



ORTHOPEDICS - PROSTHESIS

HIP / KNEE

Equipment

During a hip or knee replacement surgery, certain aids are required and/or highly recommended to enable you to move around and perform your daily activities safely.

REQUIRED EQUIPMENT



Walker

Use

You will use a walker for the first few weeks after your surgery, depending on your condition. Follow your therapist's recommendations. You may get a walker about one week before your procedure.

Loan

The loan request will be made through your CLSC after your visit to the preoperative assessment clinic.

Use

The cane must be used on the side opposite your operated leg. This helps reduce the load on your operated leg and improves balance. Follow your therapist's recommendations.



Adjustable cane

Purchase

Available at medical equipment shops and in some pharmacies.

WARNING

Never use a 4-wheeled walker (rollator) during the first few weeks after your surgery.



TIP: Keep your receipts for your next income tax declaration.

You will also need some technical aids to facilitate your daily activities and to respect any postoperative limitations.

Purchases



Non-slip shoes or slippers with 2-cm heels that cover the entire foot



Long-handled reacher (grabber)*



Non-slip rubber mat



Long-handled brush or sponge



Long-handled shoehorn



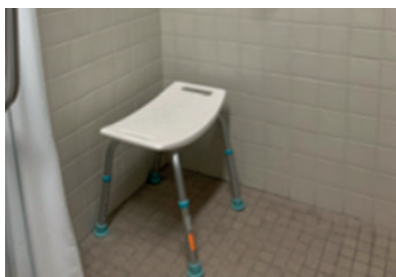
Sock aid

Loans

If needed, a loan request will be made through your CLSC after your visit to the preoperative assessment clinic.



Raised toilet seat with arms or support handles



Shower seat

4-6-12856 (FR) | 4-6-12857 (ENG)

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