

SERVICE PATHWAY FOR A SEXUAL ASSAULT DISCLOSURE

Anyone who receives a disclosure (Examples of service providers: Women's centers, Organizations for men, Bulle et Baluchon, Women's shelters, Addiction centers, Iris Estrie, CIUSSS de l'Estrie-CHUS, Police services, Directeur des poursuites criminelles et pénales, Educational institutions, Family physicians, Private professionals, etc.)

Role of the person receiving the disclosure:

Provide a welcoming and supportive environment using the helpful attitudes listed on the reverse side, and refer accordingly as outlined below.

If the victim is under 18 years old, it is mandatory to report to the Director of Youth Protection at 819-566-4121 or 1-800-463-1029.

	WHEN DID THE ASSAULT OCCUR? 5 DAYS OR —		WHEN DID THE ASSAULT OCCUR? 6 DAYS OR +	
		RLS Sherbrooke, Asbestos, Coaticook, Granit, Haut-St-François, Memphrémagog, Val-St-François	RLS Haute-Yamaska And RLS La Pommeraie	RLS Sherbrooke, Asbestos, Coaticook, Granit, Haut-St-François, Memphrémagog, Val-St-François
ORGANIZATIONS	<p>Agression Estrie – CALACS (help center for sexual assault victims) (24/7 services) (Female clients aged 12 years and older) 819-563-9999 or 1-877-563-0793</p> <p>CAVAC Estrie (crime victims assistance center) (Monday to Friday from 8:30 a.m. to 4:30p.m.) (All client groups) 819-820-2822 or 1-877-822-2822</p>	<p>CALACS des Rivières HH-BM (help center for sexual assault victims) (Weekdays) (Female clients aged 12 years and older) 450-375-3338 or Urgence détresse 24/ Dial 8-1-1 (press 2)</p> <p>CAVAC Estrie (help center for sexual assault victims, Monday to Friday from 8:30 a.m. to 4:30 p.m.) (All client groups) 819-820-2822 or 1-877-822-2822</p>	<p>Agression Estrie – CALACS (help center for sexual assault victims) (24/7 services) (Female clients aged 12 years and older) 819-563-9999 or 1-877-563-0793</p> <p>SHASE (help center for male sexual assault victims) (Male clients aged 12 years or older) 819-933-3555</p> <p>CAVAC Estrie (crime victims assistance center) (Monday to Friday from 8:30 a.m. to 4:30 p.m.) (All client groups) 819-820-2822 or 1-877-822-2822</p>	<p>CALACS des Rivières HH-BM (help center for sexual assault victims) (Weekdays) (Female clients aged 12 years and older) 450-375-3338 or Urgence détresse 24/7 Dial 8-1-1 (press 2)</p> <p>CAVAC Estrie (crime victims assistance center) (Monday to Friday from 8:30 a.m. to 4:30 p.m.) (All client groups) 819-820-2822 or 1-877-822-2822</p> <p>Resources for men in the Haute-Yamaska (Male clients aged 14 years and older) 450-777-6680</p>
DESIGNATED CENTERS	<p>Designated center for the sexual assault evidence kit For everyone CIUSSS de l'Estrie-CHUS, Hôpital Fleurimont (emergency department) 3001, 12^e Avenue Nord, Sherbrooke</p>	<p>Designated center for the sexual assault evidence kit For everyone Hôpital de Granby (emergency department) 205 Boulevard Leclerc Ouest, Granby</p>	<p>Medico-social pediatric clinic (13 years or younger) CIUSSS de l'Estrie-CHUS, Hôpital Fleurimont 3001, 12^e Avenue Nord, Sherbrooke</p> <p>Planned parenthood clinic (14 years and older) CIUSSS de l'Estrie – CHUS 1095 Belvédère South, Sherbrooke</p>	<p>Designated center for the sexual assault evidence kit For everyone Hôpital de Granby (emergency department) 205 Boulevard Leclerc Ouest, Granby</p>

At all times, applicable everywhere: Refer the user to the organizations which provide psychosocial monitoring to sexual assault victims listed above or to the Quebec-wide, 24/7 sexual assault victim hotline at 1-888-933-9007.

HELPFUL ATTITUDES DURING A SEXUAL ASSAULT DISCLOSURE

Believe and listen without judging

Accept without exaggerating or minimizing

Allow the person to speak freely in their own words

Check the person's physical health

Accept the person in their lived experience and respect their pace

Avoid overwhelming reactions and control your feelings (stay calm)

Refer the person to the appropriate resources (see pathway on reverse)

Check whether the person's safety is compromised, and if they have suicidal thoughts dial 8-1-1, press 2 (1-866-APPELLE)

Check whether the person has a support network (family, friends)

Tell the person not to feel guilty, that it's not their fault

Acknowledge the person's feelings and emotions

Avoid asking questions about the events

Offer support and availability

****WARNING FOR MINORS AGED UNDER 18****

- **Obligation to report to the Director of Youth Protection by virtue of section 39 of the *Youth Protection Act*.**
- **Do not promise to keep anything a secret.**
- **Note down the child's words without delay.**
- **Avoid asking any suggestive questions.**

Highlight the person's courage in speaking out

Help the person identify their needs