



TRANSESOPHAGEAL ULTRASOUND

Your physician has prescribed a transesophageal ultrasound test. This exam provides detailed images of cardiac structures via an ultrasonic probe inserted through esophagus.

ABOUT THE EXAMINATION

- The examination is by appointment only.
- The examination is performed by an ultrasound technologist, a respiratory therapist, and a cardiologist.
- The examination takes approximately one hour. After the examination, you must remain in the waiting room for 30 minutes.
- You will need to have a companion accompany you as you will not be able to drive home.

PREPARING FOR THE EXAMINATION

On the eve of your examination, beginning at midnight

- You must fast (no foods, no liquids).

CANCELLING OR POSTPONING THE EXAMINATION

If you need to cancel or postpone your appointment, please notify staff by dialling 819-346-1110, ext. 21073 or ext. 14430.

REMEMBER TO BRING...

- A valid medical insurance card (otherwise you will have to pay for this test).
- Your hospital card
 - * If you do not have a hospital card, before your appointment allow for 15 minutes to have one made at the admitting department.
- An up-to-date list of all your medications.

ON THE DAY OF THE EXAMINATION

- Go to the location at the time and date specified by the administrative officer or in your letter (received by mail or email).
- A technologist will explain the various steps of the examination and will prepare you for it. You will lie on your back during the examination.
- The respiratory therapist will insert an intravenous line to administer a medication. She will also monitor your vital signs during the examination.
- Your throat will be anesthetized. The cardiologist will proceed with the ultrasound assisted by the technologist.
- After the examination, you must remain in the waiting room for 30 minutes.
- Once the 30-minute period is over, you may leave the hospital if your condition is stable.
- You will need to have a companion accompany you as you will not be able to drive home.

BACK HOME

- Because your throat will have been anesthetized, you will need to wait two hours after the examination before you can eat or drink.
- You will not be able to drive for the entire day.

GETTING YOUR TEST RESULTS

Your results will be available 2 to 4 weeks after your examination and will be sent to you by your prescribing physician.

DO YOU HAVE ANY QUESTIONS?



santeestrie.qc.ca/cardiology



Info-Santé 811

OR

Speak to your prescriber.

CHECKLIST

My examination date: _____

Examination time: _____

Location: _____

Authors

Medical electrophysiology team

Revision and layout

Service des communications

Direction des ressources humaines, des communications et des affaires juridiques

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