

3 YEARS

Speech therapy

CIUSSS DE L'ESTRIE - CHUS

I AM 3  
YEARS OLD!

COMMUNICATION  
AND LANGUAGE  
DEVELOPMENT

Québec 

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## I UNDERSTAND



- I understand the concepts of “above”, “below”, “soon”.
- I understand simple directions without gestures to help me.
- I understand the questions “With whom?” “With what?”.
- I understand well enough to participate in a simple conversation.

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## I EXPRESS MYSELF



- I express myself using simple, complete sentences.
- I use “I” and “you” and the petits mots “my”, “your”.
- Strangers understand me 75% of the time.
- I use the sounds *f, v, s, z* and soon *k, g, l*.
- I use verbs in the past tense, present and future (“going to”).
- I often ask “Why?”



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## I LIKE...



- Playing make-believe (e.g.: restaurant, fireman, store) where we each take a turn.
- Nursery rhymes and songs.
- Turning the pages of a book myself and talking with you about what interests me.
- To colour and draw.
- To see your face clearly when we talk.
- You to let me have a turn to talk at my own rhythm when we are talking.
- It when you listen to what I want to say rather than asking me too many questions.
- When you tell me the right way to say what I just said, without asking me to repeat it.

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## WARNING SIGNS



- I do not form sentences of 3-4 words.
- Only my parents understand me.
- I have not succeeded in following directions that are less familiar or in answering a simple question.
- I hesitate or I stutter.

If you are concerned or have questions, register for speech pathology at the CLSC of your local CSSS. It is not necessary to go to a physician for a referral. Our team of speech-language pathologists will be pleased to offer you the best possible service for your child (web information capsules, parent training, parental guidance, individual therapy with the parent present).

## For your information:

Quebec Order of Speech Pathologists and Audiologists | [ooaq.qc.ca](http://ooaq.qc.ca)  
[naitreetgrandir.com](http://naitreetgrandir.com)

**For information** (medical reference not required)

Sherbrooke | 819-780-2222

Des Sources | 819-879-7158, ext. 39438

Coaticook | 819-849-9102, ext. 57316

Memphrémagog | 819-843-2572, ext. 0

Granit | 819-583-0330, ext. 2503

Haut-Saint-François | 819-821-4000, ext. 38232

Val Saint-François | 819-542-2777, ext. 55225

Pommeraiie | 450-266-4342, option 4, ext. 34401 or 34425  
(English and French-speaking clientele)

Haute-Yamaska | 450-375-1442, ext. 65325  
(English and French-speaking clientele)

Estrie - Anglophone clientele (except Haute-Yamaska and Pommeraiie)  
819-346-1110, ext. 14697

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Québec 