



IMMUNOLOGY-ALLERGOLOGY | MEDICATION AND VACCINE CLINIC

ALLERGY TESTING

Your doctor has referred you to an immunology–allergology clinic, so you will probably have allergy tests. The test aims at identifying what you might be allergic to (such as dust mites, animals, pollen, foods, medications, or wasp venom).

The tests consists of little scratches on your forearm, which cause a pricking feeling.

The appointment can last from 30 minutes to 4 hours.

WHAT TO DO BEFORE YOUR APPOINTMENT

Do not take **antihistamines** (such as Aerius, Claritin, or Benadryl) **in the 7 days before your appointment**. If in doubt, check with your pharmacist.

Exception: If you or your child has had hives (urticaria) for several days and is taking antihistamines prescribed by your doctor, do not stop taking them.

Take all your other medications as you normally would (nasal and asthma sprays, Singulair, antibiotics, anti-inflammatory agents, antidepressants, etc.).

THE DAY OF YOUR APPOINTMENT

If the patient is a child or a person who has difficulty expressing themselves, they must be accompanied by someone who can relate what happened.

It is important to carefully read the information below.

MEDICATION AND VACCINE CLINIC

Know the specific name of the medication or vaccine that caused a reaction. If you have been seen in another clinic or a hospital other than the Hôpital Fleurimont and Hôtel-Dieu de Sherbrooke for your allergic reaction, bring a copy of your medical record. Bring a list of all the medications that you are currently taking (your pharmacist can provide it).

If you have had a reaction to a dental local anesthesia, ask your dentist to provide a sample of the anesthesia and bring it to your appointment

Authors

Hôpital Fleurimont Immunology and Allergology Team

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Service des communications

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Centre intégré
universitaire de santé
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hospitalier universitaire
de Sherbrooke

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