

Centre intégré
universitaire de santé
et de services sociaux
de l'Estrie - Centre
hospitalier universitaire
de Sherbrooke

Québec



# END OF YOUR STEREOTACTIC RADIOTHERAPY TREATMENT

**CHEST** 

You have just completed your radiosurgery treatments. Since it may take several months before your response to treatment can be assessed, your radiation oncologist cannot determine the state of your cancer for the time being. This assessment will be carried out after you have a CT-scan examination prescribed by your doctor (usually about 3 months after the end of your treatments, depending on your general condition).

#### SIDE EFFECTS

The following side effects may occur in two weeks after the end of your treatments.

- Fatigue
- Cough

They will gradually decrease over time.

The side effects listed below could persist for some time.

- Chest pain or discomfort
- Weakness of some ribs, which can increases the risk of fracture
- Lung inflammation (cough, shortness of breath, low-grade fever) This side effect can potentially require treatment with medication.

The side effects you experience and how long they persist varies according to your condition and the exact location of your tumor.

### RECOMMENDATIONS FOR THE END OF YOUR TREATMENTS

Over the upcoming weeks, we recommend you follow the recommendations below in order to minimize possible complications.

### Diet

Maintain a balanced diet based on Canada's Food Guide.

#### **Resuming Daily Activities**

Gradually resume your normal activities.

## In Case of Complications or Worsening Side Effects



You can call the Department of Radiation Oncology at 819-346-1110, extension 14602, Monday to Friday, 8:00 a.m. to 5:00 p.m.



If the department is closed, Call Info-santé at 8-1-1.



Go to the nearest hospital emergency department.

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**Revision and Layout** 

Direction des ressources humaines, des communications et des affaires juridiques

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