easter Holiday.**

Exhibits

LAHMS REQUEST: In preparation for the next exhibition planned by Lennoxville-Ascot Historical and Museum Society, 1867-2017: 150 Years in Lennoxville and Ascot, **the loan of some artifacts is being requested. If you have any badges and/or medals from World War I and/or photos of Ascot School** that you could lend, please call 819-564-0409 or send a message to lahms@uplands.ca.

April 2-May21

The Bishop's University Fine Arts Collective, composed primarily of faculty members from the University's department of Fine Arts, joins creative forces with the faculty of Champlain College-Lennoxville's Visual Arts Program for an **exhibition at Uplands Cultural and Heritage Center,** on display from April 2 to May 21. Participating faculty members from Bishop's University include Jim Benson, Tim Doherty, Micheline Durocher, Mona Godbout, Darren Millington and Regine Neumann, while Cynthia Touchette, Lisa Driver, Lucy Doheny, and Kevin McKenna will represent Champlain College-Lennoxville. **The public is invited to meet the artists during the opening vernissage on Sunday, April 2 between 2 p.m. and 4 p.m. at Uplands,** 9 Speid Street in Sherbrooke (Borough of Lennoxville).

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