

0 TO 6 MONTHS

Speech therapy

CIUSSS DE L'ESTRIE - CHUS

**I AM BETWEEN  
0 AND 6 MONTHS!**

COMMUNICATION  
AND LANGUAGE  
DEVELOPMENT

Québec 



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## I UNDERSTAND



- I react to a loud noise.
- I relax when I hear a familiar voice or when someone answers my needs.
- I distinguish angry voices from friendly voices.
- I appear to take an interest in people and I look for the person talking to me.

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## I EXPRESS MYSELF



- I cry, I scream and I move to communicate my need (hunger, fatigue, discomfort, pleasure).
- I maintain visual contact.
- I respond through sounds, by smiling or by a look when someone speaks to me.
- I express my feelings through the intonation of my voice.



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## I LIKE...



- To hear you talk to me while you are looking after me.
- To see your face and your smile.
- It when you respond with words to my gestures, my sound and my facial expressions.
- It when you comfort me.
- The nursery rhymes and songs you sing to me.
- My colourful toys adapted to my age.

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## WARNING SIGNS



- I do not react, or react only slightly to loud noises.
- I'm not at all interested in games with sounds.
- I don't react to my parents' voices if I don't see them.
- I don't smile and I remain unresponsive when someone plays with me.
- I am silent: I don't babble much or talk baby talk.

If you are concerned or have questions, register for speech pathology at the CLSC of your local CSSS. It is not necessary to go to a physician for a referral. Our team of speech-language pathologists will be pleased to offer you the best possible service for your child (web information capsules, parent training, parental guidance, individual therapy with the parent present).

## For your information:

Quebec Order of Speech Pathologists and Audiologists | [ooaq.qc.ca](http://ooaq.qc.ca)  
[naitreetgrandir.com](http://naitreetgrandir.com)

**For information** (medical reference not required)

Sherbrooke | 819-780-2222

Des Sources | 819-879-7158, ext. 39438

Coaticook | 819-849-9102, ext. 57316

Memphrémagog | 819-843-2572, ext. 0

Granit | 819-583-0330, ext. 2503

Haut-Saint-François | 819-821-4000, ext. 38232

Val Saint-François | 819-542-2777, ext. 55225

Pommeraiie | 450-266-4342, option 4, ext. 34401 or 34425  
(English and French-speaking clientele)

Haute-Yamaska | 450-375-1442, ext. 65325  
(English and French-speaking clientele)

Estrie - Anglophone clientele (except Haute-Yamaska and Pommeraiie)  
819-346-1110, ext. 14697

### Author

Direction du programme jeunesse

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[santeestrie.qc.ca](http://santeestrie.qc.ca)

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