



# Info-Bébé

MAGOG

**Health-care  
professionals available to  
answer parent's questions  
regarding their children  
between the ages of 0 to 2**



Every Thursday mornings  
From 9:30 am to 11:30 a.m.

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**FREE**

No appointment needed  
Open to every member  
of the family

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Maison de la famille de  
Memphrémagog  
40 Jean-Paul II Street, Magog

**819 843-2572, ext. 2261**  
**[santeestrie.qc.ca/baby](http://santeestrie.qc.ca/baby)**

*Centre intégré  
universitaire de santé  
et de services sociaux  
de l'Estrie – Centre  
hospitalier universitaire  
de Sherbrooke*

Québec 

TOGETHER  
for  
**LIFE**



## On site

Perinatal nurses | Psychosocial workers

## Services offered

Consultations with health-care professionals

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Information regarding concerns  
about your newborn: sleep, baby cries,  
nutrition and any other concerns

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Support and consultation about breastfeeding  
Occasional presence of Nourri-Source breastfeeding  
support volunteer

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Follow-up of children's growth and development

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Referral to resources

**For more information**  
**819 843-2572, ext. 2261**

**Come and share with other parents experimenting  
the same things as you!**

Similar activities are offered elsewhere in the Estrie area.  
Please contact your CLSC.

**If you need help, day or night, call Info Santé at 811.**