

COVID-19 vaccination in the Estrie region



Free and Universal

- The vaccine is free. It is available to the ENTIRE population, regardless of immigration status or medical coverage.
- You do not have to present a health-insurance card to receive it.



Confidentiality

- Vaccination, like any medical procedure, is confidential.
- None of your personal data will be passed on to third parties or other authorities.



Why get the COVID-19 vaccine?

- Because vaccination is the most effective way to protect against COVID-19.
- To prevent serious complications and deaths related to COVID-19.
- To stop the circulation of the virus in a sustainable way.



Is the vaccine safe?

- Each step required to develop, test, and validate the vaccines was done with rigor and efficiency.
- Since vaccination began, tens of millions of people have been vaccinated worldwide.
- Experts continue to monitor immunization to ensure that vaccines remain safe and effective.



What does the vaccine contain?

- The vaccine contains no animal products and no COVID-19 virus.
- If you have a known allergy to any of the components of the vaccine (polyethylene glycol, tromethamine, or polysorbate 80), it is important to inform a health-care professional to determine if you can receive the vaccine.

What reactions can occur after receiving the COVID-19 vaccine?

As with most vaccines:

- Pain at the injection site
- Fatigue, headache
- More rarely, muscle or joint pain and fever

These symptoms usually disappear after one or two days and can be relieved with a cold compress at the injection site and, if necessary, a simple pain medication such as acetaminophen (e.g., Tylenol®).

HOW DO I MAKE AN APPOINTMENT FOR VACCINATION?

Étape 1 :

Visit

or

call



quebec.ca/COVIDvaccine



1-877-644-4545

Étape 2 : Select a service: COVID-19 vaccine

Étape 3 : Enter your postal code

Étape 4 : Answer 2 or 3 questions to see if you are eligible for vaccination

Étape 5 : Choisir le lieu, la date et l'heure du rendez-vous

Étape 6 : Enter the name, date of birth, and phone number.

You will receive a confirmation with the details of your appointment by email, SMS (text message), or a phone call.



WHERE TO GET VACCINATED?

To consult the list of vaccination sites in Estrie: santeestrie.qc.ca/vaccinocovid