



NUCLEAR MEDICINE

Your physician has prescribed a nuclear imaging test. This medical specialty evaluates the functioning (physiology) and shape (anatomy) of organs. It is also used for therapeutic purposes.

Whether to check your coronary arteries or the condition of your bones, a mildly radioactive product will be administered to take images of your organs using Spect/CT cameras.

ABOUT THE EXAMS

- These types of examinations are by appointment only. Once your exam request has been received, we will contact you by phone or mail as soon as possible. At that time you will be given the following information:
 - the time and date of your examination;
 - the location of your examination :
 - Hôtel-Dieu de Sherbrooke **OR**;
 - Hôpital Fleurimont **OR**;
 - Hôpital de Granby;
 - the approximate duration of your examination;
 - the preparations you will need to make, if applicable.
- The results will be sent to your prescribing physician. Your doctor will contact you for a follow-up regarding your results.

CANCELLING OR POSTPONING AN APPOINTMENT

If you need to cancel or postpone your examination, please notify staff. See the grey box on the reverse side of this information sheet to get the telephone number you need to dial.

GETTING READY FOR THE EXAM

There is a wide range of examinations in nuclear medicine (about 75). Each exam requires a different type of preparation. **It is essential that you follow the instructions given to you when your appointment is being scheduled as the results of your exam depend on your compliance.**

REMEMBER TO BRING...

- A valid health insurance card (otherwise you will have to pay for this test).
- Your hospital card
 - * If you do not have a hospital card, allow for 15 minutes to have one made at the admitting department before your appointment.
- An up-to-date list of your medications.
- The original copy of your examination request (if you have it).

ON THE DAY OF THE TEST

- Go to the location at the time and date specified by the administrative officer when your appointment was scheduled.
- A technologist will come for you in the waiting room. He will verify that you complied with the preparations for your scan. He will weigh you and complete a questionnaire with you. He will explain the steps and procedures for your scan. If you have any questions or concerns, please do not hesitate to speak to the technologist. He is there for you.

AFTER THE EXAMINATION

- Most nuclear medicine exams require you to drink plenty of water because most products administered by the technologist are voided through urine.
- The technologist will give you specific recommendations to follow (when required).
- Side-effects to the administered products occur very rarely. If you believe that you are having an abnormal reaction, notify the staff.

BACK HOME

If you have any questions or concerns regarding your health:

- Consult your family physician or go to a walk-in clinic.
- If the clinic is closed, dial 8-1-1 for Info-Santé;
- Go to the emergency department of your nearest hospital centre.

DO YOU HAVE ANY QUESTIONS?



santeestrie.qc.ca/imaging



Info-Santé 811

OR

Speak to your prescriber.

**Centre intégré
universitaire de santé
et de services sociaux
de l'Estrie – Centre
hospitalier universitaire
de Sherbrooke**

Québec 

CHECKLIST

My examination date: _____

Location; **Hôtel-Dieu de Sherbrooke**

580 Bowen Sud

Sherbrooke, Québec

J1G 2E8

Enter through door 25 (at the corner of Woodward and Murray).
The radiology reception desk will be to your right, room 3475

To cancel or postpone your test:

819-346-1110, ext. 23400

Location; **CHUS - Hôpital Fleurimont**

3001, 12^e Avenue Nord

Sherbrooke, Québec

J1H 5N4

Use the main entrance.

The radiology reception desk is in the basement, room S603.

To cancel or postpone your test:

819-346-1110, ext. 14609

Location: **Hôpital de Granby**

205 Blvd. Leclerc Ouest

Granby, Québec

J2G 1T7

Use the main entrance.

Follow the green dots on the floor up to the medical imaging
reception desk.

To cancel or postpone your test:

450-375-8017

Editing

Medical imaging and nuclear medicine team

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Service des communications

Direction des ressources humaines, des communications et des affaires juridiques

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