



GENERAL RADIOLOGY | INTRAVENOUS PYELOGRAM

Your physician has prescribed an intravenous pyelogram. This medical imaging exam involves the use of a radio-opaque contrast agent that is administered intravenously to generate an image of the kidneys, urethra, and bladder to identify anomalies or pathologies.

ABOUT THE EXAM

Your intestine must be without any trace of stools during your exam so that they can be viewed properly. You will be given instructions regarding laxative products at the time your appointment is scheduled.

The examination lasts approximately 45 minutes.

ALLERGIES | DIABETES

If you are **diabetic** or **allergic to iodinated contrast product**, tell the administrative officer when scheduling your appointment, and the technologist on the day of your appointment. They will give you instructions to follow.

BRING THE FOLLOWING TO THE EXAM

- A valid health insurance card (to avoid paying for this test).
- A valid hospital card (if needed, you will have to go to the reception or admission department to get a card before your appointment).
- A list of your medications, if required.
- A bag for your personal items. Do not bring or wear any jewels or valuables. (The hospital is not responsible for lost or stolen objects.)
- If you are allergic to iodinated contrast agents, notify the technologist.

ON THE DAY OF THE EXAM

- You will be asked to put on a hospital gown and to lie down on the examination table.
- Two X-rays will be taken - one of the abdomen and one of the kidney.
- You will then have an iodinated contrast agents injected into a vein in your arm to enhance the kidneys, urethra, and bladder.
- After the injection, the technologist will take other X-ray images at different time intervals.
- Do not hesitate to ask the technologist questions during the exam.

PREPARING FOR THE EXAM

To ensure the quality of the X-ray images and to prevent interpretation errors, **please follow the steps carefully to prepare for the exam:**

- **Purchase *Citro-Mag* (300 ml) and *Dulcolax* (3 five (5) mg tablets) at the pharmacy.**

THE NIGHT BEFORE THE EXAM (LIQUID DIET):

Please respect the following diet and meal schedule:

Time	Instructions
Noon (Lunch)	<ul style="list-style-type: none">• Eat only filtered broth (remove all solids and meat) and/or tomato juice.• Jell-O• Tea or coffee (no milk, no cream)
1:00 p.m.	Drink a large glass of water (250 ml or 8 oz)
2:00 p.m.	Drink a large glass of water (250 ml or 8 oz)
3:00 p.m.	Drink a large glass of water (250 ml or 8 oz)
4:00 p.m.	Drink the pharmacy's preparation of <i>Citro-Mag</i> (300 ml)
6:00 p.m. (Supper)	<ul style="list-style-type: none">• Eat only filtered broth (remove all solids and meat) and/or tomato juice.• Jell-O• Tea or coffee (no milk, no cream)
7:00 p.m.	Take 3 tablets of Dulcolax (5 mg)
8:00 p.m.	Drink a large glass of water (250 ml or 8 oz)
9:00 p.m.	Drink a large glass of water (250 ml or 8 oz) and then do not eat or drink anything until the exam.

BACK HOME

- No discomfort is associated with this type of exam.
- Drink 1 litre of water during the day as the exam to eliminate the contrast medium.
- You will be asked to provide a blood sample 48 hours after the exam to verify your kidney function. The administrative officer will give you the details following your appointment.

CANCELLING OR POSTPONING AN APPOINTMENT

To cancel or postpone your appointment, refer to the coordinates in the checklist on the next page.

DO YOU HAVE ANY QUESTIONS?



<https://www.santeestrie.qc.ca/en/care-services/services-specialises/imaging-nuclear-medecine/>



Info-Santé 811 OR speak to your prescriber.

CHECKLIST

My examination date: _____

Hôtel-Dieu de Sherbrooke

580, rue Bowen Sud
Sherbrooke, Québec J1G 2E8

Enter through door 25 (at the corner of Woodward and Murray)
2Nd floor, radiology reception desk, room 2408

To cancel or postpone your test:
819-346-1110, Ext. 21049

Hôpital Fleurimont

3001, 12^e Avenue Nord
Sherbrooke, Québec J1H 5N4

Use the main entrance, 3rd floor radiology reception desk

To cancel or postpone your test:
819-346-1110, Ext. 13053

Author

Medical imaging and nuclear medicine team

Revision and layout

Service des communications
Direction des ressources humaines, des communications et
des affaires juridiques

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