



Centre hospitalier
universitaire
de Sherbrooke

Avec vous, pour la Vie

ADMINISTRATION OF THERAPEUTIC B.C.G. OR MITOMYCIN

YOUR TREATMENT

Your doctor has recommended that you take one of the following medications: therapeutic B.C.G. or mitomycin. They are used to treat the type of bladder cancer that you are suffering from or to prevent the recurrence of the tumour.

Get the most from your visit to the doctor by asking him questions on your health status, treatment and your recovery.

WHAT TO DO BEFORE YOUR TREATMENT

- Bring an up-to-date list of all medications you are taking and be sure to mention any known allergies.
- Notify the staff if you are taking a new medication.
- Notify the staff if you had any uncomfortable side effects during your last treatment.

WHAT DOES THE TREATMENT INVOLVE

- Once a week for about six weeks, a nurse will install a catheter so the drug can be administered into the bladder.
- The treatment lasts for approximately 2 hours. During the first hour, you will have to change positions every 15 minutes: on your back, on your stomach, on your left side and on your right side. You may get up and walk around the second hour.
- The drug acts by eliminating the tumour and preventing its recurrence.

AFTER THE TREATMENT

- Do not urinate for two hours after receiving the medication. Afterwards, wash your genital area every time you urinate until the next morning.
- Drink water as you normally do to eliminate the product and to prevent a burning sensation when urinating.
- Do not have sex for 24 hours and use a condom for a week.
- It is normal if the doctor suggests other treatments 3, 6, 12, 18, or 24 months after your first treatment.

If you urinate less than 6 hours after treatment:

- Urinate in a seated position to prevent splashing on the toilet seat.
- Flush the toilet twice.
- Clean the toilet seat with water and soap.
- If urine splashes, wash the contaminated areas immediately with water and soap.
- If the treatment administered was B.C.G., you should clean the toilet bowl after the first six urinations as follows: pour two cups of undiluted bleach into the bowl and let stand for 10 minutes.

AT HOME

Immediately consult a doctor if you experience any of the following symptoms:

- fever or chills;
- skin rash (pimples, redness).

Consult a doctor if the following symptoms persist for more than 24 hours:

- blood in the urine;
- joint pain;
- painful urination;
- nausea and vomiting;
- a need to urinate more frequently;
- coughing;
- fatigue.



Go to the daily medical clinic between 7 a.m. and 7 p.m., from Monday to Friday.



Outside of these hours call Info-Santé 8-1-1.



Go to the nearest hospital emergency department.

Authors: Frédéric Grondin, nurse, M.Sc.;
CHUS Urology team of physicians
© Centre hospitalier universitaire de Sherbrooke (CHUS)
www.chus.qc.ca
November 2011 1-6-70936

CHECKLIST

Date of my treatment: _____

If you must cancel your treatment, please notify the staff at 819 346-1110, ext 24310, between 7 a.m. and 7 p.m.

Location: CHUS-Hôtel-Dieu, daily medical clinic
580 Bowen Street, 2nd Floor, Room 2355, Wing C.
Main entrance, door 1, Bowen Street