




Bébé Trucs

Stanstead



Health-care professionals
available to
answer **parent's questions**
regarding their
children
between the ages
of 0 and 2

**2nd Wednesday
of the month**

From 9:30 am to 11:30 a.m.

FREE

No appointment needed
Open to every member of the family

Centre d'action bénévole
492, Dufferin Street,
Stanstead

819-843-2572, ext. 2261
santeestrie.qc.ca/baby

CENTRE
D'Action BÉNÉVOLE
DE STANSTEAD
STANSTEAD VOLUNTEER CENTER

Centre intégré
universitaire de santé
et de services sociaux
de l'Estrie – Centre
hospitalier universitaire
de Sherbrooke

Québec 



ON SITE

- Perinatal nurses
- Psychosocial workers



SERVICES OFFERED

- Consultations with health-care professionals
- Information regarding concerns about your newborn: sleep, baby cries, nutrition and any other concerns
- Support and consultation about breastfeeding
- Occasional presence of Nourri-Source breastfeeding support volunteer
- Follow-up of children's growth and development
- Referral to resources



*Come
and share
with other
parents
experiencing
the same
things as you!*



**For more information
819-843-2572, ext. 2261**

Similar activities are offered elsewhere in the Estrie area. Please contact your CLSC.

**If you need help, day or night, call
Info-Santé at 811.**

January 2025