



Bébé Trucs

Sherbrooke



Health-care professionals available to answer **parent's questions** regarding their children between the ages of 0 and 2



FREE
By appointment
Every Wednesday afternoon
Open to every member
of the family
52 weeks per year

500 Murray Street
Room 0111, Sherbrooke
(Same entrance as the
Blood Sample Center)

819-780-2222, ext. 48448
santeestrie.qc.ca/baby

Centre intégré
universitaire de santé
et de services sociaux
de l'Estrie – Centre
hospitalier universitaire
de Sherbrooke

Québec 



ON SITE

- Perinatal nurses
- IBCLC lactation consultant
- Specialized educator



*Come
and share
with other
parents
experiencing
the same
things as you!*



SERVICES OFFERED

- Consultations with health-care professionals
- Information regarding concerns about your newborn: sleep, baby cries, nutrition and any other concerns
- Support and consultation about breastfeeding
- Follow-up of children's growth and development
- Referral to resources

Nurse: _____

Telephone: 819-780-2220, ext. _____

Secretariat: 819-780-2220, ext. 48401

Similar activities are offered elsewhere in the Estrie area. Please contact your CLSC.

**If you need help, day or night, call
Info-Santé at 811.**

January 2025