



## **FLUOROSCOPY** | Arthrogram, joint injection, facet injection and nerve block.

Your physician has prescribed an arthrography, and articular, peripheral, and periradicular infiltration. The purpose of the exam is to view the joints following the injection of a contrast product into the joint cavity under fluoroscopic guidance to locate the exact site of the injection. To this end, a needle is inserted, its position is verified, and the radiologist injects the medication (cortisone) in a specific site in the joints (articular infiltration), the facet joint of a vertebra in the spine (facet injection) into the foramen/periradicular sheath (periradicular infiltration).

### **ABOUT THE EXAM**

These examinations are by appointment only. The length of the examination varies case by case (preparation, examination and observation). Plan to spend half a day for the procedure.

### **ALLERGIES | DIABETES**

If you are diabetic or allergic to contrasting dyes (iodine), latex, or lidocaine:

- Inform your physician. He will give you specific instructions to follow.
- Notify the administrative officer who will call you to confirm your appointment.
- Furthermore, upon arriving at the medical imaging department, notify the technologists.

### **ON THE DAY OF THE EXAM**

- Plan to spend half a day for your exam.
- You will be asked to put on a hospital gown.
- Before the exam, X-rays may be taken of the site to be infiltrated.

### **AFTER THE EXAM**

- It is normal to have a swelling sensation in the infiltrated joint.
- Keep the adhesive bandage on and dry (no bath, lake, pool, spa) until the following day.
- If you feel pain, apply ice on the injection site. Acetaminophen tablets (Tylenol) can be taken every 4 to 6 hours, but avoid ibuprofen (Advil) or Acetylsalicylic acid (Aspirin).

### **PREPARING FOR THE EXAM**

No preparation is necessary for this exam.

### **BRING THE FOLLOWING FOR THE EXAM**

- A valid health insurance card (to avoid paying for this test).
- A valid hospital card (if needed, you will have to go to the reception and admission department to get a card before your appointment).
- A list of your medications, if required.
- A bag for your personal items. Do not bring or wear any jewels or valuables. (The hospital is not responsible for lost or stolen objects.)

## BACK HOME

- Limit your activities. Do not exert the member in which the injection was administered for 48 hours after the exam.
- If you have an allergic reaction (skin eruption, rash, nausea, etc.) or have fever accompanied by pain in the infiltrated joint, **consult your physician or go to a walk-in clinic**. If the clinic is closed, dial 8-1-1 for Info-Santé or go the emergency department of your nearest hospital centre.
- If you are diabetic, please note that cortisone can cause your blood-sugar levels to vary or increase.
- The full effects of the medication will usually be felt within 7 to 10 days after the exam.

## CANCELLING OR POSTPONING AN APPOINTMENT

To cancel or postpone your appointment, -refer to the coordinates in the checklist below.-

## DO YOU HAVE ANY QUESTIONS?



<https://www.santeestrie.qc.ca/en/care-services/services-specialises/imaging-nuclear-medicine/>



Info-Santé 811 OR speak to your prescriber.

## CHECKLIST

My examination date: \_\_\_\_\_

### Hôtel-Dieu de Sherbrooke

580, rue Bowen Sud

Sherbrooke, Québec J1G 2E8

Enter through door 25 (at the corner of Woodward and Murray), 2<sup>nd</sup> floor, the radiology reception desk will be to your right, room 2408

To cancel or postpone your test:

819-346-1110, Ext. 13600

### Hôpital Brome-Missisquoi-Perkins

950, rue Principale

Cowansville, Québec J2K 1K3

The radiology reception desk is on the first floor.

To cancel or postpone your test:

450-266-4342, Ext. 35990

### Centre de santé et de services sociaux de Memphrémagog

50, rue Saint-Patrice Est

Magog, QC J1X 3X3

Radiology reception desk on the ground floor

To cancel or postpone your test:

819 843-2572, Ext. 2122

### Hôpital Fleurimont

3001, 12<sup>e</sup> Avenue Nord

Sherbrooke, Québec J1H 5N4

Use the main entrance, 3rd floor radiology reception desk

To cancel or postpone your test:

819-346-1110, Ext. 13600

### Hôpital de Granby

205 Leclerc Ouest

Granby, QC J2G 1T7

Radiology reception desk

To cancel or postpone your test:

450-375-8017

### Centre de santé et de services sociaux du Granit

3569 rue Laval

Lac-Mégantic, QC G6B 1A5

Radiology reception desk

on the ground floor

To cancel or postpone your test:

819-583-0330, Ext. 37358