



PREPARATION BEFORE METALLIC MARKERS ARE IMPLANTED IN YOUR PROSTATE

PROCEDURE

Metallic markers are implanted in your prostate to better visualize it before each external radiation therapy treatment.

This course of action involves implanting four metallic markers in your prostate. These markers will remain in your prostate permanently.

This procedure is similar to a prostate biopsy. A probe will be inserted into your rectum to enable visualization of your prostate during the ultrasound. The volume of your prostate will be evaluated, and the needle's trajectory planned.

DIRECTIONS TO FOLLOW BEFORE THE PROCEDURE

SEVEN DAYS BEFORE THE IMPLANT

- Stop taking aspirin or any other anti-inflammatory drugs like ibuprophen (Advil®, Motrin®, etc.). You may take acetaminophen (Tylenol®, etc.), however.

THE NIGHT BEFORE THE PROCEDURE

- Eat a light dinner, for example lean meat, such as chicken or fish, with potatoes and cooked vegetables.
- Avoid the following vegetables: broccoli, cabbage, cauliflower, turnip, corn, and onions.

THE MORNING OF THE PROCEDURE

- Eat a light breakfast, for example toast with jam or peanut butter or a boiled egg. Avoid dairy products.
- Take the antibiotic as prescribed by your radiation oncologist.
- Two hours before the procedure, perform a regular rectal enema (Fleet®), as prescribed.

48 HOURS AFTER THE PROCEDURE

- Take the antibiotic as prescribed by your radiation oncologist.

POSSIBLE SYMPTOMS AFTER THE IMPLANT

You may notice the following symptoms within four weeks of the implant. All of these symptoms are normal and will subside with time:

- Blood in your stools
- Blood in your urine
- Blood in your semen
- Difficulty to start urinating and pain when urinating

Should you experience complications or worsening of the aforementioned symptoms:



Call the Radiation Oncology Unit at 819 346-1110, ext. 14602 (Monday to Friday, 8 a.m. to 4 p.m.).



If the Radiation Oncology Unit is closed: call **Info-Santé** at **811**.



If these symptoms persist:
go to the Emergency Department of the closest hospital.

IMPORTANT

If you have chills or fever in the week following the implantation of the seeds or markers, go immediately to the emergency room.

Auteurs

Radiation oncology team, Hôpital Fleurimont

Edition and layout

Service des communications

Direction des ressources humaines, des communications et des affaires juridiques

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May 2016 – 1-6-72050

Update : January 2018

Centre intégré
universitaire de santé
et de services sociaux
de l'Estrie – Centre
hospitalier universitaire
de Sherbrooke

Québec 

YOUR APPOINTMENT

Plan to arrive at the Hôpital Fleurimont 15 minutes in advance, and go to the Radiation Oncology Unit in the basement of wing 6. You do not need to stop at the reception desk. Sit down in waiting room 4, and a technologist will come and get you.

Date _____ Time _____

Radiation oncologist: _____

File number _____

If you are no longer available for this appointment, please advise us by calling
819 346-1110, ext. 14346.