

Bébé Trucs

Magog

Health-care professionals available to answer parent's questions regarding their children between the ages of 0 and 2



Every Thursday mornings
From 9:30 am to 11:30 a.m.
FREE
No appointment needed
Open to every member of the family

Maison de la famille de
Memphrémagog
40 Jean-Paul II Street, Magog

819-843-2572, ext. 2261
santeestrie.qc.ca/baby



maison
de la
famille
MEMPHRÉMAGOG



Centre intégré
universitaire de santé
et de services sociaux
de l'Estrie – Centre
hospitalier universitaire
de Sherbrooke

Québec



ON SITE

- Perinatal nurses
- Psychosocial workers



Come
and share
with other
parents
experiencing
the same
things as you!

SERVICES OFFERED

- Consultations with health-care professionals
- Information regarding concerns about your newborn: sleep, baby cries, nutrition and any other concerns
- Support and consultation about breastfeeding
- Occasional presence of Nourri-Source breastfeeding support volunteer
- Follow-up of children's growth and development
- Referral to resources

For more information
819-843-2572, ext. 2261

Similar activities are offered elsewhere in the Estrie area. Please contact your CLSC.

**If you need help, day or night, call
Info-Santé at 811.**

January 2025