



TILT TABLE

Your physician has prescribed a tilt table test. This exam is used to identify the cause of your syncopal episodes (fainting).

ABOUT THE TEST

- The test is by appointment only.
- The test is performed by a technologist.
- The test lasts 45 minutes.
- The test can cause vasovagal syncope (drop in blood pressure with sudden decrease in heart rate) accompanied by symptoms: nausea, gradual discomfort without loss of consciousness (lipothymia), drop in heart rate (bradycardia), etc.
- Plan to have a companion drive you home because you may still experience nausea at the time of your discharge.

PREPARING FOR THE TEST

On the day of the test

- You must fast (no foods, no liquids) four hours before your test.

CANCELLING OR POSTPONING THE EXAMINATION

If you need to cancel or postpone your appointment, please notify staff by dialling 819-346-1110, ext. 21073 or ext. 14430.

REMEMBER TO BRING...

- A valid medical insurance card (otherwise you will have to pay for this test).
- Your hospital card
*If you do not have a hospital card, before your appointment allow for 15 minutes to have one made at the admitting department.
- An up-to-date list of all your medications.

ON THE DAY OF YOUR EXAMINATION

- Go to the location at the time and date specified by the administrative officer or in your letter (received by mail or email).
- You will be placed on a motorized table positioned at a 70° angle.
- A technologist will place four electrodes on your thorax to register your heart's electrical signals.
- You will wear a cuff on your arm to measure your blood pressure.
- Your heart rate will be monitored at all times during the test.
- Every three minutes, your blood pressure will be taken.
- The test will end once you have a syncopal episode (faint) or after 45 minutes if you have no syncope.

AFTER THE EXAMINATION

- Once the test is completed, the technologist will remove the cables and electrodes.
- You will be able to leave the hospital after the test.
- Plan to have a companion drive you home because you may still experience nausea at the time of your discharge.

GETTING YOUR TEST RESULTS

Your results will be available 2 to 4 weeks after your examination and will be sent to you by your prescribing physician.

DO YOU HAVE ANY QUESTIONS?



santeestrie.qc.ca/cardiology



Info-Santé 811

OR

Speak to your prescriber.

CHECKLIST

My appointment date: _____

Time of my appointment: _____

Location: _____

Authors

Medical electrophysiology team

Revision and layout

Service des communications

Direction des ressources humaines, des communications et des affaires juridiques

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