



## RADIOLOGY | Hysterosalpingography

Your physician has prescribed a hysterosalpingography test. This test involves injecting an iodized contrast dye through a probe into the womb (uterus) to view the uterine cavity and Fallopian tubes. This test is quite useful for examining uterine tube permeability during sterility assessments.

### ABOUT THE TEST

- This test is conducted during the first phase of your menstrual cycle (between the 5th and 10th day following the beginning of menstruation). **You must call the appointment centre of the medical imaging department on the first (1st) day of your menstrual cycle to schedule the test.**
- A gynecologist and/or radiologist assisted by a medical imaging technologist will perform the hysterosalpingography.
- During the test, you will lie on your back in a gynecological position. The test is conducted in sterile conditions. The professionals behave with the utmost tact and discretion.
- The gynecologist and/or radiologist will first insert a speculum into the vagina and then a probe into the uterine cavity. A contrast dye will slowly be injected while the radiologist simultaneously uses X-ray imaging to monitor the flow of the injection.
- Many images will be taken. Once the exam is completed, the probe will be removed.

### ALLERGIES | DIABETES

- If you are diabetic or allergic to contrasting dyes (iodine), latex, or lidocaine:
- Inform your physician. He will give you specific instructions to follow.
- Notify the administrative officer who will call you to confirm your appointment.
- Furthermore, upon arriving at the medical imaging department, notify the technologists.

### PREPARING FOR THE TEST

- It is important to urinate before the test.
- Recent chlamydia screening with a negative result is required by your physician before the test.
- One hour before the test, as needed, you may take a painkiller (the same one you normally use for menstrual pain).
- Bring feminine hygiene products (sanitary pads) to the exam as you might experience discharge after the test.

### ON THE DAY OF THE TEST

- The examination lasts 15 to 20 minutes; however, the entire appointment may last one to two hours.
- You will be asked to put on a hospital gown.
- Do not hesitate to ask the technologists any question you may have during the examination.

### BRING THE FOLLOWING TO THE EXAMINATION

- A valid health insurance card (to avoid paying for this test).
- A valid hospital card (if needed, you will have to go to the reception and admitting department to get a card before your appointment).
- A list of your medications, if requested.
- A bag for your personal items. Do not bring or wear any jewels or valuables. (The hospital is not responsible for lost or stolen objects.)
- Feminine hygiene products (sanitary pads).

## AFTER THE EXAMINATION

- It is perfectly normal to experience cramps at the abdominal level. You may take a painkiller (the same one you normally use for menstrual pain).
- If you have discharge after the test, use a feminine hygiene product (sanitary pad). The discharge can last one to two days and may be accompanied by blood loss.
- If you have an allergic reaction (rash, redness, nausea, etc.) or have fever, **consult your physician or go to a walk-in clinic**. If the clinic is closed, dial 8-1-1 for Info-Santé or go the emergency department of your nearest hospital centre.

## CANCELLING OR POSTPONING AN APPOINTMENT

To cancel or postpone your appointment, refer to the coordinates in the checklist below.

## DO YOU HAVE ANY QUESTIONS?



<https://www.santeestrie.qc.ca>



Info-Santé 811 OR speak to your prescriber

## CHECKLIST

My examination date: \_\_\_\_\_

### Hôpital Fleurimont

3001, 12<sup>e</sup> Avenue Nord  
Sherbrooke, Québec J1H 5N4  
Use the main entrance,  
3rd floor radiology reception desk  
**To cancel or postpone your  
test contact the fertility clinic :**  
**819-346-1119, ext. 14723**

### Hôpital Brome-Missisquoi-Perkins

950, rue Principale  
Cowansville, Québec J2K 1K3  
The radiology reception desk is on  
the first floor.  
**To cancel or postpone your test:**  
**450-266-4342, Ext. 35990**

### Hôpital de Granby

205 Leclerc Ouest  
Granby, QC J2G 1T7  
Radiology reception desk  
**To cancel or postpone your  
test:**  
**450-375-8017**

#### Author

Medical imaging and nuclear medicine team

#### Revision and layout

Service des communications

Direction des ressources humaines, des communications et  
des affaires juridiques

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