

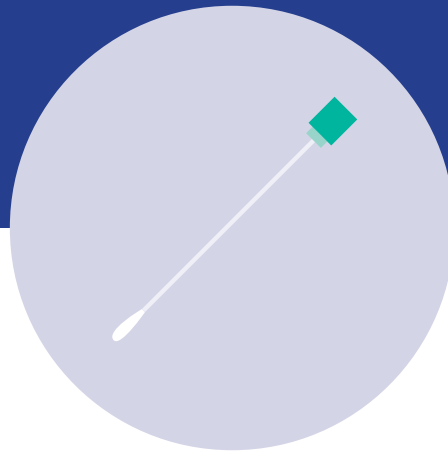
Preparing your child for COVID-19 testing

If your child must undergo COVID-19 testing, reassure them that this test will allow us to provide the best treatment.



Describe who they will see

Prepare your child by explaining that the medical staff will wear special protective clothing to keep everyone safe.



Describe the testing material

The test will be done with a long skinny Q-tip.



Provide support

Before the test, practice deep breathing to help you and your child remain calm. During the test, you can sit next to your child. Encourage them to hold a comfort item.



Prepare for the swab test

Encourage your child to remain as still as possible during the test and to look up. The healthcare provider will rub the inside of their nose with the Q-tip for a short period of time.