

GENERAL RADIOLOGY | Micturating cystography

Your physician has prescribed a mictional cystography exam. This radiological exam involves a retrograde examination of the urinary system to identify pathologies.

ABOUT THE EXAM

- This radiological exam helps to identify the morphology (i.e., shape and structure) of the bladder and urethra using a probe and a contrast product (iodine).
- The main indicators for this exam are urinary infection, abnormal urine reflux toward the bladder and kidneys, and urinary system malformations.

ALLERGIES

If you are allergic to contrast product (iodine):

- Notify your physician. He will give you specific instructions to follow.
- Notify the administrative officer who will call you to confirm your appointment.
- Furthermore, upon arriving at the medical imaging department, notify the technologists.

PREPARING FOR THE EXAM

If your child needs to take this exam, go over the procedure with your physician. The instructions for your child are age specific.

ON THE DAY OF THE EXAM

Plan to spend 45 to 60 minutes for the duration of the exam.

Do not hesitate to ask the technologist or radiologist questions during the exam.

AFTER THE EXAM

After the exam, it is normal to experience a burning sensation when urinating.

BRING THE FOLLOWING FOR THE EXAM

- A valid health insurance card (to avoid paying for this test).
- A valid hospital card (otherwise you will have to go to the reception or admission department to get a card before your appointment).
- A list of your medications, if required.
- A bag for your personal items. Do not bring or wear any jewels or valuables. (The hospital is not responsible for lost or stolen objects.)

BACK HOME

- Drink at least 1 litre of water before going to bed.
- There might be blood in your urine. If this situation lasts <u>beyond 48 hours</u>, consult your physician.
- If you have an allergic reaction (rash, redness, nausea, etc.) or have fever, consult your physician or go to a walk-in clinic. If the clinic is closed, dial 8-1-1 for Info-Santé or go the emergency department of your nearest hospital centre.



CANCELLING OR POSTPONING YOUR APPOINTMENT

To cancel or postpone your appointment, refer to the coordinates in the checklist below.

DO YOU HAVE ANY QUESTIONS?



https://www.santeestrie.qc.ca/en/careservices/services-specialises/imagingnuclear-medecine/



Info-Santé 811 OR speak to your prescriber.

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My examination date: _____

Hôtel-Dieu de Sherbrooke

580, rue Bowen Sud

Sherbrooke, Québec J1G 2E8

Enter through door 25

(at the corner of Woodward and Murray)

The radiology reception desk will be to your right, room

To cancel or postpone your test:

819-346-1110, Ext. 13600

Hôpital de Granby

205 Leclerc Ouest Granby, QC J2G 1T7 Radiology reception desk

To cancel or postpone your test:

450-375-8017

Centre de santé et de services sociaux du Granit

3569 rue Laval

Lac-Mégantic, QC G6B 1A5

Radiology reception desk on the ground floor

To cancel or postpone your test:

819-583-0330, Ext. 37358

Hôpital Fleurimont

3001, 12^e Avenue Nord Sherbrooke, Québec J1H 5N4

Use the main entrance, 3rd floor radiology reception

To cancel or postpone your test: 819-346-1110, Ext. 13600

Centre de santé et de services sociaux de

Memphrémagog

50, rue Saint-Patrice Est Magog, QC J1X 3X3

Radiology reception desk on the ground floor

To cancel or postpone your test:

819 843-2572, Ext. 2122

Author

Medical imaging and nuclear medicine team

Revision and layout

Service des communications Direction des ressources humaines, des communications et des affaires juridiques

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July 2022 - 1-6-70957 (French version) | 4-6-11456 (English version)

Centre intégré universitaire de santé et de services sociaux de l'Estrie – Centre hospitalier universitaire de Sherbrooke