

5 YEARS

Speech therapy

CIUSSS DE L'ESTRIE - CHUS

I AM 5  
YEARS OLD!

COMMUNICATION  
AND LANGUAGE  
DEVELOPMENT

Québec 



---

## I UNDERSTAND



- I understand all questions including those that begin with “how” or “when”.
- I understand concepts such as “same/different”, “before/after”, “first/last”.
- I understand time concepts (morning, afternoon, evening) and spatial concepts (next to, behind, in front).
- I can follow complex directions with several steps (2 or more).
- I can make logical connections, deductions.

---

## I EXPRESS MYSELF



- I express myself using longer and more complex sentences.
- *I use all sounds except ch, j, r, th and double consonants gr, tr, dr...*
- I can tell a story and describe an event.
- When I express myself, my ideas are well organized.

---

## I LIKE...




- To play games where we make up scenarios “Once upon a time...” (e.g.: policeman and thief).
- Rhymes, riddles, guessing games and jokes.
- Reading books together and making up stories to go with them.
- Having fun writing letters, drawing, colouring and cutting out.
- Having an “adult” conversation.
- When you listen to what I want to tell you or explain.
- When you show me the right way to say something without asking me to repeat it.

---

## WARNING SIGNS



- I still make a lot of mistakes in my sentences.
- Strangers have trouble understanding me.
- I have trouble maintaining the subject in a conversation; I jump from one topic to another.
- I have trouble following directions and understanding group explanations.
- I hesitate or I stutter.



If you are concerned or have questions, register for Speech Therapy Services at your local CLSC. It is not necessary to get a medical referral. Our team of Speech-Language Pathologists will be pleased to offer you the best possible service for your child (web page information videos, parental guidance, individual therapy with the parent present).

## For your information:

Quebec Order of Speech Pathologists and Audiologists | [ooaq.qc.ca](http://ooaq.qc.ca)  
[naitreetgrandir.com](http://naitreetgrandir.com)

**For information** (medical reference not required)

Sherbrooke : 819 780-2220

Des Sources : 819 879-7158, ext. 39438

Coaticook : 819 849-9102, ext. 57344

Memphrémagog : 819 843-2572, ext. 0

Granit : 819 583-2572, ext. 37512

Haut-Saint-François : 819 -821-4000, ext. 38213

Val Saint-François : 819 542-2777, ext. 55200

La Pommeraiie : 450 266-4342, ext. 34608

Haute-Yamaska : 450 375-8000, ext. 65325

### Author

Direction du programme jeunesse

Inspired by leaflets from Sophie Champagne, speech pathologist, CLSC Mercier Est/Anjou

### Revision and Layout

Service des communications

Direction des ressources humaines, des communications et des affaires juridiques

© Centre intégré universitaire de santé et de services sociaux de l'Estrie –  
Centre hospitalier universitaire de Sherbrooke, 2023

[santeestrie.qc.ca](http://santeestrie.qc.ca)

June 2023

**Centre intégré  
universitaire de santé  
et de services sociaux  
de l'Estrie – Centre  
hospitalier universitaire  
de Sherbrooke**

Québec 