

CIRCUMCISION

ABOUT YOUR SURGERY

Posthectomy, commonly known as circumcision, is a procedure involving the removal of the foreskin from the tip of the penis. Two types of circumcision are available depending on your medical condition: full and partial.

BEFORE YOUR SURGERY

- Inform the physician or nurse if you are taking blood thinners (anticoagulants) or anti-inflammatory drugs.
- The evening before the procedure, shave your scrotum and pubic hair.

PROCEDURE

- The surgery is usually performed under local anesthesia among adults.
- The procedure lasts approximately 20 to 30 minutes.
- Once the foreskin is excised, dissolvable stitches are applied to close the wound.
- A Bactigras®-type dressing will be applied. The dressing contains petroleum jelly (Vaseline®) and other agents to prevent infection.
- You will be kept in the observation room for 15 minutes.

AFTER THE SURGERY

- You can walk, and climb up and down stairs as soon as the procedure has ended.
- You can shower 24 hours later.
- Do not engage in physical activity for 1 week.
- Avoid baths, spas, and swimming pools for 1 week.
- Nocturnal erections will be very painful, but once you are awake and the erection has ended, so will the pain.
- Sexual intercourse is permitted after 4 to 6 weeks.
- You can go back to work when recommended by your urologist.

POTENTIAL SIDE EFFECTS

- Significant pain for the first 2 days after the procedure. It is recommended to regularly take 2 acetaminophen (Tylenol®) tablets, 4 times daily, then as needed. If the pain persists, you can take prescribed narcotics.
- Bruising and edema (swelling) should go away after 2 months.
- Mild oozing of pus or blood around the wound.



An appointment will be scheduled with your doctor in the months after your surgery.

WHEN TO CONSULT

If you have any concerns regarding your health status or if you notice any of the following symptoms:

- Purulent discharge around the wound
- Fever/chills
- Increasing pain after 1 week
- Abnormal bleeding

Call Info-Santé 8-1-1 or the urology reception desk at 819 346-1110, Ext. 74595.

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