

4 YEARS

Speech therapy

CIUSSS DE L'ESTRIE - CHUS

**I AM 4
YEARS OLD!**

COMMUNICATION
AND LANGUAGE
DEVELOPMENT

Québec 

I UNDERSTAND



- I understand the questions “Why?” “When?” “How many?”.
- I understand longer directions.
- I understand ideas about time (day, night, after) and space (in front, behind, beside).
- I know a few colours.

I EXPRESS MYSELF



- I express myself in longer and more complicated sentences (e.g.: Because ..., if..., when...) even if I still make some mistakes (e.g.: “*ils sontaient*”).
- Strangers can understand me quite well.
- I express my ideas, I tell a story, or recount an event, I ask questions, I explain, I make lots of comments.
- I use all the sounds correctly except *ch, j, r*.

If you are concerned or have questions, register for speech pathology at the CLSC of your local CSSS. It is not necessary to go to a physician for a referral. Our team of speech-language pathologists will be pleased to offer you the best possible service for your child (web information capsules, parent training, parental guidance, individual therapy with the parent present).

I LIKE...



- To play games in which we invent situations “Once upon a time ...” (e.g.: police and thief).
- Nursery rhymes and songs.
- To read books together and make up stories.
- To trace, draw, colour and cut out to prepare for school.
- To be able to see your face clearly when we are speaking to each other.
- It when you let me have my turn, at my own pace, in our conversations.
- When you listen to what I want to say rather than asking me too many questions.
- It when you say something I’ve said, correctly, without asking me to repeat it.

WARNING SIGNS



- I use very few little words in my sentences (e.g.: I, me, he, she, to, one or a).
- I replace sounds by other sounds (e.g.: *fille = sille, cou = tou, sale = tale*).
- Strangers have trouble understanding me.
- I cannot take part in a conversation and follow the subject.
- I have trouble following long directions and in understanding concepts about space.
- I hesitate or stutter.



For your information:

Quebec Order of Speech Pathologists and Audiologists | ooaq.qc.ca
naitreetgrandir.com

For information (medical reference not required)

Sherbrooke | 819-780-2222

Des Sources | 819-879-7158, ext. 39438

Coaticook | 819-849-9102, ext. 57316

Memphrémagog | 819-843-2572, ext. 0

Granit | 819-583-0330, ext. 2503

Haut-Saint-François | 819-821-4000, ext. 38232

Val Saint-François | 819-542-2777, ext. 55225

Pommeraiie | 450-266-4342, option 4, ext. 34401 or 34425
(English and French-speaking clientele)

Haute-Yamaska | 450-375-1442, ext. 65325
(English and French-speaking clientele)

Estrie - Anglophone clientele (except Haute-Yamaska and Pommeraiie)
819-346-1110, ext. 14697

Author

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Québec 