Santé Québec Estrie – CHUS

Tell us about yourself…Getting to know you better so we can better support you

Hello,

Every person who moves into our care-facility has a unique story, lifestyle, preferences, passions, and personal reference points.

To get to know you better and personalize the care and services we provide, we invite you to complete the «Lifestyle history and habits» questionnaire attached to this letter. The information you share with us will help us better understand what matters to you, foster more meaningful interactions with you, and tailor our support to your preferences.

A short section titled «A bit of my story» may also be used, with your permission, to help staff members connect with you more easily.

Whether you complete this questionnaire on your own, with the help of a loved one, or with someone who is supporting you through this process, each answer helps create a living environment that is more personalized and better tailored to your circumstances and preferences.

The contribution of our loved ones is invaluable

In many cases, it is family members who fill out this questionnaire or help draft it.

If you are supporting someone who is waiting for housing, please know that your understanding of their background, values, and what contributes to their well-being is an invaluable resource. You have unique insight that will help us better understand your loved one and provide them with more personalized support.

One step at a time

We understand that this can be a challenging time. That's why we invite you to fill out this questionnaire at your own pace. You don't have to answer every question perfectly. Every piece of information you share will help us get to know you better.

The information collected will remain confidential and will be used only by the people who are caring for you.

Please feel free to ask for help filling out the questionnaire if you feel you need it.

We look forward to getting to know you

Residential care teams - CHSLD, MDA-MA, RI & RTF

Santé Québec