

Bébé Trucs

Stanstead



Health-care professionals available to answer parent's questions regarding their children between the ages of 0 and 2



2nd Wednesday of the month
From 9:30 am to 11:30 a.m.
FREE

No appointment needed
Open to every member of the family

Centre d'action bénévole
492, Dufferin Street,
Stanstead



819-843-2572, ext. 2261
santeestrie.qc.ca/baby

**CENTRE
D'ACTION BÉNÉVOLE
DE STANSTEAD**
STANSTEAD VOLUNTEER CENTER



*Centre intégré
universitaire de santé
et de services sociaux
de l'Estrie – Centre
hôpitalier universitaire
de Sherbrooke*

Québec 



ON SITE

- Perinatal nurses
- Psychosocial workers



Come and share with other parents experiencing the same things as you!

SERVICES OFFERED

- Consultations with health-care professionals
- Information regarding concerns about your newborn: sleep, baby cries, nutrition and any other concerns
- Support and consultation about breastfeeding
- Occasional presence of Nourri-Source breastfeeding support volunteer
- Follow-up of children's growth and development
- Referral to resources

For more information
819-843-2572, ext. 2261

Similar activities are offered elsewhere in the Estrie area. Please contact your CLSC.

If you need help, day or night, call Info-Santé at 811.

January 2025