



## HIGH DOSE RATE BRACHYTHERAPY

### GYNECOLOGICAL TREATMENT RECOMMENDATIONS FOR THE END OF TREATMENT

Following are the main recommendations for the end of your treatment.

- Use a mild soap (for example, Dove) for about ten days after your final brachytherapy treatment.
- Avoid taking perfume baths (bubble bath, scented shower gel, etc.) for two weeks after your last brachytherapy treatment.
- Wait for a minimum of 15 days before having sexual intercourse. It may be necessary to use a lubricant. You may also feel an unusual sensitivity during sexual intercourse.
- If you or your partner have questions or concerns related to your sexual life after the treatments, a sexologist at the Hôpital Fleurimont of the CIUSSS de l'Estrie – CHUS is available to meet you and provide assistance.

## POSSIBLE SIDE EFFECTS

Please note that the treatment will continue to act within your body even after you have ended your visits. Certain side effects may appear, persist or worsen in the week after your final appointment. Possible side effects are:

- fatigue
- discomfort or sensitivity in the treated area
- diarrhea
- vaginal dryness
- unusual sensitivity
- vaginal discharge and/or bleeding
- a burning sensation when urinating.

## SIGNS OF COMPLICATIONS TO WATCH FOR

Notify the brachytherapy team immediately if you experience the following symptoms at the end of your treatment.

**If you did not have chemotherapy:** a fever higher than 38.3°C for more than 24 hr. (take temperature orally);

**If you had chemotherapy:** a fever above 38.3°C (take temperature orally);

- persistent or increasing pain at the treated area;
- any other symptom that worries you.

