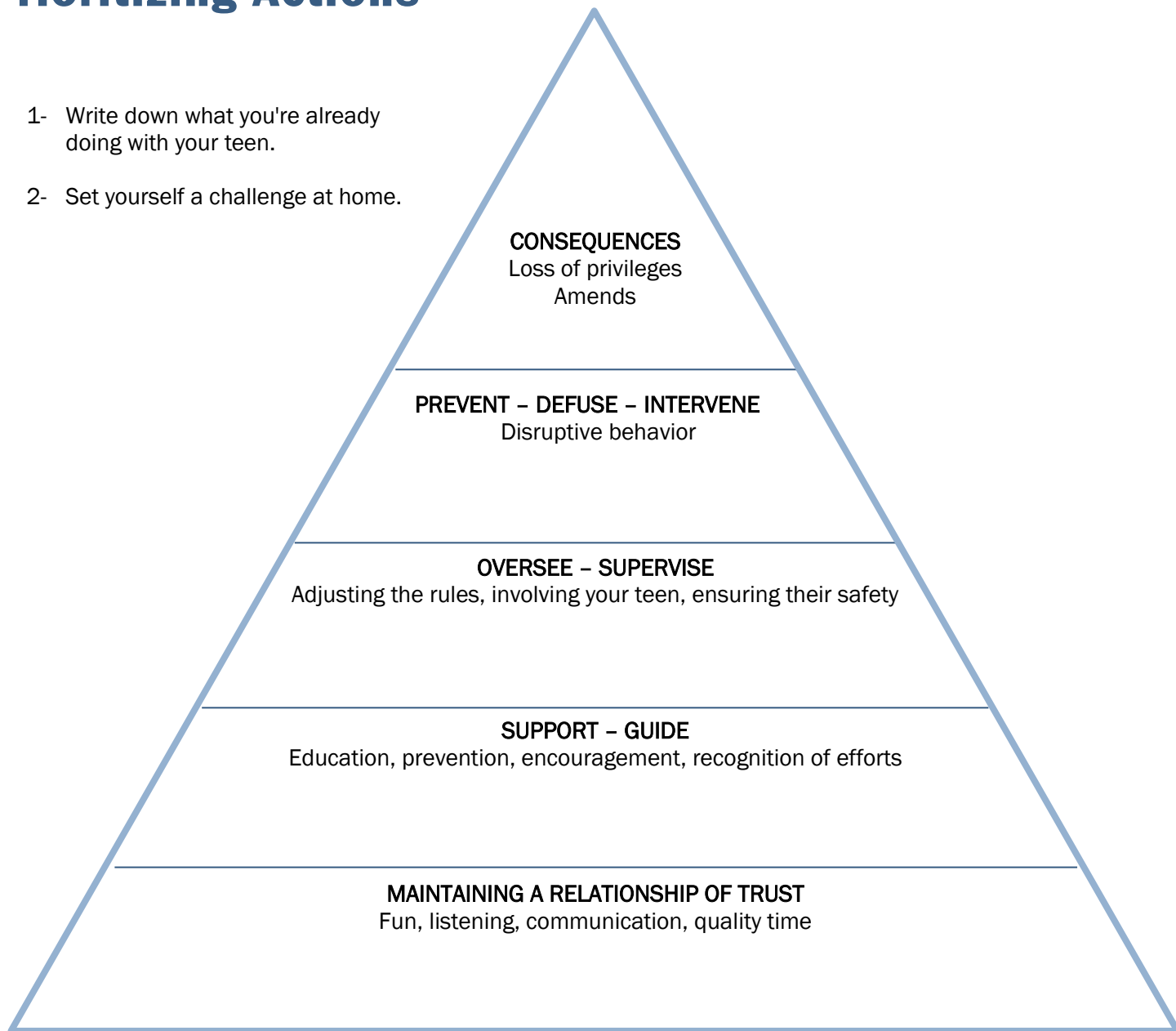




Prioritizing Actions

- 1- Write down what you're already doing with your teen.
- 2- Set yourself a challenge at home.



**I MAKE TIME FOR MYSELF.
I'VE ADDED TO MY AGENDA CONTINUING THE TEEN
CIRCUIT WITH THEME NUMBER 3!**