

1 YEAR

Speech therapy

CIUSSS DE L'ESTRIE - CHUS

I'M 1 YEAR
OLD!

COMMUNICATION
AND LANGUAGE
DEVELOPMENT

Québec 

I UNDERSTAND



- I turn towards a noise or a voice that I hear.
- I pay attention to the person speaking to me.
- I recognize my first name.
- I understand “no”, “give”, “again”.

I EXPRESS MYSELF



- I ask for what I want by holding my arm or arms out.
- I attract attention with sounds or a word.
- I say “dada”, “mama” or other familiar words, pronounced my way.
- I like to imitate the noises of animals, the sounds of language.
- I am starting to engage in “conversations” by babbling.



I LIKE...



- Playing peek-a-boo and being tickled.
- Songs and nursery rhymes with actions (e.g.: “Pat-a-cake” ...).
- To hold books, and look at the picture with you.
- It when you talk about objects and what is happening around me.
- When you sit with me and imitate my baby words and respond with real words.

WARNING SIGNS



- I don't react to noise, to voices or to someone saying my name.
- I show little interest (glances, smiles, sounds) in my family and to others around me.
- I am a quiet baby: I don't babble.

If you are concerned or have questions, register for speech pathology at the CLSC of your local CSSS. It is not necessary to go to a physician for a referral. Our team of speech-language pathologists will be pleased to offer you the best possible service for your child (web information capsules, parent training, parental guidance, individual therapy with the parent present).

For your information:

Quebec Order of Speech Pathologists and Audiologists | ooaq.qc.ca
naitreetgrandir.com

For information (medical reference not required)

Sherbrooke | 819-780-2222

Des Sources | 819-879-7158, ext. 39438

Coaticook | 819-849-9102, ext. 57316

Memphrémagog | 819-843-2572, ext. 0

Granit | 819-583-0330, ext. 2503

Haut-Saint-François | 819-821-4000, ext. 38232

Val Saint-François | 819-542-2777, ext. 55225

Pommeraiie | 450-266-4342, option 4, ext. 34401 or 34425
(English and French-speaking clientele)

Haute-Yamaska | 450-375-1442, ext. 65325
(English and French-speaking clientele)

Estrie - Anglophone clientele (except Haute-Yamaska and Pommeraiie)
819-346-1110, ext. 14697

Author

Direction du programme jeunesse

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Québec 