

1 YEAR

Speech therapy

CIUSSS DE L'ESTRIE - CHUS

I'M 1 YEAR
OLD!

COMMUNICATION
AND LANGUAGE
DEVELOPMENT

Québec 



I UNDERSTAND



- I turn towards noises or a human voice.
- I pay attention to the person talking to me.
- I recognize my first name.
- I understand “no”, “give”, “more”.

I EXPRESS MYSELF



- I ask for what I want by holding out my arms.
- I attract attention with sounds or a word.
- I say “dada”, “mama” or other familiar words, pronounced my way.
- I like to imitate speech sounds and animal sounds.
- I am starting to engage in “conversations” by babbling.

I LIKE...



- Playing peek-a-boo and being tickled.
- Songs and nursery rhymes with gestures (e.g., “Pat-a-cake”, “The wheels on the bus”, “Old McDonald”).
- Holding a book and looking at the pictures.
- When you talk about objects and what is happening around me.
- When you sit with me and imitate my baby words and respond with real words.

WARNING SIGNS



- I don’t react to noise, to voices or to someone saying my name.
- I show little interest (glances, smiles, sounds) in my family and to others around me.
- I am a quiet baby: I don’t babble.



If you are concerned or have questions, register for Speech Therapy Services at your local CLSC. It is not necessary to get a medical referral. Our team of Speech-Language Pathologists will be pleased to offer you the best possible service for your child (web page information videos, parental guidance, individual therapy with the parent present).

For your information:

Quebec Order of Speech Pathologists and Audiologists | ooaq.qc.ca
naitreetgrandir.com

For information (medical reference not required)

Sherbrooke : 819 780-2220

Des Sources : 819 879-7158, ext. 39438

Coaticook : 819 849-9102, ext. 57344

Memphrémagog : 819 843-2572, ext. 0

Granit : 819 583-2572, ext. 37512

Haut-Saint-François : 819 -821-4000, ext. 38213

Val Saint-François : 819 542-2777, ext. 55200

La Pommeraiie : 450 266-4342, ext. 34608

Haute-Yamaska : 450 375-8000, ext. 65325

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