

# POSTOPERATIVE ABSORBENT DRESSING

An absorbent dressing will be applied to your surgical wound before you leave the operating suite.

## PURPOSE OF THE DRESSING

This dressing, consisting of an adhesive border and foam, has important functions:

- It absorbs discharge.
- It is impermeable to external microorganisms.
- It creates a protective barrier.
- It maintains a controlled environment to promote healing.
- It is flexible and adapts to your body's movements.



## AT HOME

You have to monitor the dressing for the first two days: It must not become totally saturated with discharge. Any discharge must be contained within the centre of the dressing without touching the adhesive border.

If the dressing needs to be changed due to excessive discharge, contact the nurses at the CLSC.

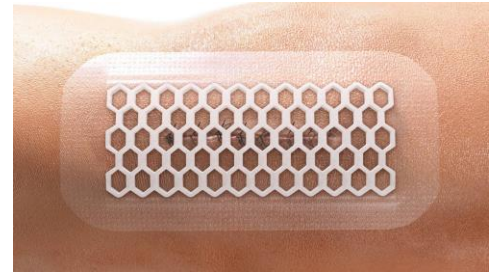
**SHOWERING IS ALLOWED ONLY IF THE DRESSING ADHERES FULLY TO YOUR SKIN.**

Monitor for dressing saturation. If the discharge has not increased for at least 48 hours, you can remove the dressing yourself (see over for instructions).

If you prefer, or if the discharge persists, keep the dressing in place until your appointment at the CLSC to have the dressing and staples removed (maximum of 10 days).

## REMOVING THE OPSITE® POST-OP VISIBLE DRESSING

1. Lift one corner of the dressing.
2. Pull gently in the opposite direction.
3. Release.
4. Repeat these steps along the edge of the dressing until the adhesive is soft and the dressing can be easily removed.
5. Dispose of the dressing.



*This dressing has a honeycomb pad with a transparent film around the edges.*

## REMOVING THE AQUACEL® AG SURGICAL DRESSING

1. Press lightly down on the skin with one hand to hold the skin in place. Gently lift an edge of the dressing with the other hand.
2. Stretch the dressing in the opposite direction to break the adhesive seal.
3. Work your way around the dressing with the above technique until it comes off.
4. Dispose of the dressing.

### Call your surgeon or go to an emergency room:

- If you have a temperature (over 38.5 °C).
- If the wound shows signs of redness, heat, or induration (hardening).
- If there's a foul-smelling discharge.
- If you have acute pain at the wound site.

Questions or doubts? Call 811 (Info-Santé, 24 hours a day, 7 days a week) or call the nurse at your CLSC.



*This bandage is beige without a honeycomb structure (it is "solid").*

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### Revision and Layout

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