



SCOTCH TAPE TEST | PINWORM INVESTIGATION

Your prescriber has requested you take a sample known as the Scotch Tape Test to investigate for pinworms (enterobiasis). This simple home test is used to detect the presence of pinworms, which are tiny white parasites that usually are transmitted from child to child.

EQUIPMENT REQUIRED

- Container with adhesive spatula



Photo for reference purposes

HOW TO COLLECT A SPECIMEN

1. Remain in bed and do not go to the bathroom upon waking up.
*If you are collecting a sample from another person, turn him onto his stomach.
2. Open the container and remove the spatula.
3. Apply the adhesive side of the spatula around the anus.
4. Squeeze the buttocks such that the spatula is in contact with the perimeter of the anus and hold the contraction for 5 seconds.
5. Remove the spatula, put it back into its container and close the lid.
6. Wash your hands with soap and water for 20 seconds and then dry them.

INSTRUCTIONS

- The sample must be collected while sleeping or upon waking up, before getting up in the morning.
- For children, the sample is collected by another person.
- For adults, you can collect the sample yourself. Please note that it is easier to have the sample collected by another person.

IMPORTANT

In order to avoid spreading the infestation, make sure you wash your hands thoroughly after going to the bathroom and before eating. Pay particular attention to children. Keep your nails short and clean.

LABELLING THE CONTAINER

- Make sure the following are labelled on the container:
 - your last name and first name;
 - your medical insurance number (RAMQ);
 - the sample type and site, when applicable (e.g.: throat, sputum, right ear, etc.).
- Write the **DATE AND TIME** the sample was taken on the designated label, taking care not to write on the bar code.
- Note the hours as follows:
 - 11:59 p.m. to indicate midnight;
 - 8:00 a.m. to indicate the morning.
- Make sure that all of the information is exact, clear and legible.
- Samples that do not contain all of the information will not be analyzed in the laboratory.

WHEN AND WHERE TO RETURN YOUR SPECIMEN

- To guarantee the quality of the test, return the container(s) in a sealable waterproof bag at room temperature within a maximum of 4 hours.
- If you cannot return your containers within this deadline, keep them for up to 24 hours at room temperature. Do not put your container in the refrigerator or freezer.
- Remember to bring the prescription given to you by your prescriber, if applicable.
- Put your container bag in a second bag and insert your prescription.
- Return your containers to a CIUSSS de l'Estrie – CHUS collection centre. To learn more about locations and business hours, visit santeestrie.qc.ca/sampling.

DO YOU HAVE ANY QUESTIONS?



santeestrie.qc.ca/sampling



Info-Santé 811
OR
Speak to your prescriber.

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