

5 YEARS

Speech therapy

CIUSSS DE L'ESTRIE - CHUS

**I AM 5
YEARS OLD!**

**COMMUNICATION
AND LANGUAGE
DEVELOPMENT**

Québec 

I UNDERSTAND



- I understand all the questions that begin “How?”.
- I understand concepts such as “like / different”, “before / after”, “first / last”.
- I understand the concepts of time (forenoon, afternoon, evening) and space (in the centre, around).
- I can follow complicated directions with several steps.
- I can make logical connections, deductions.

I EXPRESS MYSELF



- I express myself using longer and more complex sentences.
- I use all the sounds except *ch, j, r* and the double consonants *gr, tr, dr...*
- I can tell a story and describe an event.
- When I express myself, my ideas are well organized.



I LIKE...



- To play games where we make up scenarios
"Once upon a time..." (e.g.: policeman and thief).
- Rhymes, riddles, word games and jokes.
- Reading books together and making up stories to go with them.
- Having fun writing letters, drawing, colouring and cutting out.
- Having an "adult" conversation.
- It when you listen when I want to tell you something or explain.
- It when you tell me the right way to say something I said
but without asking me to repeat it.

WARNING SIGNS



- I still make a lot of mistakes in my sentences.
- Strangers have trouble understanding me.
- I have trouble sticking to the subject in my conversations;
I jump from one subject to another.
- I have trouble following directions and understanding explanations in a group.
- I hesitate or I stutter.

If you are concerned or have questions, register for speech pathology at the CLSC of your local CSSS. It is not necessary to go to a physician for a referral. Our team of speech-language pathologists will be pleased to offer you the best possible service for your child (web information capsules, parent training, parental guidance, individual therapy with the parent present).

For your information:

Quebec Order of Speech Pathologists and Audiologists | ooaq.qc.ca
naitreetgrandir.com

For information (medical reference not required)

Sherbrooke | 819-780-2222

Des Sources | 819-879-7158, ext. 39438

Coaticook | 819-849-9102, ext. 57316

Memphrémagog | 819-843-2572, ext. 0

Granit | 819-583-0330, ext. 2503

Haut-Saint-François | 819-821-4000, ext. 38232

Val Saint-François | 819-542-2777, ext. 55225

Pommeraiie | 450-266-4342, option 4, ext. 34401 or 34425
(English and French-speaking clientele)

Haute-Yamaska | 450-375-1442, ext. 65325
(English and French-speaking clientele)

Estrie - Anglophone clientele (except Haute-Yamaska and Pommeraiie)
819-346-1110, ext. 14697

Author

Direction du programme jeunesse

Inspired by leaflets from Sophie Champagne, speech pathologist, CLSC Mercier Est/Anjou

Revision and Layout

Service des communications

Direction des ressources humaines, des communications et des affaires juridiques

© Centre intégré universitaire de santé et de services sociaux de l'Estrie –
Centre hospitalier universitaire de Sherbrooke, 2020

santeestrie.qc.ca

October 2020

**Centre intégré
universitaire de santé
et de services sociaux
de l'Estrie – Centre
hospitalier universitaire
de Sherbrooke**

Québec 