# Wound Care Treatment Plan

**Completed by the nurse on:** _____

## What are the objectives of care?

- ☐ Drying the wound
- ☐ Controlling the infection
- ☐ Debriding the wound (removal of dead tissue)
- ☐ Managing wound moisture
- ☐ Preventing or relieving pain
- ☐ Protecting the skin surrounding the wound
- ☐ Other: _____

**N.B.:** The plan may be adjusted based on the progress of your wound and on the objectives established by your nurse.



## Which cleansing product(s) should you use?

- ☐ Tap or shower water
- ☐ Saline solution (0.9% NaCl)
- ☐ Soak dressing (compress or gauze pad soaked in a solution, wrung out, and applied on the wound)
  - Solution to use: _____
  - Leave on the wound for: _____

## Which dressing(s) should you apply?

Your nurse will choose the dressing(s) adapted to your wound. Several types of dressings may be used simultaneously.

**Apply the dressings in the order indicated by the numbered sequence.**

### Primary dressings

(applied directly to the wound):

- ☐ Gelling fiber (e.g., Aquacel™)
- ☐ Hydrogel (e.g., IntraSite® Gel)
- ☐ Silver-containing gelling fiber (e.g., Aquacel™ Ag+)
- ☐ Iodine-based antimicrobial dressing (e.g., UrgoClean Ag®)
- ☐ Silicone-impregnated non-adhering dressing (e.g., Adaptic™)
- ☐ Gauze roll bandage
- ☐ Absorbent foam dressing with blue methylene/gentian violet (e.g., Hydrofera Blue®)
- ☐ Providone-impregnated non-adhering dressing (e.g., Inadine™)
- ☐ Hydrophilic wound dressing paste (e.g., Triad™)
- ☐ Other: _____

### Secondary dressings

(applied to the primary dressing(s)):

- ☐ Gauze bandage (e.g., Kling®)
- ☐ Sterile gauze pad
- ☐ Absorbent foam dressing (e.g., Biatain®, Mepilex®)
- ☐ Adhesive fixation tape/fabric (e.g., Mefix®, Hypafix®)
- ☐ Super absorbent specialized dressing (e.g., Mextra®)
- ☐ Other: _____

## How often do you need to change the dressing(s)?

- ☐ Twice daily
- ☐ Three times a week
- ☐ Once daily
- ☐ Twice a week
- ☐ Every 2 days
- ☐ Once a week
- ☐ Other: _____

## Who do you contact if you have any questions?

_____

_____

_____

**The information contained in this document does not replace in any way whatsoever the recommendations made, diagnoses provided, or treatments recommended by your health care professional.**

4-6-13787 (FR) | 4-6-13788 (ANG)

**November 2026**

Santé Québec