



END OF YOUR STEREOTACTIC RADIOTHERAPY TREATMENTS

| METASTASIS

You have just completed your stereotactic radiotherapy treatments. Side-effects (pain and fatigue) might persist for a few weeks but will gradually disappear.

SIDE-EFFECTS

- Discomfort or pain at treatment site.
- The radiation oncologist will discuss the side-effects you might experience before initiating the treatments.

The presence and persistence of these side-effects will vary depending on your condition and the site of the cancer.

RECOMMENDATIONS TO FOLLOW AT THE END OF YOUR TREATMENT

Nutrition and diet

Maintain a balanced diet based on Canada's Food Guide.

Resuming your normal activities

Gradually resume your regular activities.

If you experience complications or a worsening of side-effects:

Call the radiation therapy team at:



819-346-1110, ext. 14602,
Monday to Friday
between 8:00 a.m. and 4:00 p.m.



Go to the emergency department
of your nearest hospital centre.



If the clinic is closed:
Dial 8-1-1 for Info-Santé

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Revision and layout

Service des communications

Direction des ressources humaines, des communications et des affaires juridiques

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santeestrie.qc.ca

January 2021 – 4-6-10581 (French version) | 4-6-10582 (English version)

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universitaire de santé
et de services sociaux
de l'Estrie – Centre
hospitalier universitaire
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