



## IMMUNOLOGY-ALLERGOLOGY | PEDIATRIC IMMUNOLOGY CLINIC

### ALLERGY TESTING

Your doctor has referred you to an immunology–allergology clinic, so you will probably have allergy tests. The test aims at identifying what you might be allergic to (such as dust mites, animals, pollen, foods, medications, or wasp venom).

The tests consists of little scratches on your forearm, which cause a pricking feeling.

The appointment can last from 30 minutes to 4 hours.

### WHAT TO DO BEFORE YOUR APPOINTMENT

Do not take antihistamines (such as Aerius, Claritin, or Benadryl) in the 7 days before your appointment. If in doubt, check with your pharmacist.

**Exception:** If you or your child has had hives (urticaria) for several days and is taking antihistamines prescribed by your doctor, do not stop taking them.

**Take all your other medications as you normally would** (nasal and asthma sprays, Singulair, antibiotics, anti-inflammatory agents, antidepressants, etc.).

### THE DAY OF YOUR APPOINTMENT

If the patient is a child or a person who has difficulty expressing themselves, they must be accompanied by someone who can relate what happened.

It is important to carefully read the information below.

#### IMMUNOLOGY CLINIC

Bring your vaccination record. This clinic is for people who may have an immune abnormality.

#### Authors

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#### Revision and layout

Service des communications

Direction des ressources humaines, des communications et des affaires juridiques

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