



INPATIENT ELECTROENCEPHALOGRAPHY (EEG) MONITORING

Your physician has prescribed an inpatient electroencephalography (EEG) monitoring test. This test is performed at the hospital over the course of a few days and is used to record and analyze the electrical activity of your brain when you are awake and asleep.

ABOUT THE TEST

- The test is by appointment only.
- The test is performed by a technologist.
- You will remain at the hospital for the duration of your examination.
- Examination length varies from 1 to 5 days.

PREPARING FOR THE TEST

On the day of your appointment

- Make sure your hair is clean and dry (not damp).
- Wear comfortable clothes.

CANCELLING OR POSTPONING YOUR APPOINTMENT

If you need to cancel or postpone your appointment, please notify staff by dialling 819-346-1110, ext. 14489.

REMEMBER TO BRING...

- A valid medical insurance card (otherwise you will have to pay for this test).
- Your hospital card
 - * If you do not have a hospital card, before your appointment allow for 15 minutes to have one made at the admitting department.
- An up-to-date list of all your medications.
- Your daily medications.
- Toiletries: toothpaste, toothbrush, etc. (N.B.: The institution does not supply any products.)
- A comb or hairbrush
- A hat or a tuque if it is cold outside.
- Reading materials, crossword puzzles, sudokus, and so on, to pass the time during your stay at the hospital.

ON THE DAY OF YOUR APPOINTMENT

- Go to the location at the time and date specified by the administrative officer or in your letter (received by mail or email).
- The technologist will measure your head and use a skin-marking pencil to position the electrodes.
- Glue that dries upon air contact and a conductive gel that enables recording will be used to secure the electrodes.
- Some 20 cables will connect the electrodes to the computer that will record the electrical activity of your brain.
- The technologist will activate the device, will lead you to your room and explain the steps to be taken throughout your examination.
- The technologist will visit you twice daily to ensure that the electrodes are in place.

AFTER THE EXAMINATION

- Once the test has been completed, the technologist will remove the wires and electrodes. He will wash your hair to remove the glue from your head. Your hair will be humid and somewhat dishevelled.
- You will be able to leave the hospital after the test.
- You will be able to drive home.

GETTING YOUR TEST RESULTS

The physician will provide you with a preliminary report at the end of your hospitalization. Your final results will be available 2 to 4 weeks after your examination and will be sent to you by your prescribing physician.

DO YOU HAVE ANY QUESTIONS?



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Info-Santé 811

OR

Speak to your prescriber.

CHECKLIST

My appointment date: _____

Time of my appointment: _____

Appointment location:

Authors

Medical electrophysiology team

Revision and layout

Service des communications

Direction des ressources humaines, des communications et des affaires juridiques

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